2004-05 Middle Tennessee Track & Field

2004-05 MEN'S INDOOR PERFORMANCE LIST

● * - NCAA automatic mark ● + - NCAA provisional mark ● ! - personal best ● ^ - oversized track ● $ - Non-NCAA event ● b - banked track
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55m (Auto: 6.14, Prov: 6.24)

MT Record: McGhee, Watkins, Scales ... 6.20 ..... 1994, '95, '02

Van Fraley	6.33	Sun Belt Championships
Wesley Dupar-Scott	6.36	MT Christmas Invitational
J.J. Sturm	6.60	MT Christmas Invitationa
Linnie Yarbrough	6.64	MT Christmas Invitational
Jack Lawhorn	7.08	MT Christmas Invitational

55mH (Auto: 7.17, Prov: 7.38)

MT Record: Micah Otis 7.23 1992

+ Linnie Yarbrough	7.30	Middle Tennessee Open

60m (Auto: 6.62, Prov: 6.72)

Van Fraley	6.80	Kentucky Invitational
Wesley Dupar-Scott	6.81	Indiana Invitational

60mH (Auto: 7.70, Prov: 7.91)

Linnie Yarbrough	7.92	Kentucky Invitational

200m (Auto: 21.08, Prov: 21.48)%

MT Record: Mardy Scales 20.84 2004

Van Fraley	21.70	Kentucky Invitational
Wesley Dupar-Scott	21.97	MT Christmas Invitational
Sean Waller	22.13	MT Christmas Invitational
Linnie Yarbrough	22.28	MT Christmas Invitational
Jack Lawhorn	24.48	MT Christmas Invitational

400m (Auto: 46.45, Prov: 47.65)%

MT Record: Godfrey Herring 46.41 2002

Sean Waller	48.74	Kickoff Klassic
Mamadou Kone	51.63	MT Valentine Invitational

600 (Non-NCAA Event)

800m (Auto: 1:48.60, Prov: 1:50.10)%

MT Record: Dennis Votava 1:51.84 1977

Eric Kone	1:54.79	Sun Belt Championships
Jonathan Guillou	2:02.41	MT Christmas Invitational
Tony Carufe	2:02.62	MT Christmas Invitational
Ben Sang	2:02.26	Blue Raider Invitational
Derek Dell	2:05.44	MT Christmas Invitational
Steve Safstrom	2:06.08	MT Christmas Invitational
Danny Cantino	2:06.55	MT Valentine Invitational
Matt Young	2:12.79	MT Christmas Invitational

Mile (Auto: 4:00.10, Prov: 4:05.70)%

MT Record: Joe O'Loughlin 4:03.47 1982

Mamadou Kone	4:26.65	Blue Raider Invitational
Jonathan Guillou	4:19.84	MT Valentine Invitational
Derek Dell	4:30.46	Blue Raider Invitational
Steve Safstrom	4:30.28	Middle Tennessee Open
BenVictor Sang	4:37.31	MT Christmas Invitational
Tony Carufe	4:40.05	Indiana Invitational
Matt Young	4:51.40	MT Christmas Invitational
Danny Cantino	4:51.90	Sun Belt Championships

3000m (Auto: 7:57.30, Prov: 8:06.30)%

MT Record: Joe O'Loughlin 8:12.64 1981

Jonathan Guillou	8:37.06	Sun Belt Championships
Derek Dell	8:49.17	MT Valentine Invitational
Steve Safstrom	8:54.53	Kickoff Klassic
David Hughes	9:16.00	MT Christmas Invitational
Ben Sang	9:15.83	MT Valentine Invitational
Tony Carufe	9:20.81	Kickoff Klassic
Matt Young	9:45.78	Kickoff Klassic
Danny Catino	10:05.93	Kickoff Klassic

5000m (Auto: 13.55.00, Prov: 14:60.90)%

MT Record: Geoffrey Lagat 15:19.23 2003

Derek Dell	15:16.53	Sun Belt Championships

Mile Relay (Auto: 3:08.90, Prov: 3:13.20)%

MT Record: Ellis, Newton, Johnson, Mitchell 3:09.93 1983

Relay A	3:28.24	MT Christmas Invitational
		Dupar-Scott, Yarbrough, Carufe, Cantino

4x400m Relay (Auto: 3:07.70, Prov: 3:12.00)

Relay A	3:17.37	Sun Belt Championships
		Dupar-Scott, Fraley, Sturm, Yarbrough
Relay A	3:22.39	Indiana Invitational
		Dupar-Scott, Yarbrough, Kone, Fraley
Relay A	3:32.81	Kickoff Klassic
		Dupar-Scott, Catino, Yarbrough, Lawhorn

4x800m Relay

Relay A	8:09.23	Kentucky Invitational

Distance Medley Relay (Auto: 9:35.25, Prov: 9:45.95)%

MT Record: Johnson, Mitchell, David, O'Loughlin 9:48.04 1981

Relay A	10:54.40	Kickoff Klassic
		Safstrom, Carufe, Guillou, Dell
Relay A	11:13.13	Sun Belt Championships
		Carufe, Cantino, Young, Sang

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High Jump (Auto: 2.23, Prov: 2.17)

MT Record: Alex Pruitt 7-01.5 2005

+ r ! Alex Pruitt	2.17m (7-1.5)	Indiana Invitational
Julius DeFour	2.03m (6-8)	Blue Raider Invitational
Brian Anderson	1.93m (6-4)	MT Christmas Invitational
Pierre Ingram	1.93m (6-4)	MT Christmas Invitational

Long Jump (Auto: 7.85, Prov: 7.45)

MT Record: Roland McGhee 27-0.75 1993

JJ Sturm	7.19m (23-7)	Middle Tennessee Open
Sean Waller	7.13m (23-4.75)	MT Christmas Invitational
Wesley Dupar-Scott	6.95m (22-9.75)	MT Christmas Invitational

Triple Jump (Auto: 16.30, Prov: 15.50)

MT Record: Tommy Haynes 54-6.5 1974

Greg Jones	14.79m (48-6.25)	Blue Raider Invitational
J.J. Sturm	14.07m (46-2.5)	MT Valentine Invitational

Shot Put (Auto: 19.30, Prov: 17.75)

MT Record: Brian Oldfield 57-7 1966

James Thomas	14.93m (48-11.75)	Indiana Invitational
Lindsay Sims	13.16m (43-2.0)	Sun Belt Championships
Nick Diel	13.08m (42-11)	MT Valentine Invitational

Weight Throw (Auto: 21.20, Prov: 19.00)

MT Record: James Thomas 54-0 2005

r! James Thomas	16.46m (54-0)	Middle Tennessee Open
Nick Diel	15.22m (51-0)	Sun Belt Championships

Kickoff Klassic -- Jonesboro, Ark. (12/04/04)
MT Christmas Invitational -- Murfreesboro, Tenn. (12/11/04)
Kentucky Invitational -- Lexington, Ky. (01/15/05)
Blue Raider Invitational -- Murfreesboro, Tenn. (01/22/05)
Indiana Invitational -- Bloomington, Ind. (01/29/05)
Middle Tennessee Open -- Murfreesboro, Tenn. (02/05/05)
MT Valentine Invitational -- Murfreesboro, Tenn. (02/12/05)
Sun Belt Championships -- Jonesboro, Ark. (02/27-28/05)
Last Chance Invitational -- Ames, Iowa (03/05/05)
NCAA Championships -- Fayetteville, Ark. (03/11-12/05)

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55m (Auto: 6.75, Prov: 6.92)

MT Record: Dionne Rose 6.89 1994

Kishara George	7.13	Blue Raider Invitational
Tiffany Owens	7.20	Middle Tennessee Open
Anranette Stringer	7.30	Kickoff Klassic
Sierra Douglas	7.41	MT Christmas Invitational
Jessica Anderson	7.46	MT Christmas Invitational
Kerry Barrow	7.47	MT Christmas Invitational
Candice Robertson	7.52	MT Christmas Invitational
Shanna-Kay Campbell	8.75	Kickoff Klassic

55mH (Auto: 7.58, Prov: 7.86)

MT Record: Dionne Rose 7.59 1994

Candice Robertson	7.96	Sun Belt Championships
Jessica Anderson	8.13	Sun Belt Championships
Toya Brown	8.44	Sun Belt Championships
Quanshell Scott	9.03	Sun Belt Championships

60m (Auto: 7.27, Prov: 7.44)

Kishara George	7.64	Kentucky Invitational
Tiffany Owens	7.78	Indiana Invitational
Antranette Stringer	7.82	Indiana Invitational
Jessica Anderson	8.03	Kentucky Invitational
Sierra Douglas	8.10	Kentucky Invitational
KeKe Deckard	8.35	Kentucky Invitational

60mH (Auto: 8.15, Prov: 8.43)

Candice Robertson	8.59	Indiana Invitational
Jessica Anderson	8.88	Indiana Invitational
Toya Brown	9.17	Indiana Invitational

200m (Auto: 23.50, Prov: 24.10)%

MT Record: Nadia Graham 23.54 1996

Kishara George	23.99	Sun Belt Championships
Kerry Barrow	24.81	MT Valentine Invitational
Tiffany Owens	24.99	Indiana Invitational
Antranette Stringer	25.16	Sun Belt Championships
Jessica Anderson	26.99	Indiana Invitational

400m (Auto: 52.70, Prov: 54.70)%

MT Record: Rosemary Okafor 52.41 2004

Kishara George	54.58	Sun Belt Championships
Kerry Barrow	56.45	Sun Belt Championships
Antranette Stringer	57.28	Middle Tennessee Open
Shanna-Kay Campbell	59.56	Middle Tennessee Open

600 (Non-NCAA Event)

800m (Auto: 2:06.05, Prov: 2:09.40)%

MT Record: Leigh Weathers 2:14.97 1990

Kishara George	2:18.78	Kickoff Klassic
Marjorie Gombert	2:18.03	Sun Belt Championships
Sara Lunning	2:32.63	MT Christmas Invitational
Miranda Galloway	2:37.45	Blue Raider Invitational

Mile (Auto: 4:39.10, Prov: 4:47.60)%

MT Record: Dianne DeOliveira 5:01.73 1991

Sara Lunning	5:22.02	Sun Belt Championships
Miranda Galloway	5:28.78	Kickoff Klassic
Marjorie Gombert	5:43.66	Middle Tennessee Open
Catherine Chester	6:43.90	MT Christmas Invitational

3000m (Auto: 9:16.80, Prov: 9:35.80)%

MT Record: Kiya Thomas 10:21.57 1990

Sara Lunning	11:12.53	Kickoff Klassic

5000m (Auto: 16:11.60, Prov: 16:46.60)%

MT Record: Lea White 18:46.26 1992

Sara Lunning	19:04.03	Sun Belt Championships

Mile Relay (Auto: 3:35.90, Prov. 3:42.45)%

MT Record: Hall, Parrish, Phillips, Graham 3:42.78 1996

Relay A	3:49.16	MT Christmas Invitational
		Barrow, Owens, Stinger, George

4x400m Relay (Auto: 3:34.70, Prov: 3:41.20)

Relay A	3:45.43	Sun Belt Championships
		Barrow, Campbell, Stringer, George

Distance Medley Relay (Auto: 11:11.00, Prov: 11:30.00)%

MT Record: Barnes, McGill, Smith, DeOliveira 12:22.45 1992

Relay A	13:06.52	Sun Belt Championships
		Gombert, Robertson, Galloway, Lunning

High Jump (Auto: 1.84, Prov: 1.78)

MT Record: Tipton, Florence ..... 5-8 ..... 1991, 1995

! Toya Brown	1.68m (5-6)	MT Christmas Invitational

Pole Vault (Auto: 4.20, Prov: 3.95)

MT Record: Jennifer Howard 10-8.25 2003

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Long Jump (Auto: 6.40, Prov: 6.10)

MT Record: Dionne Rose 20-8.25 1994

Stephanie Tamgho	5.86m (19-3)	Blue Raider Invitational
KeKe Deckard	5.85m (19-2.25)	Middle Tennessee Open
Sierra Douglas	5.66m (18-6.75)	Kickoff Klassic
Toya Brown	5.48m (17-10.75)	Middle Tennessee Open
Quanshell Scott	4.67m (15-8.75)	Sun Belt Championships

Triple Jump (Auto: 13.30, Prov: 12.65)

MT Record: Andreja Ribac 43-7.25 2000

Keke Deckard	12.29m (40-4)	Middle Tennessee Open
Sierra Douglas	12.21m (40-1)	Middle Tennessee Open
Stephanie Tamgho	12.11m (39-9)	Middle Tennessee Open

Shot Put (Auto: 16.90, Prov: 15.40)

MT Record: Shelly Johnson 48-7.25 1996

Laetitia Florimond	14.15m (46-5.25)	Sun Belt Championships
Meaghan Byrd	13.14m (43.1.5)	Sun Belt Championships
Kelly Enoch	11.78m (38-8)	Blue Raider Invitational
Lasean Bell	10.03m (32-11)	Middle Tennessee Open

Weight Throw (Auto: 20.50, Prov: 18.50)

MT Record: Meaghan Byrd 56-03 2004

Meaghan Byrd	17.14m (56-3) r	Sun Belt Championships
Lasean Bell	14.86m (50-3.5)	Middle Tennessee Open
Laetitia Florimond	13.40m (43-11.75)	Sun Belt Championships
Kelly Enoch	12.82m (42-1)	Blue Raider Invitational

Kickoff Klassic -- Jonesboro, Ark. (12/04/04)
MT Christmas Invitational -- Murfreesboro, Tenn. (12/11/04)
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NCAA Championships -- Fayetteville, Ark. (03/11-12/05)