

Cross Country Runners Perform Well at WKU Classic

September 18, 2004 · MT Media Relations

BOWLING GREEN, Ky. -

Middle Tennessee's cross country team enjoyed its best showing of the season at the Western Kentucky Old Timers Classic Saturday at Kereiakes Park. The Blue Raiders were paced by Jonathon Guillou, who finished 16th in the 5-mile run as he covered the course in 26:33.02. Derek Dell (26:36.88) finished 17th for Middle Tennessee, while David Hughes (26:56.51) was 20th as the squad placed three finishers in the Top 20. "I was pleased with the overall performance of our men's team," said Middle Tennessee cross country coach Dean Hayes. "We had several

performers who competed well and turned in their best performances. They are getting better and better and that's what is encouraging." Carlos Gonzalez (27:56.23) and Tony Carufe (28:15.18) were Middle Tennessee's next highest finishers, coming in 29th and 31st, respectively. The Lady Raiders were led by Miranda Gallaway (19:27.0), who finished 28th in the 5K run. It was Gallaway's best performance at Middle Tennessee, besting the 22:33.0 she turned in at the Commodore Invitational last weekend. Sara Lunning (20:01.53) also turned in a personal best with her 32nd place finish, while Marjorie Gombert (20:41.41) also turned in a personal best and finished 35th overall. Kishara George (24:09.38) and Catherine Chester (24:37.10) were Middle Tennessee's next highest finishers. "I'm very encouraged by the way our women ran," Hayes said. "They are improving with every meet and I believe they have a chance to do something in the Sun Belt if we continue to show the improvement we have made to this point. All in all it was a good day for us." Middle Tennessee will return to action Oct. 9 at the Cardinal Classic in Louisville, Ky.

Printed on July 23, 2014

Original URL: <http://www.goblueraiders.com/content.cfm/id/3292>