Middle Tennessee Track & Field

OVERALL MEN'S/WOMEN'S INDOOR PERFORMANCE CHART

● * - NCAA automatic mark ● + - NCAA provisional mark ● ! - personal best ● ^ - oversized track ● $ - Non-NCAA event
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Samuel Adade	**55m**	**60m**	**200m**	**400m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)	6.41 (1)				
Ed Temple Classic (1/11/09)	6.56 (1)p/6.53 (4)		22.56 (6)		
Kentucky Invitational (1/17/09)		7.02 (22)p	21.82 (14)		
Middle Tennessee Classic (1/31/09)				49.78 (2)	
Rod McCravy Memorial (2/07/09)			21.89 (8)		3:18.11 (4)
Sun Belt Championships (2/28-3/1/09)			21.86 (6)p/22.18 (7)	50.27 (15)p	

Marla Bailey	**800m**	**Mile Run**	**3000m**	**5000m**	**DMR**
MT Christmas Invitational (12/06/08)			10:46.68 (3)		
Kentucky Invitational (1/17/09)		5:26.89 (28)			
Middle Tennessee Classic (1/31/09)	2:34.73 (8)	5:28.60 (5)			
Rod McCravy Memorial (2/07/09)			10:37.06 (24)		
MT Valentine Invitational (2/14/09)		5:28.86 (12)			
Sun Belt Championships (2/28-3/1/09)				18:52.67 (12)	13:20.09 (9)

Philip Benavides	**800m**	**DMR**
Middle Tennessee Classic (1/31/09)	2:05.03 (8)	
Rod McCravy Memorial (2/07/09)	2:01.69 (32)!	
MT Valentine Invitational (2/14/09)	2:04.65 (13)	
Sun Belt Championship (2/28-3/1/09)		10:18.81 (3)

Adrian Bentley	**200m**	**400m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)	21.92 (4)	49.55 (2)	3:24.67 (3)
Kentucky Invitational (1/17/09)		50.29 (40)	

Malcolm Beyah	**55m**	**60m**	**200m**
Middle Tennessee Invitational (1/31/09)	6.56p/ 6.44 (1)		
Rod McCravy Memorial (2/07/09)		6.97 (18)p/ 7.00 (16)	
MT Valentine Invitational (2/14/09)	6.55p/6.46 (3)		
Sun Belt Championships (2/28-3/1/09)	6.51 (9)p		22.15 (11)

Isaac Biwott	**800m**	**Mile Run**	**3000m**	**5000m**
MT Christmas Invitational (12/06/08)		4:28.78 (7)		
Ed Temple Classic (1/11/09)	2:02.02(9)			
Kentucky Invitational (1/17/09)		4:27.57 (17)		
Blue Raider Invitational (1/24/09)		4:24.99 (6)		
Middle Tennessee Classic (1/31/09)			8:48.21 (2)!	
MT Valentine Invitational (2/14/09)		4:20.84 (2)		
Sun Belt Championships (2/28-3/1/09)		4:30.03 (15)	8:53.80 (6)	DNF

Robert Carter	**200m**	**400m**	**4x400m Relay**	**DMR**
MT Christmas Invitational (12/06/08)	22.44 (6)	51.65 (5)		
Ed Temple Classic (1/11/09)		51.72 (7)		
Kentucky Invitational (1/17/09)	22.28 (24)	51.03 (47)		
Blue Raider Invitational (1/24/09)		50.54 (1)!		
Middle Tennessee Classic (1/31/09)			3:29.49 (5)	
Rod McCravy Memorial (2/07/09)		49.87 (14)!	3:18.11 (4)	
MT Valentine Invitational (2/14/09)	22.63 (5)	50.31 (5)		
Sun Belt Championships (2/28-3/1/09)		50.64 (17)p		10:18.81 (3)

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Festus Chemaoi	**400m**	**800m**	**Mile Run**	**3000m**	**5000m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)		1:56.08 (1)	4:14.40 (1)			
Kentucky Invitational (1/17/09)				8:22.89 (8)!		
Blue Raider Invitational (1/24/09)	52.51 (5)					
Middle Tennessee Classic (1/31/09)		1:54.78 (1)				3:29.49 (5)
Rod McCravy Memorial (2/07/09)		1:53.12 (11)!	4:06.29 (2)!			
MT Valentine Invitational (2/14/09)		1:51.64(1)!r				
Sun Belt Championships (2/28-3/1/09)		1:55.76 (1)	4:11.18 (1)	8:22.00 (2)!	14:49.29 (4)!	
NCAA Last Chance Meet (3/7/09)		1:50.27 (6)+!r				

Ashley Comstock	**800m**	**Mile Run**	**3000m**	**5000m**	**DMR**
MT Christmas Invitational (12/06/08)		5:14.89 (2)			
Ed Temple Classic (1/11/09)					12:40.53 (1)
Kentucky Invitational (1/17/09)		5:14.14 (17)			
Blue Raider Invitational (1/24/09)			10:21.80 (2)!		
Middle Tennessee Classic (1/31/09)	2:19.20 (2)!				
Rod McCravy Memorial (2/07/09)			10:00.52 (5)!		
MT Valentine Invitational (2/14/09)		5:07.27 (1)!			
Sun Belt Championships (2/28-3/1/09)		5:05.93 (5)!	10:08.09 (5)	DNF	

Maite Cortin	**SP**	**WT**
MT Christmas Invitational (12/06/08)	32-06.00 (13)	47-11.00 (8)
Kentucky Invitational (1/17/09)	32-00.25 (31)	Foul
Blue Raider Invitational (1/24/09)	31-09.00 (11)	46-08.00 (7)
Middle Tennessee Classic (1/31/09)	32-02.00 (6)	45-05.00 (3)
Rod McCravy Memorial (2/07/09)	31-11.25 (37)	46-11.50 (19)
MT Valentine Invitational (2/14/09)	Foul	46-07.00 (5)
Sun Belt Championships (2/28-3/1/09)		46-08.25 (13)

Brittany Cox	**SP**	**WT**
MT Christmas Invitational (12/06/08)	44-5.50 (2)	54-9 (2)
Ed Temple Classic (1/11/2009)	43-11.75 (3)	60-02.00 (2)
Kentucky Invitational (1/17/09)	48-01.25 (5)!	57-05.00 (3)
Blue Raider Invitational (1/24/09)	44-05.00 (2)	57-06.50 (1)
Middle Tennessee Classic (1/31/09)	48-04.00 (1)!	55-08.00 (1)
Rod McCravy Memorial (2/07/09)	44-07.50 (18)	Foul
MT Valentine Invitational (2/14/09)	45-11.50 (2)	58-01.00 (1)
Sun Belt Championships (2/28-3/1/09)	48-10.25 (2)!r	56-07.25 (3)

Derrick Crutcher	**SP**	**WT**
Blue Raider Classic (1/24/09)	37-11.00 (7)	34-10.00 (5)
Middle Tennessee Classic (1/31/09)	37-00.00 (6)	
MT Valentine Invitational (2/14/09)	38-05.00 (8)	

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David Emery	**800m**	**Mile Run**	**3000m**	**5000m**	**DMR**
MT Christmas Invitational (12/06/08)		4:15.14 (2)			
Middle Tennessee Classic (1/31/09)			9:04.61 (8)		
Rod McCravy Memorial (2/07/09)		4:20.65 (9)			
MT Valentine Invitational (2/14/09)		4:20.02 (1)			
Sun Belt Championships (2/28-3/1/09)	1:58.87 (11)	4:20.22 (7)		DNF	10:18.81 (3)

Robert Ezell	**55m**	**60m**
MT Christmas Invitational (12/06/08)	6.51 (5)	
Ed Temple Classic	6.72 (15)p	
Rod McCravy Memorial (2/07/09)		7.16 (36)
MT Valentine Invitational (2/14/09)	6.66 (10)	
Sun Belt Championships (2/28-3/1/09)	6.58 (12)p	

Greg Franklin	**55m**	**60m**	**200m**	**400m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)			21.58 (1)	49.56 (3)	
Ed Temple Classic (1/11/09)	6.42 (1)p/ 6.39 (1)				
Kentucky Invitational (1/17/09)		6.90 (18)p/ 6.82 (10)	21.74 (13)		
Middle Tennessee Classic (1/31/09)				50.04 (3)	
Rod McCravy Memorial (2/07/09)		6.89 (13)p/ 6.81 (7)	21.60 (4)		3:18.11 (4)
Sun Belt Championships (2/28-3/1/09)	6.30! (1)p/6.40 (3)		21.78 (5)p/21.70 (3)		3:21.02 (6)
NCAA Last Chance Meet (3/7/09)		6.91(7)p/ 6.88 (7)	21.58 (15)		

Stanley Gbagbeke	**55m**	**60m**	**200m**	**LJ**
MT Christmas Invitational (12/06/08)	6.43 (4)		21.58 (2)	24-08.25 (2)!
Kentucky Invitational (1/17/09)		6.90 (15)p/6.97 (18)		23-02.75 (6)
Middle Tennessee Classic (1/31/09)	6.54p (3)		23.14 (7)	
Rod McCravy Memorial (2/07/09)		6.89 (14)p/ 6.80 (7)		22-04.25 (8)
MT Valentine Invitational (2/14/09)			22.18 (1)	
Sun Belt Championships (2/28-3/1/09)	6.60 (14)p		23.02 (24)p	24-06.50 (2)

TraMayne Gillyard	**200m**	**400m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)		58.84 (3)	4:17.60 (3)
Kentucky Invitational (1/17/09)	25.29 (23)	57.68 (16)	
Blue Raider Invitational (1/24/09)		56.53 (1)	
Middle Tennessee Classic (1/31/09)	24.74 (1)!		3:47.39 (2)
Rod McCravy Memorial (2/07/09)			3:42.70 (4)
MT Valentine Invitational (2/14/09)		56.98 (1)	
Sun Belt Championships (2/28-3/1/09)	25.26 (8)p/25.38 (7)	57.43 (7)p/56.39(4)!	

Kiara Henry	**55m**	**60m**	**200m**	**4x400m Relay**	**DMR**
MT Christmas Invitational (12/06/08)	7.47 (7)		26.01 (5)		
Ed Temple Classic (1/11/2009)	7.34 (8)p/ 7.37 (8)		27.27 (16)	4:34.73 (9)	
Kentucky Invitational (1/17/09)		7.93 (38)p	26.50 (40)		
Blue Raider Invitational (1/24/09)	7.22 (1)p/ 7.32 (5)		25.82 (4)!		
Middle Tennessee Classic (1/31/09)	7.20 (2)p/ 7.19 (2)		25.55 (7)!		
Rod McCravy Memorial (2/07/09)		7.94 (15)p/ 7.83(17)	25.61 (32)		
MT Valentine Invitational (2/14/09)	7.37 (5)p/7.22 (2)		26.08 (4)		
Sun Belt Championships (2/28-3/1/09)	7.31 (9)p/7.17 (4)!		25.84 (15)p		13:20.09 (9)

Tenesha Hill	**55m**	**60m**	**200m**
MT Christmas Invitational (12/06/08)	7.05 (1)		25.49 (4)
Kentucky Invitational (1/17/09)		7.76 (26)p	25.79 (28)
Middle Tennessee Invitational (1/31/09)	7.18 (2)p		
Rod McCravy Memorial (2/07/09)		7.79 (15)p/ 7.75 (13)	
MT Valentine Invitational (2/14/09)	7.20 (2)/ 7.28 (5)		
Sun Belt Championships (2/28-3/1/09)	DNF		25.41 (10)p

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Rod Issac	**55m**	**60m**	**200m**	**4x400m Relay**
Middle Tennessee Classic (1/31/09)	6.52 (2)p/6.50 (3)		21.93 (2)	
Rod McCravy Memorial (2/07/09)		7.08 (27)		3:18.11 (4)
Sun Belt Championships (2/28-3/1/09)				3:21.02 (6)

Brandon Jones	**LJ**	**TJ**
MT Christmas Invitational (12/06/08)		48-01.00 (5)
Ed Temple Classic (1/11/09)	21-04.75 (8)	45-10.75 (4)
Kentucky Invitational (1/17/09)	Foul	
Blue Raider Invitational (1/24/09)	20-11.00 (9)	
Middle Tennessee Classic (1/31/09)		47-06.00 (3)
Rod McCravy Memorial (2/07/09)	21-05.50 (10)	46-01.50 (8)
MT Valentine Invitational (2/14/09)	22-10.25 (2)	45-10.25 (4)
Sun Belt Championships (2/28-3/1/09)	21-11.75 (11)	47-02.25 (6)

Curtis King	**55m**	**60m**	**200m**
Rod McCravy Memorial (2/07/09)		6.93 (15)p/6.89 (14)	21.93 (10)
MT Valentine Invitational (2/14/09)	6.42 (2)p/6.48 (4)		
Sun Belt Championships (2/28-3/1/09)	6.50 (9)p/ 6.45 (5)		21.75 (3)p/ 21.82 (5)
NCAA Last Chance Meet (3/7/09)		6.95 (9)p	21.67 (16)

Julius Kirui	**800m**	**Mile Run**	**3000m**	**5000m**	**DMR**
MT Christmas Invitational (12/06/08)		4:32.87 (9)			
Ed Temple Classic (1/11/09)	2:01.24 (6)				
Kentucky Invitational (1/17/09)		4:25.07 (14)			
Middle Tennessee Classic (1/31/09)			9:06.21 (9)		
Rod McCravy Memorial (2/07/09)			8:59.48 (38)		
MT Valentine Invitational (2/14/09)			9:06.10 (6)		
Sun Belt Championships (2/28-3/1/09)		4:27.97 (13)		15:15.85 (7)!	10:18.81(3)

Darnell McCurdy	**200m**	**400m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)		53.70 (12)	3:24.67 (3)
Ed Temple Classic (1/11/09)	24.49 (29)	51.72 (7)	
Blue Raider Invitational (1/24/09)		56.20 (17)	
Middle Tennessee Classic (1/31/09)		55.38 (11)	3:29.40 (5)
MT Valentine Invitational (2/14/2009)	24.00 (19)	55.36 (18)	

Carl Morgan	**LJ**	**TJ**	**4x400m Relay**
MT Christmas Invitational (12/06/08)	24-11.00 (1)+	51-2.25 (1)+	3:24.67 (3)
Kentucky Invitational (1/17/09)	18-10 (22)		
Middle Tennessee Classic (1/31/09)		50-00 (2)	
Rod McCravy Memorial (2/07/09)	24-3.75 (1)	50-03.25 (1)	
MT Valentine Invitational (2/14/2009)	Foul	50-09 (1)	
Sun Belt Championships (2/28-3/1/09)	24-10 (1)+	50-07.25 (1)	3:21.02 (6)
NCAA Last Chance Meet (3/7/09)	23-09 (2)	49-07 (3)	

Sarah Nambawa	**LJ**	**TJ**	**200m**	**400m**	**800m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)	19-9.25 (1)	43-10.25 (1)*				4:17.60 (3)
Ed Temple Classic (1/11/09)	19-3.25 (1)	42-00 (1)				
Kentucky Invitational (1/17/09)	18-8 (6)	43-3.25 (1)+				
Blue Raider Invitational (1/24/09)				58.01 (2)		
Middle Tennessee Classic (1/31/09)	19-4.75 (1)	43-3.25 (1)	25.37 (6)			3:47.29 (2)
Rod McCravy Memorial (2/07/09)	18-9 (6)	42-8 (1)+				3:42.70 (4)
MT Valentine Invitational (2/14/2009)	20-10 (1)*!r	44-8.25 (1)*!r			2:19.80 (3)	
Sun Belt Championships (2/28-3/1/09)	19-6.75(2)	42-11.75(1)+			2:25.15 (16)	
NCAA Indoor Championships (3/13-14/09)	20-3.00p(10)	44-4(2)				

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Marion Nakaziba	**200m**	**400m**	**800m**	**4x400m Relay**
MT Christmas Invitational (12/06/08)				4:17.60 (3)
Ed Temple Classic (1/11/2009)		2:20.00 (17)	2:45.16 (17)	4:34.73 (9)
Kentucky Invitational (1/17/09)	25.29 (23)	1:05.67 (32)		
Blue Raider Invitational (1/24/09)		1:04.13 (9)		
Rod McCravy Memorial (2/07/09)			DNF	

Nicole Neeb	**HJ**
Kentucky Invitational (1/17/09)	5-01.25 (26)
Blue Raider Invitational (1/24/09)	5-02.00 (3)
Middle Tennessee Classic (1/31/09)	5-00.00 (1)
Rod McCravy Memorial (2/07/09)	Foul
Sun Belt Championships (2/28-3/1/09)	5-02.25 (7)!

Erica Palmer	**55m**	**200m**	**400m**	**4x400m Relay**	**DMR**
MT Christmas Invitational (12/06/08)	7.27 (5)	25.79 (2)			
Ed Temple Classic (1/11/09)	7.28 (6)p/ 7.32 (7)			4:34.73 (9)	12:40.53 (1)
MT Valentine Invitational (2/14/09)			1:07.81 (7)		

Roscoe Payne	**200m**	**55m Hurdles**	**60m Hurdles**	**4x400m Relay**
MT Christmas Invitational (12/06/08)	21.89 (3)	7.47 (2)		3:24.67 (3)
Ed Temple Classic (1/11/09)	22.51 (4)	7.84 (4)p/ 7.84 (2)		
Kentucky Invitational (1/17/09)	22.28 (27)		8.17 (16)p/ 8.06 (9)	
Blue Raider Invitational (1/24/09)		16.94 (4)		
Middle Tennessee Classic (1/31/09)		7.59 (2)p/ 7.59 (2)		3:29.49 (5)
Rod McCravy Memorial (2/07/09)			8.21 (7)p/ 8.11(6)	
Sun Belt Championships (2/28-3/1/09)		7.49 (1)p/7.50(1)		3:21.02 (6)
NCAA Last Chance Meet (3/7/09)			8.01 (7)!p/ 8.15(7)	

Dennis Rockholt	**400m**
MT Christmas Invitational (12/06/08)	54.01 (13)

Zamzam Sangau	**800m**	**Mile Run**	**3000m**	**4x400m Relay**	**DMR**
MT Christmas Invitational (12/06/08)	2:15.55 (1)				
Ed Temple Classic (1/11/09)	2:19.45 (1)				12:40.53 (1)
Kentucky Invitational (1/17/09)			9:55.28 (9)!r		
Blue Raider Invitational (1/24/09)		5:03.21 (1)			
Middle Tennessee Classic (1/31/09)	2:11.80 (1)			3:47.29 (2)	
Rod McCravy Memorial (2/07/09)	2:11.03 (2)!r	4:50.35 (2)		3:42.70 (4)	
MT Valentine Invitational (2/14/09)			10:36.15 (1)		
Sun Belt Championships (2/28-3/1/09)	2:17.90(2)p/2:12.36(2)	4:57.28 (2)	10:00.11 (3)		

Jackline Serem	**Mile Run**	**3000m**
MT Christmas Invitational (12/06/08)		11:41.20 (7)
Ed Temple Classic (1/11/2009)		12:05.15 (6)
Blue Raider Invitational (1/24/09)	5:45.41 (9)!	
Middle Tennessee Classic (1/31/09)	5:50.90 (9)	
Rod McCravy Memorial (2/07/09)	5:37.41 (25)!	
MT Valentine Invitational (2/14/09)	5:50.67 (15)	
Sun Belt Championships (2/28-3/1/09)	5:45.08 (20)	11:17.39 (15)

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DeRay Sloss	**55m Hurdles**	**60m Hurdles**	**LJ**	**TJ**
MT Christmas Invitational (12/06/08)	7.36 (1)+		23-00.25 (6)	
Ed Temple Classic (1/11/2009)			22-11-.75 (5)	
Kentucky Invitational (1/17/09)		8.15 (14)p	Foul	45-04.25 (12)!
Blue Raider Invitational (1/24/09)	7.39 (2)			
Middle Tennessee Classic (1/31/09)	7.36 (1)p/ 7.36(1)+		Foul	
Rod McCravy Memorial (2/07/09)		8.02 (4)p/ 8.07 (5)		
MT Valentine Invitational (2/14/09)	7.55 (1)		22-00.00 (5)	
Sun Belt Championships (2/28-3/1/09)	7.58 (2)p/ DNF		22-04.50 (9)	

William Songock	**800m**	**Mile Run**	**3000m**	**5000m**
Kentucky Invitational (1/17/09)			8:27.33 (10)!	
Blue Raider Invitational (1/24/09)		4:17.46 (1)!		
Rod McCravy Memorial (2/07/09)			8:14.15 (6)!	
MT Valentine Invitational (2/14/09)	1:58.87 (6)!		8:45.47 (1)	
Sun Belt Championships (2/28-3/1/09)			8:36.74 (3)	14:35.36(2)!
NCAA Last Chance Meet (3/7/09)			8:28.30 (1)	

Ashleigh Thaler	**800m**	**Mile Run**	**3000m**	**5000m**	**DMR**
MT Christmas Invitational (12/06/08)			11:05.71 (5)		
Ed Temple Classic (1/11/09)			11:54.56 (5)		
Kentucky Invitational (1/17/09)			11:48.23 (49)		
Middle Tennessee Classic (1/31/09)	2:45.56 (13)	5:50.70 (8)			
Rod McCravy Memorial (2/07/09)			11:22.65 (32)		
MT Valentine Invitational (2/14/09)		5:46.08 (14)			
Sun Belt Championship (2/28-3/1/09)				20:08.54 (27)	13:20.09 (9)

MeLyn Thompson	**SP**	**WT**
MT Christmas Invitational (12/06/08)	45-02.00 (1)	40-03.00 (12)
Ed Temple Classic (1/11/2009)	46-04.00 (1)	42-00.00 (9)
Kentucky Invitational (1/17/09)	47-06.25 (7)!	43-07.75 (26)
Middle Tennessee Classic (1/31/09)	47-05.00 (2)	45-05.00 (3)
Rod McCravy Memorial (2/07/09)	46-03.50(12)	
MT Valentine Invitational (2/14/09)	43-07.00 (3)	42-00.00 (9)
Sun Belt Championships (2/28-3/1/09)	47-11.25 (3)!	45-09.00(16)!

Kortney Thurman	**55m**	**200m**	**4x400m Relay**	**LJ**	**TJ**
MT Christmas Invitational (12/06/08)			4:17.60 (3)	18-07.50 (3)	FOUL
Ed Temple Classic (1/11/2009)		25.96 (5)		18-05.00 (4)	
Kentucky Invitational (1/17/09)				17-06.25 (18)	35-09.25 (18)
Blue Raider Invitational (1/24/09)	7.22 (2)!p/ 7.25 (5)	26.02			
Middle Tennessee Classic (1/31/09)		26.03 (9)		17-11.50(4)	
Rod McCravy Memorial (2/07/09)				18-09.25 (5)	36-05.75 (11)
MT Valentine Invitational (2/14/09)				19-01.50 (2)	Foul
Sun Belt Championships (2/28-3/1/09)	7.42 (14)p			18-10.00(5)	34-06.25 (14)

Kristen Tithof	**800m**	**Mile Run**	**3000m**	**5000m**	**DMR**
MT Christmas Invitational (12/06/08)			11:07.72 (6)		
Ed Temple Classic (1/11/09)			11:40.98 (4)		12:40.53 (1)
Kentucky Invitational (1/17/09)		5:48.27 (32)			
Blue Raider Invitational (1/24/09)	2:39.02 (3)				
Middle Tennessee Classic (1/31/09)	2:40.75 (12)	5:44.90 (7)			
Rod McCravy Memorial (2/07/09)			11:04.63 (31)		
MT Valentine Invitational (2/14/09)	2:36.45 (14)				
Sun Belt Championships (2/28-3/1/09)				19:14.76 (17)	13:20.09 (9)

Middle Tennessee Track & Field

OVERALL MEN'S/WOMEN'S INDOOR PERFORMANCE CHART

● * - NCAA automatic mark ● + - NCAA provisional mark ● ! - personal best ● ^ - oversized track ● $ - Non-NCAA event
● f - facility record ● h - hand-timed ● p - prelim mark ● s - semifinals ● r - school record ● % Standards based upon banked/oversized track

Joshua Wheeler	**800m**	**Mile Run**
Ed Temple Classic (1/11/09)	2:08.27 (15)	
Kentucky Invitational (1/17/09)	2:04.60 (31)!	
Blue Raider Invitational (1/24/09)		4:46.84 (15)
Middle Tennessee Classic (1/31/09)		4:52.60 (9)
Rod McCravy Memorial (2/07/09)	2:08.49 (38)	
MT Valentine Invitational (2/14/09)	2:06.77 (16)	
Sun Belt Championships (2/28-3/1/09)	2:10.84 (18)	

Nyeisha Wright	**55m**	**200m**	**LJ**	**TJ**	**4x400m Relay**
MT Christmas Invitational (12/06/08)			FOUL		
Ed Temple Classic (1/11/09)			18-04.25 (6)		
Kentucky Invitational (1/17/09)			17-06.25 (19)	35-06.00 (21)	
Blue Raider Invitational (1/24/09)	7.22 (1)p/ 7.17 (2)	24.63 (1)	18-07.00 (1)		
Middle Tennessee Classic (1/31/09)			18-09.00 (3)		3:47.29 (2)
Rod McCravy Memorial (2/07/09)	7.73 (11)p/ 7.77 (16)				3:42.70 (4)
MT Valentine Invitational (2/14/09)	7.15 (1)!	24.47 (1)!			
Sun Belt Championships (2/28-3/1/09)	7.18 (2)p/7.25 (7)	24.81 (2)p/24.83(3)	18-03.25 (11)		

RELAYS
WOMEN
4x400m Relay

MT Christmas Invitational (12/06/08)		4:17.60 (3)
	Thurman, Nambawa, Nakaziba, Gillyard	
Ed Temple Classic (1/11/09)		4:34.73 (9)
	Henry, Nakaziba, Palmer	
Middle Tennessee Classic (1/31/09)		3:47.39 (2)
	Wright, Nambawa, Gillyard, Sangau	
Rod McCravy Memorial (2/07/09)		3:42.70 (4)
	Wright, Nambawa, Gillyard, Sangau	

Mile Relay

4x800

Distance Medley Relay

Ed Temple Classic (1/11/09)		
	Comstock, Palmer, Sangau, Tithof	12:40.53 (1)
Sun Belt Championships (2/28-3/1/09)		
	Tithof, Henry, Thaler, Bailey	13:20.09 (9)

MEN
4x400m Relay

MT Christmas Invitational (12/06/08)		3:24.67 (3)
	Payne, Bentley, McCurdy, Morgan	
Middle Tennessee Classic (1/31/09)		3:29.49 (5)
	Payne, Carter, McCurdy, Chemaoi	
Rod McCravy Memorial (2/07/09)		3:18.11 (4)
	Isaac, Adade, Franklin, Carter	
Sun Belt Championships (2/28-3/1/09)		3:21.02
	Isaac, Franklin, Payne, Morgan	

4x800

Distance Medley Relay

Sun Belt Championships (2/28-3/1/09)		
	Kirui, Carter, Benavides, Emery	10:18.81 (3)