

March 22, 2009

## On the road...live from East Lansing

### Part two of a series documenting Middle Tennessee's NCAA Tournament run

Jackie Pickel

#### 9:15 AM

Wake up call! We got to sleep in a little bit today. And to our surprise, we woke up to...snow flurries! It reminded us that we are, in fact, in Michigan.

#### 9:30 AM

Breakfast! We had a breakfast buffet set up in a separate room just for us. I had my usual: oatmeal, eggs, and a little bacon. After breakfast, we all went to coach's room to watch some film, then shortly after that we left for the Breslin Center.

#### 11:00 AM

We arrive at the Breslin Center and head to our locker room. They had snacks, fruit, and drinks waiting for us so that was pretty cool. Alysha and I were asked to go to the media room once we got there. Usually talking to the media doesn't bother me. But for some reason we were both pretty nervous. It was strange, we had to walk in a side door only to find lights and reporters and TV cameras everywhere. Once it got started we were fine, and gave pretty good answers (I think?). We then had a pretty good 55-minute shoot around/practice on the Michigan State floor.

#### 1:30 PM

Headed to practice #2 at some high school. We went for about another hour, then we were done for the day.

#### 3:00-6:00 PM

Rest time at the hotel. I didn't get much rest, though. I had too much schoolwork to get done. I did, however, get to see my family for a few minutes. My grandmother had baked me a huge tin of goodies, including my favorite: oatmeal raisin. While I was trying to get my work done, Alysha kept getting me sidetracked by watching/talking about the ball games on TV. I get sidetracked pretty easily, and Alysha knows that. So if I don't get all my work done, it's her fault.

#### 6:00 PM

Dinner at Cheddar's! It was very delicious! We all sat together, and were surrounded by TVs so we got to watch basketball games. Believe it or not, we never get tired of watching ball.

#### 8:00 PM

Shower, more schoolwork, and lights out! We've got an early morning wake up call!

[Jackie Pickel](#)



Jackie Pickel writes part two of a series of team journals from the NCAA Tournament. (Bradley Lambert)

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