Barrow Runs Personal Best at Valentine Invitational

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MURFREESBORO, Tenn. - Kerry Barrow ran a personal best 24.81 to place first in the 200m in just one of many quality Blue Raider performances at the Middle Tennessee Valentine's Invitational Saturday.

Barrow, a junior sprinter, won her first meet of the season with the victory on Saturday. Her previous personal best was a 24.99 at the Hoosier Relays on January 29. Barrow placed second in the 55m with a time of 7.17.

Middle Tennessee took the first four places in the 200m for the Lady Raiders. Antranette Stringer was second with a mark of 25.14, Tiffany Owens third with a 25.37 and Candice Robertson was fourth with a time of 25.61.

Robertson also took first in the 55m hurdles clocking in a time of 8.23. The victory marks her second consecutive first place finish in the hurdles. Jessica Anderson placed second in the 55m hurdles with an 8.34. The Lady Raiders also got a first place finish in the 55m as Owens won the event with a time of 7.17.

Senior Kishara George came back strong after missing the last few weeks with an injury. She won the 400m with a time of 56.43.

"Kishara had a good race after coming back from injury," said Head Coach Dean Hayes. "It was good to see her back."

Blue Raider Linnie Yarbrough continued strong by winning the 55m hurdles with a time of 7.31. Middle Tennessee's VanTonia Fraley also logged in a first-place finish for the Blue Raiders with a 6.40 in the 55m.

"Linnie ran well," Hayes said. "He is continuing to improve."

Middle Tennessee got a one two finish in the shot put from Laetitia Florimond and Meagan Bryd. Florimond won the event with a heave of 45-10 and Byrd was second with personal-best toss of 44-07.

"We got some quality performances from Laetitia and Meagan," Hayes said. "Meagan's toss was her personal-best and it was good to see her get in a quality mark."

J.J. Sturm picked up a pair of second place finishes in the long and triple jump with season-best marks. Sturm logged a jump of 23-04.25 in the long jump and a 46-06 in the triple jump.

The Lady Raiders took the first three places in the long and triple jump in the meet. Senior KeKe Deckard won the long jump with a leap of 18-10, Sierra Douglas was second with an 18-07 and Stephanie Tamgho was third logging in a jump of 18-05. Douglas won the triple jump with a mark of 39-97.50 Deckard was second with a jump of 39-02.50 and Tamgho third at 39-00.75.

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