Cross Country heads to Memphis

Squads will run 5K Saturday evening

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MURFREESBORO, Tenn. - Middle Tennessee's cross country teams run for the third straight week Saturday at the Memphis Twilight Classic in Memphis, Tenn., an event sponsored by Christian Brothers University. The women run 5K at 8:30 p.m. and the men 5K at 9 p.m. Sophomore Festus Chemaoi and junior William Songock have led the men the last two weeks. Chemaoi placed first at the Agnes Scott Invitational in Atlanta, Ga., two weeks ago and was ninth at last week's Belmont Opener, while Songock finished second in Atlanta and was also second last week in Nashville. The Middle Tennessee men won the team portion of the Agnes Scott Invitational and placed second last week at the Belmont Opener, a strong beginning to the season. Sophomore Zamzam Sangau continues to pace the Blue Raider women, finishing first at the Agnes Scott Invitational and seventh at the Belmont Opener. Sangau has now placed in the Top 20 in all nine career cross country meets dating to last season with two first-place finishes and five Top 10 showings. Sophomore Marla Bailey had a strong finish last week at Belmont as well, placing 16th overall. "This is a unique experience because it's at nighttime, which is different, and it's on a soccer field and should be easier to watch," head coach Dean Hayes said. "A few teams have really liked it and it's fun for the athletes. "We'll see a couple of teams from the Sun Belt, but right now we're still working on conditioning. Everything we're doing is aiming for the Sun Belt [Championships]." Full results from Saturday's meet may be found at www.alltraxtiming.com.

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