Blue Raiders, Lady Raiders Run Strong at WKU

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Middle Tennessee turned in another strong cross country performance in the Western Kentucky Old Timer's Day event on Saturday. Geoffrey Lagat was again the story for the men's squad as he turned in the top time for a collegiate runner and finishing second overall. Lagat was edged out by WKU alumnus Sean Dollman by just over a second, finishing the five mile run with a time of 25:26.47. Levi Sybert ran well again for the Blue Raiders, finishing 13th overall with a time of 26:55.43. Anthony McGary and Steve Safstrom ended the event 24th and 25th respectively with times of 28:10.90 and 28:13.70. Josh Carroll was the Blue Raiders' fifth best performer of the day with a time of 28:24.49. Rounding out the meet for Middle Tennessee were Carlos Gonzales (37th), Sean Rabe (47th), Brian Picklesimer (48th), Chris Hanson (49th) and Brent Greer (52nd). The Lady Raider team continued to improve. The ladies participated in a 6K run with Erin Russell the top finisher. Her time of 27:53.59 was good enough for 31st. Regina Raccuglia turned in another strong showing with a 33rd place finish and a time of 28:18.79. Kapreia Kirk, running in only her second event since taking last season off, finished 36th at 28:39.40. Colleen Parker finished 45th, Tori Blander came in 47th, and Sabrina Smith ended in 48th place to round out the Lady Raiders' afternoon. "I'm seeing good things from both teams," said head coach Dean Hayes. "We need to keep on the same path as we head toward the Sun Belt Conference championships." Each team will run again on Oct. 6 at the UAB Invitational in Birmingham.

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