Middle Tennessee sends five to NCAA Regionals

Runners look for an individual birth at NCAA Championships

November 13, 2009 · Christian Lemon

MURFREESBORO, Tenn. - Five of Middle Tennessee's top cross country runners will compete Saturday in Tuscaloosa, Ala., at the 2009 NCAA South Regional hosted by the University of Alabama at Harry Pritchett Running Park with the men's race starting at 10 a.m. followed by the women's race at 11 a.m.

The Blue Raider men's team will consist of 2009 Sun Belt Conference runner-up Festus Chemaoi and 2009 All-Sun Belt Chris Mason. Chemaoi, who finished 56th on the 10,000 meter course at the 2008 NCAA South Regional in Maryville, Tenn., will look to be the first runner in school history to qualify for the NCAA Cross Country National Championships as an individual. Mason will compete in his first NCAA Regional Championships.

"The regional meet is an opportunity to reward those who have worked hard all season long," said head coach Dean Hayes. "Festus has a chance to qualify, but he will really have to run well."

For the women, a trio of 2009 All-Sun Belt runners will represent the Blue Raiders. Zamzam Sangau will compete and will look to be the first Blue Raider women in the history of the program to qualify for the NCAA Championships. She finished 16th in 2008 and just missed receiving an at-large bid. Marla Bailey and Jackie Serem will also race. Bailey completed the 2008 regional 6,000 meters in 74th place. This will be Serem's first regional meet.

Full results and coverage will be available post-race at goblueraiders.com and rolltide.com

Printed on December 12, 2013
Original URL: http://www.goblueraiders.com/content.cfm/id/42322