

October 5, 2008

Holt named to WNBA All-Rookie Team

Former All-American in elite company

Athletic Communications

MURFREESBORO, Tenn. - Former Middle Tennessee All-American Amber Holt was recently honored by the WNBA by being named to its 2008 All-Rookie Team.

Holt, a first round draft choice of the Connecticut Sun, played and started all 34 regular season games. She averaged 6.5 points and 3.1 rebounds per game and had 11 double figure scoring games, including a high of 19 points against Detroit.

Holt joined Los Angeles Sparks forward Candace Parker, the unanimous 2008 WNBA Rookie of the Year, Minnesota Lynx guard Candice Wiggins, Chicago Sky center Sylvia Fowles, Minnesota Lynx center Nicky Anosike, and Houston Comets guard Matee Ajavon. Ajavon and Holt tied for the fifth spot on the team and were both rewarded with a selection.

The voting panel consisted of the WNBA's 14 head coaches, who were asked to select five players regardless of position. Coaches were not permitted to vote for players on their own team.

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Amber Holt was honored by the WNBA for a solid first year in the league with the Connecticut Sun. ()