2003-04 Middle Tennessee Track & Field

2004 MEN'S OUTDOOR PERFORMANCE LIST (MAY 14)

● * - NCAA regional mark ● ! - personal best ● ^ - oversized track ● $ - Non-NCAA event ● b - banked track ● w - wind-aided
● f - facility record ● h - hand-timed ● p - prelim mark ● s - semifinals ● r - school record ● % - banked/oversized tracks ● M - Multi-event

100m (Regional: 10.50)

MT Record: McGhee, Loyd, Scales ..... 10.24 ..... 1994, 2003

Mardy Scales	10.12 *!r	SBC Championships
Xavier Darden	10.43 *	Vanderbilt Invitational
Pedro Holiday	10.43 *	SBC Championships
Wesley Dupar-Scott	10.54	Vanderbilt Invitational
Robert Etheridge	11.33	Vanderbilt Invitational
Jack Lawhorn	12.18	Twilight Meet

110mH (Regional: 14.33)

MT Record: Miguel Williams 13.69 1983

Linnie Yarbrough	13.71 *!	Vanderbilt Invitational
Garland Martin	13.73 *!	SBC Championships

200m (Regional: 21.19)

MT Record: Roland McGhee 20.44 1994

Mardy Scales	20.37 *!rw	Vanderbilt Invitational
Mardy Scales	20.52* chr!	SBC Championships
Xavier Darden	20.84 *w	Vanderbilt Invitational
Xavier Darden	20.97 *	Bulldog Invitational
Pedro Holiday	21.05 *!	SBC Championships
Wesley Dupar-Scott	21.16 *w	Alabama Relays
Wesley Dupar-Scott	21.34	Vanderbilt Invitational
Tim Hicks	21.58 w	Vanderbilt Invitational
Tim Hicks	21.74	Bulldog Invitational
Robert Etheridge	23.42 w	Vanderbilt Invitational
Jack Lawhorn	24.34	Twilight Meet

400m (Regional: 47.26)

MT Record: Godfrey Herring 45.35 2001

Sean Waller	47.14 *	Alabama Relays
Tim Hicks	47.16 *	Sea Ray Relays
Wesley Dupar-Scott	48.33	Bulldog Invitational
Garland Martin	48.86	Alabama Relays

400mH (Regional: 52.51)

MT Record: Victor Okorie 49.19 2003

Victor Okorie	51.43 *	Sea Ray Relays
Garland Martin	53.54 !	SBC Championships
Linnie Yarbrough	55.99	Yellowjacket Invitational

800m (Regional: 1:50.62)

MT Record: Jerry Singleton 1:49.6 1969

Tony Carufe	1:59.16 !	Boston Moon Classic
Steve Safstrum	2:00.22 !	Vanderbilt Invitational
Carlos Gonzales	2:01.86 !	Vanderbilt Invitational
Tarik Thabet	2:02.72	Bulldog Invitational

1500m (Regional: 3:48.21)

MT Record: Gary Perry 3:42.9 1977

Zack Wood	4:09.20 !	Boston Moon Classic
Steve Safstrom	4:05.89	Vanderbilt Invitational
Tarik Thabet	4:08.35	Vanderbilt Invitational
Carlos Gonzales	4:16.37	Vanderbilt Invitational

3000mST (Regional: 9:08.15)

MT Record: Danny Green 9:08.37 1986

Zack Wood	9:43.43	SBC Championships

5000m (Regional: 14:18.58)

MT Record: Ross Dowland 14:20.84 1981

Geoffrey Lagat	16:01.42	SBC Championships
Tarik Thabet	16:18.01 !	SBC Championships

10000m (Auto: 29:00.00; Prov.: 29:45.00)

MT Record: Robert Willis 30:51.20 1983

Geoffrey Lagat	32:54.20	SBC Championships

4x100m Relay (Regional: 40.66)

MT Record: Spann, Scales, Braimah, Herring 38.94 2003

Relay A	40.06 *	Penn Relays
		Darden, Scales, Dupar-Scott, Holiday
Relay A	40.15 *	SBC Championships
		Martin, Scales, Darden, Holiday
Relay A	40.26 *	Sea Ray Relays
		Darden, Dupar-Scott, Gibson, Sturn
Relay A	40.32 *	Alabama Relays
		Darden, Scales, Dupar-Scott, Waller

4x110m Shuttle Hurdle Relay

MT Record: R. Davis, Kirnes, Nesbitt, Williams 56.73 1983

4x200m Relay

MT Record: Loyd, McGhee, Gupton, Otis 1:21.17 1994

Relay A	1:22.96	Penn Relays
		Dupar-Scott, Darden, Holiday, Scales
Relay A	1:23.11	Alabama Relays
		Darden, Scales, Dupar-Scott, Waller
Relay A	1:23.35	Texas Relays
		Waller, Darden, Hicks, Scales

Sprint Medley Relay

MT Record: Shannon, Mitchell, T. Johnson, Davis 3:20.68 1982

Relay A	3:34.26	Alabama Relays
		Hicks, Martin, Yarbrough, Carufe

4x400m Relay (Regional: 3:10.84)

MT Record: Dupar-Scott, Spann, Williams, Herring 3:06.48 2002

Relay A	3:06.40 *r	Alabama Relays
		Darden, Scales, Hicks, Waller
Relay A	3:10.49 *	SBC Championships
		Darden, Scales, Okorie, Waller

Distance Medley Relay

MT Record: Lawrence, Farris, Davis, O'Loughlin 9:50.64 1982

Relay A	10:51.54	Alabama Relays
		Wood, Yarbrough, Gonzales, Safstrom

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High Jump (Regional: 2.10m)

MT Record: Chris Koger 7-1.75 2002

Bryan Anderson ..... 1.98m (6-06) ..... Twilight Meet

Long Jump (Regional: 7.34m)

MT Record: Roland McGhee 27-6 1993

Clyde Gibson ..... 7.37m (24-02.25) * ..... Vanderbilt Invitational
JJ Sturm ..... 7.36m (24-01.75) * ..... Bulldog Invitational
Sean Waller ..... 7.15m (23-05.50) ..... Vanderbilt Invitational

Triple Jump (Regional: 15.08m)

MT Record: Eddie Loyd 55-2 1982

Greg Jones ..... 14.85m (48-8.75) ..... Alabama Relays
JJ Sturm ..... 14.23 m (46-08.25) ! ..... SBC Championships
Clyde Gibson ..... 13.72 m (45-00.25) ! ..... SBC Championships

Shot Put (Regional: 16.47m)

MT Record: Brian Oldfield 59-2 1966

Willie Parker ..... 15.42m (50-07.25) ..... Boston Moon Classic
James Thomas ..... 15.07m (49-05.50) ! ..... SBC Championships

Discus (Regional: 51.37m)

MT Record: Harrison Salami 182-9 1977

James Thomas ..... 47.82m (156-11) ! ..... Bulldog Invitational

Javelin (Regional: 61.62m)

MT Record: Jeff Sims 220-11 1984

James Thomas ..... 31.99m (104-11) ..... Boston Moon Classic

Hammer (Regional: 55.63m)

MT Record: Willie Parker 132-2 2003

James Thomas ..... 46.61m (152'11.0") r! ..... Twilight Meet
Willie Parker ..... 44.60m (146-04) ! ..... Vanderbilt Invitational

Alabama Relays, Tuscaloosa, Ala. (3/20-21/04)
Bulldog Invitational, Starkville, Miss. (3/27/04)
Yellowjacket Invitational, Atlanta, Ga. (4/3/04)
Texas Relays (4/3/04)
Boston Moon Classic, Nashville, Tenn. (4/10/04)
Sea Ray Relays, Knoxville, Tenn. (4/09-10/04)
Sun Belt Conference Championships, Denton, Texas (5/7-9)

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100m (Regional: 11.78)

MT Record: Douglas, Okafor ..... 11.34 ..... 1994, 2003

Rosemary Okafor	11.43 *	SBC Championships
Tiffany Owens	11.84 !	Alabama Relays, SBC Championships
Nicole Marcus	12.04	Alabama Relays
Kerry Barrow	12.23	Alabama Relays
Karina Francis	12.05 !	Yellowjacket Invitational

100mH (Regional: 13.95)

MT Record: Dionne Rose 13.14 1994

Jessica Anderson	14.05 *	SBC Championships
Candice Robertson	14.16 *	SBC Championships
Jerkita McClorin	16.95	Alabama Relays

200m (Regional: 23.96)

MT Record: Rosemary Okafor 23.18 2003

Rosemary Okafor	23.49 *!	SBC Championships
Tiffany Owens	24.45 !	Yellowjacket Invitational
Kishara George	24.50	SBC Championships
Kerry Barrow	24.66	Yellowjacket Invitational
Nicole Marcus	24.82	Yellowjacket Invitational

400m (Regional: 55.00)

MT Record: Rosemary Okafor 52.61 2003

Rosemary Okafor	53.07 *	Sea Ray Relays
Kishara George	53.56 *!	SBC Championships
Kerry Barrow	55.96 !	SBC Championships

400mH (Regional: 1:00.82)

MT Record: Kishara George 59.57 2003

Kishara George	58.98 *r!	Sea Ray Relays
Contrena Brown	1:01.74 !	Penn Relays
Candice Robertson	1:05.46	Vanderbilt Invitational
Jessica Anderson	1:06.45	Twilight Meet

800m (Regional: 2:10.29)

MT Record: Leigh Weathers 2:13.15 1991

Rosemary Okafor	2:10.03 *!r	Bulldog Invitational

1500m (Regional: 4:29.12)

MT Record: Dianne DeOliviera 4:35.09 1991

5000m (Regional: 16:56.43)

MT Record: Joan Becker 18:01.70 1986

4x100m Relay (Regional: 45.80)

MT Record: Douglas, Rose, Brown, Watson 44.87 1994

Relay A	45.66 *	Sea Ray Relays
		Deckard, Francis, Marcus, Owens
Relay A	45.79 *	Vanderbilt Invitational
		Okafor, George, Barrow, Owens
Relay A	45.92	Alabama Relays
		Barrow, George, Marcus, Owens

4x200m Relay

MT Record: Holmes, Jarrett, Heintz, Ansah 1:35.87 2001

Relay A	1:34.74 r	Penn Relays
		Barrow,Owns,George, Okafor
Relay A	1:35.74 r	Sea Ray Relays
		Anderson, Barrow, Brown, George
Relay A	1:39.37	Alabama Relays
		Barrow, George, Marcus, Owens

4x400m Relay (Regional: 3:43.03)

MT Record: George, Gray, Okafor, Holmes 3:38.18 2002

Relay A	3:40.71 *	Penn Relays
		Barrow, Brown, George, Okafor
Relay A	3:42.32 *	SBC Championships
		Barrow, Brown, Owens,George

High Jump (Regional: 1.73m)

MT Record: Veronica Tipton 5-10.5 1992

Jennifer Thomas	1.50 (4-11.00)	Bulldog Invitational

Long Jump (Regional: 5.93m)

MT Record: Dionne Rose 21-9 1994

KeKe Deckard	5.74m (18-10)	Yellowjacket Invitational
Rolanda Howard	5.64m (18-6)	Alabama Relays
Letitia Eady	5.43m (17-9.75)	Alabama Relays
Karina Francis	5.25m (17-02.75) !	SBC Championships

Triple Jump (Regional: 12.26m)

MT Record: Andreja Ribac 43-7.5 2000

KeKe Deckard	11.86m (38-11.00)	SBC Championships
Rolanda Howard	11.83m (38-09.75)	SBC Championships
Letitia Eady	11.29m (37-0.50)	Bulldog Invitational

Javelin (Regional: 42.61m)

MT Record: Kelley Smith 127-3 2000

Laetitia Florimond	40.06m (131-5)	Alabama Relays
Katie Mirgliotta	33.59m (110-02)	SBC Championships
Kelley Enoch	28.80m (94-06)	Boston Moon Classic

Pole Vault (Regional: 3.75m)

MT Record: Jennifer Howard 10-0.5 2003

Shot Put (Regional: 14.24m)

MT Record: Rhonda Hall 47-0.5 1995

Laetitia Florimond	14.07m (46-02.00) !	SBC Championships
Meaghan Byrd	12.96m (42-06.25)	Vanderbilt Invitational
Kelley Enoch	12.33m (40-05.50)	Vanderbilt Invitational

Discus (Regional: 46.58m)

MT Record: Shelly Johnson 168-5 1995

Laetitia Florimond	43.13m (141-06)	SBC Championships
Katie Mirgliotta	41.38m (135-09)	SBC Championships
Meaghan Byrd	34.96m (114-8)	Alabama Relays