

2009 Sun Belt Conference
Outdoor Track and Field Championships
Middle Tennessee State University - 5/8/2009 to 5/10/2009
Results

Women 10000 Meter Run

Championship: 35:23.02 < 5/12/2006 Diana Jipchirchir

Stadium: 38:30.19 ! 2000 Karen Lutes

NCAA Auto: 33:30.00 @

NCAA Prov: 35:00.00 #

Name	Yr	School	Finals
Finals			
1 Jesang, Janet	JR	West. Kentucky	36:41.01! 10
2 Reategui, Paola	SR	FIU	36:54.29! 8
3 Kandie, Marion	SO	West. Kentucky	37:53.36! 6
4 Espino, Daniela	FR	FIU	38:03.75! 5
5 Bartonjo, Jane	SO	West. Kentucky	38:37.61 4
6 Chepkoech, Magrina	SO	South Alabama	38:46.66 3
7 Namara, Sarah	JR	West. Kentucky	38:47.10 2
8 Serem, Jackie	FR	Mid Tenn State	39:31.61 1
9 Mollenkompf, Ingrid	SO	North Texas	39:45.51
10 Tiner, Ashley	FR	Ark-Little Rock	39:53.44
11 Kimani, Maggie	SR	Arkansas St.	40:43.24
12 Bailey, Marla	SO	Mid Tenn State	40:44.87
13 Picou, Callie	SR	UL-Lafayette	40:50.27
14 Quick, Katie	SO	FAU	41:07.49
15 Tithof, Kristen	FR	Mid Tenn State	41:10.39
16 Thaler, Ashleigh	SR	Mid Tenn State	41:37.63
17 Limo, Anastacia	JR	Troy	42:45.49
--- Moore, Ashley	SR	West. Kentucky	DNF
--- Faulk, Ashley	JR	UL-Lafayette	DNF
--- O'Brien, Eimear	JR	West. Kentucky	DNF
--- Coats, Kelsie	FR	UL-Monroe	DNF

Women Pole Vault

Starting Height: 3.25m

15cm Increments

Championship: 12-11.50 < 2003 Michelle Lennox

NCAA Reg: 3.85m #

Name	Yr	School	Finals
Finals			
1 Foreman, Stephanie	FR	Arkansas St.	4.00m# 10
2 Frappier, Catheryn	JR	Arkansas St.	3.85m# 8
3 Sawyer, Emily	SR	South Alabama	J3.85m# 6
4 Brewster, Christal	JR	North Texas	J3.85m# 5
5 Naeger, Erica	SO	Arkansas St.	3.70m 4
6 Hollingsworth, Shelley	JR	North Texas	3.55m 3
7 Miller, Megan	SO	FAU	3.40m 2
8 Delka, Kellie	JR	North Texas	J3.40m 1
9 Day, Jennifer	SO	Arkansas St.	J3.40m
9 Gancayco, Kathleen	SR	UL-Monroe	J3.40m
9 Guy, Brooke	FR	FAU	J3.40m
12 Lewis, Carolyn	JR	Arkansas St.	3.25m
13 Womack, Stephanie	JR	North Texas	J3.25m
--- Laurent, Amber	FR	UL-Lafayette	NH
--- Dobbs, Kara	FR	West. Kentucky	NH
--- Reategui, Andrea	SR	FIU	NH
--- Taylor, Brittany	JR	UL-Lafayette	NH

Women Discus Throw

Championship: 174-06 < 1998

April Malveo

Stadium: 46.10m ! 2000

Lutricia Putnam

NCAA Reg: 47.30m #

Name	Yr	School	Finals
Finals			
1 Baker, Tiphonie	JR	Troy	54.56m# 10
2 Montemayor, Destiny	SR	UL-Monroe	48.55m# 8
3 Cox, Brittany	JR	Mid Tenn State	48.19m# 6
4 Jordan, Monique	SR	Troy	45.05m 5
5 Flowers, Monteka	FR	West. Kentucky	44.97m 4
6 Raphael, Christina	SO	FIU	43.95m 3
7 Shepherd, Shauna	SR	North Texas	42.92m 2
8 Elmore, Lakeitha	SO	UL-Monroe	40.87m 1
9 Tyler, Alana	SR	North Texas	40.70m
10 Lambrecht, Sarah	SR	West. Kentucky	40.59m
11 Dominguez, Elizabeth	FR	North Texas	40.53m
12 Medenwaldt, Tiffany	FR	South Alabama	39.04m
13 Chervinko, Ashley	FR	West. Kentucky	38.12m
14 Carrigan, Chelsey	SO	North Texas	37.08m
15 Brock, Alyssa	FR	Arkansas St.	36.99m
16 Williams, Ebone	SR	South Alabama	36.82m
17 Walter, Bailey	SO	West. Kentucky	31.14m
18 Flemming, Jamie	FR	Arkansas St.	29.84m
--- Yearwood, Felicia	SR	West. Kentucky	FOUL
--- Adeduro, Adesola	FR	West. Kentucky	FOUL
--- Thompson, MeLyn	JR	Mid Tenn State	FOUL
--- Jadotte, Joeane	SR	FIU	FOUL

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Hicks, Kaneshia	FR	Arkansas St.	25.11 877
2 Moody, Ebonee	JR	South Alabama	25.31 859
3 McAdoo, Dominique	SR	UL-Monroe	25.58 834
4 Bowman, Amy	SR	Arkansas St.	25.77 817
4 Mullen, Aleesha	SO	UL-Monroe	25.77 817
4 Brimmage, Ambrea	SO	Ark-Little Rock	25.77 817
7 Merriott, Alyssa	FR	Arkansas St.	25.90 806
8 Allen, Chontia	SO	Troy	26.10 788
9 McNeil, Jantelle	FR	West. Kentucky	26.14 785
10 Louissaint, Laurenie	SR	FIU	26.15 784
11 Lewis, Carolyn	JR	Arkansas St.	26.25 775
12 Gabbidon, Stacy	SR	FIU	26.26 775
13 Clarke, Janelle	SR	FIU	26.84 725
14 Washington, Natasha	JR	UL-Monroe	26.97 714
15 Patrice, Leslie	JR	FIU	27.18 697
16 Camacho, Elma	SR	FIU	27.47 673

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Bowman, Amy	SR	Arkansas St.	14.21 949
2 Brimmage, Ambrea	SO	Ark-Little Rock	14.36 928

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Finals ... (Heptathlon: #1 Women 100 Meter Hurdles Heptathl				
Name	Yr	School	Finals	
3 Louissaint, Laurenie	SR	FIU	14.44	917
4 Hicks, Kaneshia	FR	Arkansas St.	14.50	909
5 Mullen, Aleesha	SO	UL-Monroe	14.69	883
6 McAdoo, Dominique	SR	UL-Monroe	14.73	878
7 McNeil, Jantelle	FR	West. Kentucky	14.83	864
8 Moody, Ebonee	JR	South Alabama	14.88	858
9 Merriott, Alyssa	FR	Arkansas St.	15.20	815
10 Lewis, Carolyn	JR	Arkansas St.	15.44	784
11 Allen, Chontia	SO	Troy	15.60	764
12 Camacho, Elma	SR	FIU	15.78	741
13 Patrice, Leslie	JR	FIU	15.88	729
14 Washington, Natasha	JR	UL-Monroe	15.99	715
15 Gabbidon, Stacy	SR	FIU	16.39	667
16 Clarke, Janelle	SR	FIU	18.38	450

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals	
Finals				
1 Gabbidon, Stacy	SR	FIU	1.66m	806
1 Louissaint, Laurenie	SR	FIU	1.66m	806
3 Bowman, Amy	SR	Arkansas St.	1.63m	771
4 Mullen, Aleesha	SO	UL-Monroe	1.60m	736
5 Lewis, Carolyn	JR	Arkansas St.	1.57m	701
5 McAdoo, Dominique	SR	UL-Monroe	1.57m	701
5 Brimmage, Ambrea	SO	Ark-Little Rock	1.57m	701
8 Patrice, Leslie	JR	FIU	1.54m	666
8 McNeil, Jantelle	FR	West. Kentucky	1.54m	666
10 Hicks, Kaneshia	FR	Arkansas St.	1.51m	632
11 Allen, Chontia	SO	Troy	1.45m	566
11 Washington, Natasha	JR	UL-Monroe	1.45m	566
13 Moody, Ebonee	JR	South Alabama	1.42m	534
14 Camacho, Elma	SR	FIU	1.39m	502
15 Clarke, Janelle	SR	FIU	1.36m	470
16 Merriott, Alyssa	FR	Arkansas St.	1.33m	439

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals	
Finals				
1 Mullen, Aleesha	SO	UL-Monroe	11.40m	621
2 Lewis, Carolyn	JR	Arkansas St.	11.32m	616
3 Louissaint, Laurenie	SR	FIU	11.16m	606
4 Bowman, Amy	SR	Arkansas St.	10.88m	587
5 Moody, Ebonee	JR	South Alabama	10.51m	563
6 McNeil, Jantelle	FR	West. Kentucky	10.30m	549
7 Brimmage, Ambrea	SO	Ark-Little Rock	10.16m	540
8 Merriott, Alyssa	FR	Arkansas St.	10.09m	535
9 Hicks, Kaneshia	FR	Arkansas St.	9.91m	524
10 McAdoo, Dominique	SR	UL-Monroe	9.79m	516
11 Washington, Natasha	JR	UL-Monroe	9.62m	505
12 Camacho, Elma	SR	FIU	9.34m	486
13 Gabbidon, Stacy	SR	FIU	9.01m	465
14 Patrice, Leslie	JR	FIU	8.24m	415
15 Clarke, Janelle	SR	FIU	7.38m	359

16 Allen, Chontia	SO Troy	7.34m	357
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Women Heptathlon**Championship: 5260 < 2005 Florence Edi****NCAA Auto: 5500 @****NCAA Prov: 5050 #**

Name	Yr	School	Finals
Finals			
1 Bowman, Amy	SR	Arkansas St.	3124
2 Louissaint, Laurenie	SR	FIU	3113
3 Mullen, Aleesha	SO	UL-Monroe	3057
4 Brimmage, Ambrea	SO	Ark-Little Rock	2986
5 Hicks, Kaneshia	FR	Arkansas St.	2942
6 McAdoo, Dominique	SR	UL-Monroe	2929
7 Lewis, Carolyn	JR	Arkansas St.	2876
8 McNeil, Jantelle	FR	West. Kentucky	2864
9 Moody, Ebonee	JR	South Alabama	2814
10 Gabbidon, Stacy	SR	FIU	2713
11 Merriott, Alyssa	FR	Arkansas St.	2595
12 Patrice, Leslie	JR	FIU	2507
13 Washington, Natasha	JR	UL-Monroe	2500
14 Allen, Chontia	SO	Troy	2475
15 Camacho, Elma	SR	FIU	2402
16 Clarke, Janelle	SR	FIU	2004

Women - Team Rankings - 3 Events Scored

1) Western Kentucky	26
2) Arkansas State	22
3) Florida Int'l	16
4) Troy	15
5) North Texas	11
6) South Alabama	9
6) UL-Monroe	9
8) Mid. Tenn. State	7
9) Florida Atlantic	2

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Results**

Men 10000 Meter Run

Championship: 28:57.51 < 5/11/2007 Vincent Rono
Stadium: 30:53.37 ! 2000 James Mutuse
NCAA Auto: 28:45.00 @
NCAA Prov: 29:30.00 #

Name	Yr	School	Finals
Finals			
1 Songock, William	JR	Mid Tenn State	30:43.11! 10
2 Cheptock, Patrick	JR	West. Kentucky	30:49.72! 8
3 Puskar, Ondrej	SR	Ark-Little Rock	31:14.15 6
4 Mejia, Ciprian	FR	FIU	31:56.34 5
5 Bor, Cosmas	SR	West. Kentucky	32:32.45 4
6 Jenkins, Patrick	JR	West. Kentucky	32:49.17 3
7 Allen, Derek	JR	Ark-Little Rock	32:50.82 2
8 Ngwiri, James	SO	Arkansas St.	32:53.25 1
9 Cox, Charlie	JR	Ark-Little Rock	33:00.94
10 Hall, Seth	JR	UL-Monroe	33:37.08
11 Rodgers, Derrick	SO	South Alabama	33:43.88
12 Moujoodi, Jeremy	JR	Troy	33:51.44
13 Reach, Brad	SR	Arkansas St.	34:00.34
14 Nunez, Josue	SO	North Texas	34:21.23
15 Bowers, Mark	SO	West. Kentucky	34:39.51
16 Hawkins, Andrew	SR	West. Kentucky	34:47.25
17 Gisclair, Joby	SR	UL-Lafayette	35:33.15
18 Stelly, Peter	JR	UL-Lafayette	36:01.62
--- Koestler, Britt	FR	UL-Monroe	DNF
--- Torres, Jorel	SO	UL-Monroe	DNF
--- Wallace, Matthew	SO	West. Kentucky	DNF

Men Discus Throw

Championship: 183-03 < 2004 Raigo Toompuu
Stadium: 49.76m ! 2000 Mike McKee
NCAA Reg: 51.70m #

Name	Yr	School	Finals
Finals			
1 Atkins, Kirby	JR	Ark-Little Rock	52.55m# 10
2 Williams, Jesse	SR	Arkansas St.	52.37m# 8
3 Torres, Joey	FR	South Alabama	51.95m# 6
4 Pace, Corwin	FR	Arkansas St.	50.65m! 5
5 Taitt, Matt	SR	West. Kentucky	49.88m! 4
6 Soverns, Brian	JR	West. Kentucky	49.15m 3
7 Harkless, Garrett	FR	UL-Lafayette	48.85m 2
8 Schmeling, Ryan	SR	Troy	47.50m 1
9 Wright, Brad	FR	West. Kentucky	46.40m
10 Ilaoa, Seth	SR	UL-Monroe	44.67m
11 Martin, Michael	SO	Troy	43.76m
12 Folse, Jordan	JR	UL-Lafayette	43.58m
13 Canady, Casey	SO	Ark-Little Rock	43.09m
14 Croft, Ashton	SO	UL-Monroe	42.98m
15 Broussard, Donnie	FR	UL-Lafayette	39.41m
16 Besaw, Cameron	FR	FIU	36.39m
17 Crutcher, Derrick	FR	Mid Tenn State	35.41m
18 Guidry, Tyler	FR	UL-Lafayette	33.36m
--- Stickler, Brock	SR	North Texas	FOUL

--- Fontenot, Jacob FR UL-Lafayette DNS

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Combs, Isaac	SR	UL-Monroe	11.17 823
1 Wehr, Jordan	SO	North Texas	11.17 823
3 McKenzie, Leander	JR	Troy	11.27 801
4 Turner, Andrew	SR	North Texas	11.32 791
4 Stephenson, Daniel	JR	FIU	11.32 791
6 Sutton, Charles	SR	FIU	11.34 786
7 Bullington, Grant	SO	Troy	11.43 767
8 Conley, Mike	SR	Troy	11.50 753
9 Hemed, Ruslan	SO	UL-Monroe	11.53 746
10 Short, Taylor	FR	Arkansas St.	11.68 715
11 Vidacovich, Jeffrey	JR	UL-Lafayette	11.96 659
12 Themas, Hendrik	FR	West. Kentucky	12.05 641

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Turner, Andrew	SR	North Texas	50.49 792
2 McKenzie, Leander	JR	Troy	51.26 757
3 Combs, Isaac	SR	UL-Monroe	51.51 746
4 Wehr, Jordan	SO	North Texas	51.58 743
5 Hemed, Ruslan	SO	UL-Monroe	52.18 717
6 Conley, Mike	SR	Troy	53.08 678
7 Sutton, Charles	SR	FIU	53.29 669
8 Vidacovich, Jeffrey	JR	UL-Lafayette	53.92 643
9 Short, Taylor	FR	Arkansas St.	55.21 590
10 Bullington, Grant	SO	Troy	56.12 555
11 Themas, Hendrik	FR	West. Kentucky	58.38 470
--- Stephenson, Daniel	JR	FIU	DNS

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Bullington, Grant	SO	Troy	2.04m 840
2 Vidacovich, Jeffrey	JR	UL-Lafayette	2.01m 813
2 Combs, Isaac	SR	UL-Monroe	2.01m 813
4 Turner, Andrew	SR	North Texas	1.98m 785
5 Short, Taylor	FR	Arkansas St.	1.89m 705
5 McKenzie, Leander	JR	Troy	1.89m 705
7 Wehr, Jordan	SO	North Texas	1.83m 653
8 Hemed, Ruslan	SO	UL-Monroe	1.80m 627
9 Themas, Hendrik	FR	West. Kentucky	1.77m 602
10 Conley, Mike	SR	Troy	1.74m 577
11 Sutton, Charles	SR	FIU	1.68m 528
--- Stephenson, Daniel	JR	FIU	DNS

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Combs, Isaac	SR	UL-Monroe	7.24m 871
2 Short, Taylor	FR	Arkansas St.	6.77m 760

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Finals ... (Decathlon: #2 Men Long Jump Decathlon)

Name	Yr	School	Finals
3 Hemed, Ruslan	SO	UL-Monroe	6.72m 748
4 Turner, Andrew	SR	North Texas	6.64m 729
5 Wehr, Jordan	SO	North Texas	6.56m 711
6 Sutton, Charles	SR	FIU	6.40m 675
7 Conley, Mike	SR	Troy	6.32m 657
8 Bullington, Grant	SO	Troy	6.31m 655
9 Themas, Hendrik	FR	West. Kentucky	6.26m 644
10 McKenzie, Leander	JR	Troy	6.21m 632
11 Vidacovich, Jeffrey	JR	UL-Lafayette	6.12m 613
12 Stephenson, Daniel	JR	FIU	5.34m 449

7) UL-Lafayette	2
8) Troy	1

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
1 McKenzie, Leander	JR	Troy	12.24m 621
2 Turner, Andrew	SR	North Texas	11.93m 602
3 Short, Taylor	FR	Arkansas St.	11.80m 594
4 Hemed, Ruslan	SO	UL-Monroe	11.59m 582
5 Combs, Isaac	SR	UL-Monroe	11.22m 559
6 Wehr, Jordan	SO	North Texas	10.93m 542
7 Themas, Hendrik	FR	West. Kentucky	10.80m 534
8 Conley, Mike	SR	Troy	10.60m 522
9 Sutton, Charles	SR	FIU	10.45m 513
10 Vidacovich, Jeffrey	JR	UL-Lafayette	10.24m 500
11 Bullington, Grant	SO	Troy	9.61m 462
12 Stephenson, Daniel	JR	FIU	9.36m 447

Men Decathlon

Championship: 7253 < 2008 B.J. Parish
NCAA Auto: 7500 @
NCAA Prov: 6900 #

Name	Yr	School	Finals
1 Combs, Isaac	SR	UL-Monroe	3812
2 Turner, Andrew	SR	North Texas	3699
3 McKenzie, Leander	JR	Troy	3516
4 Wehr, Jordan	SO	North Texas	3472
5 Hemed, Ruslan	SO	UL-Monroe	3420
6 Short, Taylor	FR	Arkansas St.	3364
7 Bullington, Grant	SO	Troy	3279
8 Vidacovich, Jeffrey	JR	UL-Lafayette	3228
9 Conley, Mike	SR	Troy	3187
10 Sutton, Charles	SR	FIU	3171
11 Themas, Hendrik	FR	West. Kentucky	2891

Men - Team Rankings - 2 Events Scored

1) Western Kentucky	22
2) Arkansas-Little Rock	18
3) Arkansas State	14
4) Mid. Tenn. State	10
5) South Alabama	6
6) Florida Int'l	5