

January 22, 2005

## Defour Sets Personal Best in High Jump

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**MURFREESBORO, Tenn.** - Middle Tennessee junior Julius

Defour leaped a personal best 6-foot-eight inches to win the high jump at the Blue Raider Invitational Saturday in the Murphy Center.

Defour was competing in just his second meet as a Blue Raider after transferring from Western Washington University. His mark in the high jump was also the best by a Middle Tennessee performer this season.

Middle Tennessee picked up its second first place performance when junior Linnie Yarbrough clocked in a time of 7.36 in the 55m hurdles. The time was a season-best for the East St. Louis, Illinois native.

A third first place finish came for Middle Tennessee when Laetitia Florimond won the women's shot put with a toss of 45.01. The mark was a season-best for Florimond.

In the women's 55m dash, Lady Raider Tiffany Owens placed third with a time of 7.26. Middle Tennessee placed second and third in the 400m dash, as Kerry Barrow was second with a time of 57.34 and Antranette Stringer placed third at 57.77.

Middle Tennessee returns to action on January 28-29 when the team competes in the Indiana Invitational in Bloomington, Ind.

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*Printed on July 6, 2008*

*Original URL: <http://www.goblueraiders.com/content.cfm/id/3623>*