

2009 MIDDLE TENNESSEE CROSS COUNTRY

Women's Individual and Team Results

Marla Bailey

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	15:03.48 (20)
9/11/09	UTC Powerade Opener (2M)	12:04 (7)
9/19/09	WKU Old Timers Classic (5K)	18:57.06 (14)
10/3/09	Greater Louisville Classic (5K)	18:26.93 (46)
10/17/09	UTC Frontrunner Invitational (2M)	11:38 (5)
10/31/09	Sun Belt Championships (5K)	19:58.33 (4)
11/14/09	NCAA South Regional (6K)	21:57.36 (48)

Kayla Bryan

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	16:34.99 (55)
9/11/09	UTC Powerade Opener (2M)	13:01 (18)
9/19/09	WKU Old Timers Classic (5K)	21:08.61 (27)
10/3/09	Greater Louisville Classic (5K)	19:45.38 (168)
10/17/09	UTC Frontrunner Invitational (2M)	13:22 (16)
10/31/09	Sun Belt Championships (5K)	22:58.78 (45)

Samantha Hunt

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	17:58.61 (77)
9/11/09	UTC Powerade Opener (2M)	13:25 (21)
10/3/09	Greater Louisville Classic (5K)	20:59.92 (250)
10/17/09	UTC Frontrunner Invitational (2M)	12:32 (11)
10/31/09	Sun Belt Championships (5K)	22:05.26 (24)

Amber Kassaba

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	16:44.14 (61)
9/11/09	UTC Powerade Opener (2M)	12:33 (13)
9/19/09	WKU Old Timers Classic (5K)	19:56.09 (22)
10/3/09	Greater Louisville Classic (5K)	19:32.44(140)
10/17/09	UTC Frontrunner Invitational (2M)	12:12 (9)
10/31/09	Sun Belt Championships (5K)	23:04.57 (47)

Alissa Ruggle

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	16:36.71 (56)
9/11/09	UTC Powerade Opener (2M)	13:00 (17)
10/3/09	Greater Louisville Classic (5K)	20:35.66 (225)
10/17/09	UTC Frontrunner Invitational (2M)	12:30 (10)
10/31/09	Sun Belt Championships (5K)	22:51.37 (42)

Zamzam Sangau

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	14:17.00 (2)
9/11/09	UTC Powerade Opener (2M)	11:24 (2)
9/19/09	WKU Old Timers Classic (5K)	17:40.51 (2)
10/3/09	Greater Louisville Classic (5K)	17:43.05 (11)
10/17/09	UTC Frontrunner Invitational (2M)	11:13 (1)
10/31/09	Sun Belt Championships (5K)	19:49.09 (3)
11/14/09	NCAA South Regional (6K)	20:30.22 (5)
11/23/09	NCAA Championships (6K)	21:36.0 (143)

Jackie Serem

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	15:12.95 (26)
9/11/09	UTC Powerade Opener (2M)	11:47 (4)
9/19/09	WKU Old Timers Classic (5K)	18:45.37 (10)
10/3/09	Greater Louisville Classic (5K)	18:26.75 (45)
10/17/09	UTC Frontrunner Invitational (2M)	11:34 (4)
10/31/09	Sun Belt Championships (5K)	20:30.52 (7)
11/14/09	NCAA South Regional (6K)	21:51.65 (43)

Stephanie Smith

Date	Event	Time (Finish)
9/4/09	Belmont Opener (4K)	15:31.93 (34)
9/11/09	UTC Powerade Opener (2M)	13:41 (24)
10/3/09	Greater Louisville Classic (5K)	21:37.41(267)
10/17/09	UTC Frontrunner Invitational (2M)	13:06 (13)
10/31/09	Sun Belt Championships (5K)	22:14.98 (27)

MEET RESULTS

Belmont Opener (9/05 - 4K)

1. Vanderbilt	42
2. Alabama	57
3. UAB	109
4. Middle Tennessee	124
5. Tennessee	129
6. Belmont	142
7. Murray State	164
8. Lipscomb	170
9. Tennessee-Martin	271

Top MT Finisher: Zamzam Sangau (2)

UTC Powerade Invitational (9/11 - 2M)

1. Middle Tennessee	41
2. Chattanooga	42
3. Kennesaw State	48
4. Mercer	98
5. Tennessee State	150

Top MT Finisher: Zamzam Sangau (2)

WKU Old Timers Classic (9/19 - 5K)

No Team Scoring	
Top MT Finisher: Zamzam Sangau (2)	

Greater Louisville Classic (10/3 - 8K)

1. Purdue	88
2. Kentucky	130
3. Louisville	141
t4. Missouri	173
t4. Western Kentucky	173
6. Vanderbilt	179
t7. Central Michigan	208
t7. Eastern Kentucky	208
9. Washington University (St. Louis)	290
10. Southern Indiana	295
11. Davidson	360
12. Mississippi State	379
13. Middle Tennessee	386
14. Belmont	426
15. Elon	430
16. Georgia State	497
17. Rend Lake College	533
18. Findlay	538
19. Bellarmine	551
20. Oakland	570
21. Lipscomb	571
22. Mississippi	587
23. Arkansas State	600
24. Lewis	646
25. Northern Kentucky	652
26. Southeast Missouri State	657
27. Shorter College	686
28. Detroit Mercy	716
29. UALR	721
30. Cornerstone University	756

31. Seton Hall	816
32. Lee	853
33. Morehead State	965
34. Augusta State	1002
35. East Tennessee State	1158

Top MT Finisher: Zamzam Sangau (11)

UTC Invitational (10/17 - 2M)

1. Chattanooga	26
2. Middle Tennessee	29
3. Tennessee State	80

Top MT Finisher: Zamzam Sangau (1)

Sun Belt Championships (10/31 - 5K)

1. Western Kentucky	53
2. Middle Tennessee	65
3. North Texas	98
4. Florida Atlantic	103
5. Arkansas-Little Rock	141
6. Arkansas State	142
7. South Alabama	152
8. Troy	166
9. Louisiana-Monroe	229
10. Louisiana-Lafayette	239
11. Florida International	302

Top MT Finisher: Zamzam Sangau (3)

NCAA South Regional (11/14 - 6K)

1. Florida	33
2. Florida State	54
.....
23. Jacksonville State	637

No Full Middle Tennessee Team

Top Finisher: Zamzam Sangau (5)

NCAA Championships (11/23 - 6K)

1. Villanova	86
2. Florida State	133
.....
33. Indiana	716

No Full Middle Tennessee Team

Top Finisher: Zamzam Sangau (143)

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Men's Individual and Team Results

Isaac Biwott

Date	Event	Time (Finish)
9/4/09	Belmont Opener (5K)	16:24.15 (18)
9/11/09	UTC Powerade Opener (5K)	16:17 (11)
9/19/09	WKU Old Timers Classic (8K)	26:55.52 (17)
10/3/09	Greater Louisville Classic (8K)	25:47.92 (104)
10/17/09	UTC Frontrunner Invitational (5K)	16:01 (5)
10/31/09	Sun Belt Championships (8K)	27:52.35 (9)

Philip Benavides

Date	Event	Time (Finish)
10/31/09	Sun Belt Championships (8K)	32:12.02 (72)

Festus Chemaoui

Date	Event	Time (Finish)
9/4/09	Belmont Opener (5K)	15:11.96 (1)
9/11/09	UTC Powerade Opener (5K)	15:30 (1)
9/19/09	WKU Old Timers Classic (8K)	24:59.51 (3)
10/3/09	Greater Louisville Classic (8K)	24:20.48 (10)
10/17/09	UTC Frontrunner Invitational (5K)	15:11 (1)
10/31/09	Sun Belt Championships (8K)	26:42.14 (2)
11/14/09	NCAA South Regional (10K)	30:38.50 (13)
11/23/09	NCAA Championships (10K)	31:21.1 (146)

David Emery

Date	Event	Time (Finish)
9/4/09	Belmont Opener (5K)	16:26.67 (23)
9/11/09	UTC Powerade Opener (5K)	16:17 (12)
9/19/09	WKU Old Timers Classic (8K)	27:32.74 (22)
10/3/09	Greater Louisville Classic (8K)	25:37.57 (85)
10/17/09	UTC Frontrunner Invitational (5K)	15:59 (4)
10/31/09	Sun Belt Championships (8K)	28:00.88 (11)

Chris Mason

Date	Event	Time (Finish)
9/4/09	Belmont Opener (5K)	15:47.40 (5)
9/11/09	UTC Powerade Opener (5K)	16:12 (8)
9/19/09	WKU Old Timers Classic (8K)	26:09.14 (9)
10/3/09	Greater Louisville Classic (8K)	25:18.57 (57)
10/17/09	UTC Frontrunner Invitational (5K)	16:04 (6)
10/31/09	Sun Belt Championships (8K)	27:42.24 (8)
11/14/09	NCAA South Regional (10K)	32:09.05 (46)

William Songock

Date	Event	Time (Finish)
9/4/09	Belmont Opener (5K)	15:36.59 (3)
9/11/09	UTC Powerade Opener (5K)	15:44 (3)
9/19/09	WKU Old Timers Classic (8K)	25:20.75 (5)
10/3/09	Greater Louisville Classic (8K)	24:23.53 (14)
10/17/09	UTC Frontrunner Invitational (5K)	15:21 (2)
10/31/09	Sun Belt Championships (8K)	27:32.13 (6)

Josh Wheeler

Date	Event	Time (Finish)
9/4/09	Belmont Opener (5K)	17:50.00 (54)
9/11/09	UTC Powerade Opener (8K)	18:25 (38)
9/19/09	WKU Old Timers Classic (5K)	30:13.23 (31)
10/3/09	Greater Louisville Classic (8K)	29:23.36 (321)
10/17/09	UTC Frontrunner Invitational (5K)	19:09 (12)
10/31/09	Sun Belt Championships (8K)	DNF

MEET RESULTS

Belmont Opener (9/05 - 5K)

1. Middle Tennessee	45
2. Belmont	57
3. Lipscomb	78
t4. Vanderbilt	96
t4. Belmont-Alumni	96
6. Tennessee-Martin	142
7. Murray State	169

Top MT Finisher: Festus Chemaoui (1)

UTC Powerade Opener (9/11 - 5K)

1. Middle Tennessee	28
2. Chattanooga	48
3. Kennesaw State	55
4. Mercer	81
5. Tennessee State	149

Top MT Finisher: Festus Chemaoui (1)

WKU Old Timers Classic (9/19 - 5K)

No Team Scoring

Top MT Finisher: Festus Chemaoui (3)

Greater Louisville Classic (10/3 - 8K)

1. Louisville	68
2. Kentucky	153
3. Tennessee	188
4. Central Michigan	205
5. Middle Tennessee	251
6. Davidson College	259
7. Queens University (Charlotte)	206
8. Eastern Kentucky	274
9. Rend Lake College	284
10. Purdue	288
11. Southern Indiana	345
12. Oakland	350
13. Arkansas	363
14. Mississippi State	413
15. Belmont	435
16. East Tennessee State	514
17. Washington University (St. Louis)	520
18. Western Kentucky	543
19. McKendree College	567
20. Cornerstone University	616
21. Detroit Mercy	629
22. Bellarmine	635
23. Lipscomb	664
24. Southeast Missouri State	667
25. Bryan College	671
26. Elon	681
27. Mississippi	717
28. Georgia State	728
29. Centre College	753
30. Vanderbilt	771
31. Shorter College	796
32. Northern Kentucky	797
33. Morehead State	848
34. Arkansas State	876
35. Findlay	880
36. Lee	898
37. Wheeling Jesuit	1024
38. Seton Hall	1107

Top MT Finisher: Festus Chemaoui (11)

UTC Invitational (10/17 - 5K)

1. Middle Tennessee	18
2. Chattanooga	37

Top MT Finisher: Festus Chemaoui (1)

Sun Belt Championships (10/31 - 8K)

1. Middle Tennessee	36
2. South Alabama	43
3. Arkansas-Little Rock	86
4. North Texas	158
5. Troy	161
5. Western Kentucky	161
7. Florida Atlantic	181
8. Arkansas State	185
9. Louisiana-Monroe	195
10. Florida International	210
11. Louisiana-Lafayette	280

Top MT Finisher: Festus Chemaoui (2)

NCAA South Regional (11/14 - 10K)

1. Alabama	45
2. Florida State	80
.....
26. Miami	716

No Full Middle Tennessee Team

Top Finisher: Festus Chemaoui (13)

NCAA Championships (11/23 - 10K)

1. Oklahoma State	127
2. Oregon	143
.....
31. Michigan State	654

No Full Middle Tennessee Team

Top Finisher: Festus Chemaoui (146)