2005-06 Middle Tennessee Track & Field

2005-06 MEN'S OUTDOOR PERFORMANCE LIST (FINAL)

● * - NCAA regional mark ● ! - personal best ● $ - Non-NCAA event ● w - wind-aided ● f - facility record
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100m (Regional: 10.50)

MT Record: Mardy Scales 10.07 2004

Orlando Reid	10.07pw!	NCAA Mideast Regional
Orlando Reid	10.28 !	NCAA Mideast Regional
VanTonio Fraley	10.49*	Vanderbilt Invitational
Samuel Adade	10.54	Sea Ray Relays
Derek Carey	10.66p	Sun Belt Championships
Pete Senatus	10.67 !	Yellowjacket Invitational
Daryl Terrell	10.78	Vanderbilt Invitational
Jermaine Barton	10.83	Vanderbilt Invitational
Jonathan Oliver	10.90	Boston-Moon Classic
Linnie Yarbrough	11.13	Alabama Relays
Tavaris Leak	11.45	Clemson Relays

110mH (Regional: 14.30)

MT Record: Williams/Yarbrough ..... 13.69 ..... 1983/2004

Linnie Yarbrough	13.49pw!	NCAA Mideast Regional
Linnie Yarbrough	13.67 r	NCAA Mideast Regional
Juan Walker	13.88*!	Vanderbilt Invitational
Pete Senatus	14.87	Sun Belt Championships
Jeremy Turner	16.47	National City Invitational

200m (Regional: 21.19)

MT Record: Roland McGhee 20.44 1994

Orlando Reid	20.54p!	NCAA Mideast Regional
VanTonio Fraley	20.79*!	Vanderbilt Invitational
Pete Senatus	21.35 !	Sea Ray Relays
Samuel Adade	21.42	Vanderbilt Invit./SBC Championships
Jermaine Barton	21.56	Vanderbilt Invitational
Daryl Terrell	21.80	Vanderbilt Invitational
Derek Carey	21.84p	Sun Belt Championships
Sean Waller	22.01	Alabama Relays
Jonathan Oliver	22.43	Yellowjacket Invitational
Tavaris Leak	22.63	Alabama Relays

400m (Regional: 47.26)

MT Record: Godfrey Herring 45.35 2001

Sean Waller	46.99*	Vanderbilt Invitational
Daryl Terrell	47.28	Yellowjacket Invitational
Jermaine Barton	47.43	Yellowjacket Invitational
Tavaris Leak	47.94 !	Boston-Moon Classic

400mH (Regional: 52.51)

MT Record: Victor Okorie 49.19 2003

Linnie Yarbrough	52.10p*!	Sun Belt Championships
Juan Walker	52.45*	Yellowjacket Invitational
Pete Senatus	52.54 !	Sun Belt Championships
Jeremy Turner	54.67 !	Vanderbilt Invitational
Brandon Jones	57.05 !	Vanderbilt Invitational

800m (Regional: 1:50.40)

MT Record: Jerry Singleton 1:49.6 1969

Ryan Hood	1:59.95 !	Vanderbilt Invitational
Tony Carufe	2:00.66	Vanderbilt Invitational
Derek Dell	2:04.33	Ole Miss Invitational
Luke Pfleger	2:12.20	Vanderbilt Invitational

1500m (Regional: 3:47.80)

MT Record: Gary Perry 3:42.9 1977

Jonathan Guillou	4:01.44	Ole Miss Invitational
Tony Carufe	4:02.40 !	Sun Belt Championships
Ryan Hood	4:18.80 !	Vanderbilt Invitational
Derek Dell	4:29.61	National City Invitational
Luke Pfleger	4:40.95 !	Vanderbilt Invitational

3000m

Tony Carufe	9:12.98 !	Vanderbilt Invitational

3000mST (Regional: 9:07.00)

MT Record: Danny Green 9:08.37 1986

Jonathan Guillou	9:14.80 !	Sun Belt Championships
Derek Dell	9:52.54 !	Vanderbilt Invitational
Matthew Young	10:28.96 !	Vanderbilt Invitational

5000m (Regional: 14:10.00)

MT Record: Ross Dowland 14:20.84 1981

Jonathan Guillou	14:54.39	Sun Belt Championships
Derek Dell	15:12.40	National City Invitational
Matthew Young	16:47.98	Ole Miss Invitational

10000m (Auto: 28:45.00; Prov.: 29:30.00)

MT Record: Robert Willis 30:51.20 1983

Derek Dell	31:53.14	Sea Ray Relays

4x110m Shuttle Hurdle Relay

MT Record: R. Davis, Kirnes, Nesbitt, Williams 56.73 1983

Relay A	1:00.44	Alabama Relays
		Senatus, Walker, Turner, Yarbrough

Distance Medley Relay

MT Record: Lawrence, Farris, Davis, O'Loughlin 9:50.64 1982

Relay A	10:29.65	Clemson Relays
		Carufe, Leak, Dell, Guillou

4x200m Relay

MT Record: Loyd, McGhee, Gupton, Otis 1:21.17 1994

Relay A	1:23.21	Sea Ray Relays
		Barton, Reid, Terrell, Fraley
Relay A	1:26.98	Clemson Relays
		Barton, Terrell, Waller, Fraley

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4x100m Relay (Regional: 40.66)

MT Record: Spann, Scales, Orr, Holiday 38.94 2003

Relay A	39.82*	Vanderbilt Invitational
		Walker, Reid, Terrell, Fraley
Relay A	39.94	NCAA Mideast Regional
		Adade, Fraley, Reid, Terrell
Relay A	40.15*	Texas Relays
		Yarbrough, Reid, Terrell, Fraley
Relay A	40.29*	Yellowjacket Invitational
		Walker, Fraley, Yarbrough, Terrell
Relay A	40.39*	Sea Ray Relays
		Walker, Adade, Terrell, Fraley
Relay B	40.73	Yellowjacket Invitational
		Oliver, Reid, Barton, Waller
Relay A	40.90p	Penn Relays
		Walker, Reid, Adade, Fraley
Relay A	41.08	Vanderbilt Invitational
		Oliver, Senatus, Barton, Adade
Relay A	41.29	Ole Miss Invitational
		Oliver, Adade, Senatus, Carey
Relay C	41.74	Yellowjacket Invitational
		Adade, Carey, Senatus, Leak

4x400m Relay (Regional: 3:10.00)

MT Record: Darden, Scales, Dupar-Scott, Waller 3:05.65 2004

Relay A	3:06.22*	Yellowjacket Invitational
		Terrell, Waller, Reid, Barton
Relay A	3:06.68	NCAA Mideast Regional
		Terrell, Fraley, Barton, Waller
Relay A	3:10.37p	Penn Relays
		Terrell, Senatus, Barton, Waller
Relay A	3:12.43 f	Vanderbilt Invitational
		Barton, Terrell, Fraley, Leak
Relay B	3:19.85	Yellowjacket Invitational
		Leak, Turner, Carey, Fraley
Relay A	3:29.34	National City Invitational
		Carey, Jones, Turner, Leak

4x1500 Relay

MT Record: Green, Flint, Burn, Porter 16:13.80 1985

Relay A	17:01.96	Clemson Relays
		Carufe, Dell, Guillou, Young

Long Jump (Regional: 7.34m)

MT Record: Roland McGhee 27-6 1993

Juan Walker	7.57m (24-10) *	Texas Relays
JJ Sturm	7.25m (23-9.5)	Boston-Moon Classic
Tavaris Leak	7.20m (23-7.5) !	Yellowjacket Invitational
Linnie Yarbrough	7.13m (23-4.75)	Sea Ray Relays
Sean Waller	7.07m (23-2.5)	Vanderbilt Invitational
JaKeith Hairston	6.93m (22-9)	Sun Belt Championships
VanTonio Fraley	6.58m (21-7.25)	Sun Belt Championships
Julius Defour	6.45m (21-2)	Boston-Moon Classic
Brandon Jones	6.38m (20-11.25)	Boston-Moon Classic

Triple Jump (Regional: 15.08m)

MT Record: Eddie Loyd 55-2 1982

JJ Sturm	15.07m (49-5.5) !	Sun Belt Championships
JaKeith Hairston	13.92m (45-8)	Sun Belt Championships
Brandon Jones	13.63m (44-8.75)	Sun Belt Championships

High Jump (Regional: 2.10m)

MT Record: Chris Koger 7-1.75 2002

Julius Defour	2.03m (6-8) !	Vanderbilt Invitational
JaKeith Hairston	1.85m (6-0.75)	National City Invitational

Shot Put (Regional: 16.80m)

MT Record: Brian Oldfield 59-2 1966

Willie Parker	15.67m (51-5)	Sun Belt Championships
James Thomas	14.48m (48-11.75)	Vanderbilt Invit./SBC Championships
Nick Diel	12.38m (40-7.5)	National City Invitational

Discus (Regional: 51.70m)

MT Record: Harrison Salami 182-9 1977

James Thomas	49.78m (163-4)	Clemson Relays
Willie Parker	46.85m (153-8)	Clemson Relays
Nick Diel	38.15m (125-2)	National City Invitational

Hammer (Regional: 55.60m)

MT Record: James Thomas 163-1.75 2005

James Thomas	55.13m (180-10) r!	Sun Belt Championships
Nick Diel	49.58m (162-8) !	Sun Belt Championships
Willie Parker	49.50m (162-5) !	Sun Belt Championships

Javelin (Regional: 61.60m)

MT Record: Jeff Sims 220-11 1984

Willie Parker	52.80m (173-3)	Sun Belt Championships
James Thomas	40.98m (134-5) !	Yellowjacket Invitational
Nick Diel	38.60m (126-8)	Yellowjacket Invitational

Alabama Relays -- Tuscaloosa, Ala. (3/18-19/06)
Clemson Relays -- Clemson, S.C. (3/24-25/06)
Yellowjacket Invitational -- Atlanta, Ga. (4/1/06)
Texas Relays -- Austin, Texas (4/7-8/06)
Ole Miss Invitational -- Oxford, Miss. (4/8/06)
Sea Ray Relays -- Knoxville, Tenn. (4/14-15/06)
Boston-Moon Classic -- Nashville, Tenn. (4/15/06)
Vanderbilt Invitational -- Nashville, Tenn. (4/21-22/06)
Penn Relays -- Philadelphia, Pa. (4/27-29/06)
National City Invitational -- Bowling Green, Ky. (4/29/06)
Sun Belt Championships -- Lafayette, La. (5/12-14/06)
NCAA Mideast Regional -- Knoxville, Tenn. (5/26-27/06)
NCAA Championships -- Sacramento, Calif. (6/07-10/06)

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100m (Regional: 11.75)

MT Record: Douglas, Okafor	11.34	1994, 2003	
Antranette Stringer	11.85 !	Vanderbilt Invitational	
Tiffany Owens	11.93p	Sun Belt Championships	
Erika Palmer	12.07	Vanderbilt Invit./SBC Championships	
Candice Robertson	12.67	Vanderbilt Invitational	
Iceca Epps	12.86	Alabama Relays	

100mH (Regional: 13.92)

MT Record: Dionne Rose	13.14	1994	
Candice Robertson	13.64p!	NCAA Mideast Regional	
Sierra Douglas	14.59 !	Vanderbilt Invitational	
Iceca Epps	14.59	Sun Belt Championships	
Lamunika Eberhart	15.80p	Sun Belt Championships	
Erika Palmer	17.85	National City Invitational	

200m (Regional: 23.96)

MT Record: Rosemary Okafor	23.18	2003	
Antranette Stringer	23.94*!	Vanderbilt Invitational	
Shanna-Kay Campbell	24.17p	Sun Belt Championships	
Tiffany Owens	24.38 !	Vanderbilt Invitational	
Erika Palmer	24.53 !	National City Invitational	
Veronia Patterson	24.90	Vanderbilt Invitational	
TraMayne Gillyard	24.94 !	Yellowjacket Invitational	
Kerry Barrow	25.30	Boston-Moon Classic	

400m (Regional: 54.61)

MT Record: Rosemary Okafor	52.29	2004	
Shanna-Kay Campbell	54.59*	Sun Belt Championships	
Veronia Patterson	54.66	Sun Belt Championships	
Antranette Stringer	55.31p	Sun Belt Championships	
TraMayne Gillyard	56.22 !	Yellowjacket Invitational	
Kerry Barrow	58.14	Vanderbilt Invitational	
Tiffany Owens	59.26	Alabama Relays	
Carlissa Shaw	1:01.05	Ole Miss Invitational	
Marjorie Gombert	1:01.73	National City Invitational	

400mH (Regional: 1:00.82)

MT Record: Kishara George	58.72	2005	
Veronia Patterson	1:00.62 *	Sea Ray Relays	
Candice Robertson	1:06.89p	Sun Belt Championships	
Lamunika Eberhart	1:09.48 !	Vanderbilt Invitational	

800m (Regional: 2:09.80)

MT Record: Leigh Weathers	2:10.03	2004	
Marjorie Gombert	2:14.73	Sun Belt Championships	
Veronia Patterson	2:18.61	Vanderbilt Invitational	
Carlissa Shaw	2:22.98 !	Vanderbilt Invitational	
Sara Lunning	2:25.70	Vanderbilt Invitational	
Ashleigh Thaler	2:43.04	National City Invitational	

1500m (Regional: 4:27.80)

MT Record: Dianne DeOliviera	4:35.09	1991	
Sara Lunning	4:57.60 !	Sun Belt Championships	
Marjorie Gombert	5:02.08 !	Boston-Moon Classic	
Ashleigh Thaler	5:14.71	National City Invitational	
Carlissa Shaw	5:24.12	Sun Belt Championships	

3000m

MT Record: Sharon Smith	10:21.74	1989	
Ashleigh Thaler	10:56.74 !	Vanderbilt Invitational	

3000mST (10.50.25)

MT Record: Sara Lunning	11:37.41	2005	
Sara Lunning	11:31.47 !	Vanderbilt Invitational	

5000m (Regional: 16:52.00)

MT Record: Joan Becker	18:01.70	1986	
Sara Lunning	18:53.38	Sun Belt Championships	
Ashleigh Thaler	19:58.93	Ole Miss Invitational	

10000m (Regional: 33:55.00)

MT Record: Lea White	37:38.5	1992	
Ashleigh Thaler	40:40.51 !	Sun Belt Championships	

4x100m Relay (Regional: 45.70)

MT Record: Douglas, Rose, Brown, Watson	44.87	1994	
Relay A	46.34	Yellowjacket Invitational	
		Palmer, Robertson, Stringer, Owens	
Relay A	46.49	Sea Ray Relays	
		Robertson, Owens, Stringer, Campbell	
Relay A	46.69	Sun Belt Championships	
		Palmer, Robertson, Gillyard, Owens	
Relay A	48.31	Alabama Relays	
		Palmer, Douglas, Stringer, Owens	

4x100 Shuttle Hurdle Relay

4x200m Relay

MT Record: Brrow, Owens, George, Okafor	1:34.74	2004	
Relay A	1:36.91	Sea Ray Relays	
		Gillyard, Stringer, Campbell, Owens	
Relay A	1:37.65	Penn Relays	
		Owens, Stringer, Campbell, Patterson	
Relay A	1:39.16	Texas Relays	
		Gillyard, Owens, Campbell, Patterson	

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4x400m Relay (Regional: 3:42.00)

MT Record: George, Gray, Okafor, Holmes	3:38.18		2002
Relay A	3:41.37*	Sun Belt Championships	
		Gillyard, Stringer, Campbell, Patterson	
Relay A	3:41.93*	Yellowjacket Invitational	
		Gillyard, Owens, Campbell, Patterson	
Relay A	3:51.04	Sea Ray Relays	
		Gillyard, Robertson, Stringer, Patterson	

Distance Medley Relay

MT Record: Barnes, McGill, Smith, DeOliveira	12:07.74		1991
Relay A	13:03.44	Clemson Relays	
		Gombert, Barrow, Shaw, Lunning	

High Jump (Regional: 1.75m)

MT Record: Veronica Tipton	5-10.5		1992

Long Jump (Regional: 5.97m)

MT Record: Dionne Rose	21-9		1994
Stephanie Tamgho	5.92m (19-5.25)	Penn Relays	
Sierra Douglas	5.65m (18-6.5) !	Vanderbilt Invitational	

Triple Jump (Regional: 12.32m)

MT Record: Andreja Ribac	43-7.5		2000
Sierra Douglas	12.24m (40-2)	Boston-Moon Classic	
Stephanie Tamgho	12.22m (40-1.25)	Sea Ray Relays/Vanderbilt Invit.	

Shot Put (Regional: 14.30m)

MT Record: Laetitia Florimond	47-5.25		2005
Meaghan Byrd	13.92m (45-8) !	Sun Belt Championships	

Discus (Regional: 47.30m)

MT Record: Shelly Johnson	168-5		1995
Meaghan Byrd	39.57m (129-10)	Clemson Relays	

Hammer (Regional: 54.15m)

MT Record: Meaghan Byrd	162-5		2005
Meaghan Byrd	48.25m (158-4)	Ole Miss Invitational	

Javelin (Regional: 43.45m)

MT Record: Laetitia Florimond	140-9		2005
Marjorie Gombert	21.69m (71-2)	Boston-Moon Classic	
Sara Lunning	16.65m (54-7)	Boston-Moon Classic	
Lamunika Eberhart	14.41m (47-3)	Boston-Moon Classic	

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Sun Belt Championships -- Lafayette, La. (5/12-14/06)
NCAA Mideast Regional -- Knoxville, Tenn. (5/26-27/06)
NCAA Championships -- Sacramento, Calif. (6/07-10/06)