Sangau, Songock lead Blue Raiders

Four runners place in Top 10

September 20, 2008 · Russell Luna

Bowling Green, Ky. - Sophomore Zamzam Sangau and junior William Songock each placed in the Top 10, leading the Middle Tennessee cross country teams in the WKU Old Timer's Classic early Saturday morning. Sangau made her fourth consecutive Top 10 finish, placing her second top-three finish of the year. She completed the 5K course in 17:55.10. Senior Ashley Comstock, sophomore Marla Bailey and freshman Kristen Tithof finished in the Top 20 for the Blue Raiders, placing ninth (19:02.20), 13th (19:23.00) and 18th (20:10.50), respectively. Ashleigh Taylor and TraMayne Gilyard finished 22nd (21:07.90) and 27th (24.43.90) respectively. Songock notched his fourth straight Top 10 finish, placing sixth in the 5 mile in 25:50.80, leading the Blue Raiders men's team, which is currently ranked 11th in the South Region. Sophomore Festus Chemaoi had his third Top 10 finish of the season, placing eighth with a time of 26.07.60. Junior Julius Kirui, sophomore Isaac Biwott and sophomore David Emery finished 13th (27:08.30), 14th (27:15.20) and 17th (27:38.30). "Zamzam ran really well," head coach Dean Hayes said. "Everyone had nice control and they all looked good. William did a good job. Overall, everyone did a good job. The next week will be a good time for us to rest after running four consecutive weeks." The men and women's cross country teams will resume competition in two weeks at the Greater Louisville Classic on Oct. 4 in Louisville, Ky. **MEN - 5 Mile**

6. William Songock - 25:50.80
8. Festus Chemaoi - 26:07.60
13. Julius Kirui - 27:08.30
14. Isaac Biwott - 27:15.20

17. David Emery - 27:38.30

WOMEN - 5K

2. Zamzam Sangau - 17:55.10
9. Ashley Comstock - 19:02.20
13. Marla Bailey - 19:23.00
18. Kristen Tithof - 20:10.50
22. Ashleigh Thaler - 21.07.90
27. TraMayne Gillyard - 24:43.90

Printed on March 8, 2014
Original URL: http://www.goblueraiders.com/content.cfm/id/34192