

May 17, 2009

Alysha Clark - World University Games Trials Diary Day 3

All-American keeping fans updated on her progress in Colorado Springs, Colo.

Alysha Clark

Saturday

8:15 am - I actually got to sleep in! We didn't have anything until 10!

10 am-12 pm - First session of the day. We did some 5 on 0 sets and then scrimmaged the rest of the time. We won both games. We played as the underdog team. Our second game went to overtime! Then we all shot some half-court shots. Really fun

12:15-4 pm - Time to eat lunch, then shower and relax. I'm going to the souvenir shop to get some stuff. I'll grab a snack before our last session today.

5:30-7:30 pm - Last session of the trip! Lots of scrimmaging! It's been a great experience out here. Whether I make the team or not, this is something I'll never forget

7:45 pm - Go eat dinner and then go shower and enjoy the last night here.

11 pm - Lights out! Get ready for the decisions tomorrow morning!

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