

Chemaoui wins 3,000 at Valentine Invitational

Sangau sets school record at GVSU meet

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MURFREESBORO, Tenn. - Middle Tennessee's Festus Chemaoui won the 3,000 meters at the MT Valentine Invitational at Murphy Center highlighting the event for the host Blue Raiders.

Chemaoui's victory in the event, came just hours after placing sixth in 800 meters at the GVSU Big Meet in Allendale, Mich., late yesterday evening. His time of 1:50.77 in the 800 earned the Kenya native an NCAA provisional qualifying time making him eligible for next month's NCAA Championships.

Female distance runner Zamzam Sangau broke her own school record in the 800 meters at the GVSU Big Meet finishing in a time of 2:06.11 placing her 11th overall in the NCAA making her eligible for the NCAA Championships.

Highlights from the MT

Valentine Invitational include Nyeisha Wright placing second in both the 55 and 200 meters in respective times of 7.09 and 24.33. Her time in the 200 meters set a lifetime best. Kiara Henry placed fifth in the 55 meters in 7.23 and fourth in 200 with a time of 25.30. Henry also took first in the long jump leaping 18-8.25 (5.69m) with teammate Kortney Thurman placing third with a mark of 18-3.25 (5.57m).

Thrower MeLyn Thompson placed second in the shot put with a toss of 47-8 (14.83m).

In the distance races, Stephanie Smith took second in the 800 meters in 2:21.74 with teammate Kayla Bryan placing 12th in 2:25.58 for a career best. Jackie Serem finished seventh in the mile run



in 5:20.09 and Kristen Tithof set a personal best of 10:46.49 in the 3,000 meters.

For the men, Robert Carter placed fourth in the 55 meters in 6.49 and third in the 200 meters in 22.11 for a lifetime best. Curtis King came in second in the 200 in 21.87.

Roscoe Payne set a lifetime best of 7.44 in the preliminary round of the 55-meter hurdles. He finished third overall in the event.

David Emery finished third in the 3,000 meters in 8:41.61. Isaac Biwott came in seventh in 8:49.86 with Chris Mason finishing just behind in eighth in 8:51.47.

The teams will not compete next weekend in order to prepare for the Sun Belt Conference Indoor Championships on February 27 and 28. Full results and coverage will be available on goblueraiders.com and sunbeltsports.org.

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