

# 2009-10 Middle Tennessee Track & Field

## OVERALL MEN'S/WOMEN'S INDOOR PERFORMANCE CHART

● \* - NCAA automatic mark ● + - NCAA provisional mark ● ! - indoor personal best ● ^ - oversized track ● \$ - Non-NCAA event  
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<b>Marla Bailey</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>5,000 Meters</b>	<b>4x400 Relay</b>	
MT Christmas Invitational (12/12/09)		10:23.36 (3)!			
Kentucky Invitational (1/15-16/10)	5:14.90 (30)!				
Blue Raider Invitational (1/23/10)	5:12.53 (2)!			4:24.58 (6)	
Rod McCravy Memorial (1/29-30/10)		9:59.73 (7)!			
Sun Belt Championship (2/27-28/10)		10:17.16 (6)	17:52.10 (3)		
<b>Philip Benavides</b>	<b>800 Meters</b>				
MT Christmas Invitational (12/12/09)	1:57.88 (3)				
<b>Isaac Biwott</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>DMR</b>	
MT Christmas Invitational (12/12/09)		4:29.60 (3)			
Ed Temple Classic (1/11/10)	2:03.81 (10)			10:26.04 (1)	
Kentucky Invitational (1/15-16/10)		4:30.47 (26)			
Blue Raider Invitational (1/23/10)	1:59.94 (2)				
Rod McCravy Memorial (1/29-30/10)		4:20.91 (26)			
MT Valentine Invitational (2/13/10)			8:49.86 (7)		
Sun Belt Championship (2/27-28/10)		4:14.89 (5)		10:10.34 (3)	
<b>David Boiywo</b>	<b>Mile Run</b>	<b>3,000 Meters</b>			
MT Christmas Invitational (12/12/09)	4:35.68 (16)				
MT Valentine Invitational (2/13/10)		9:06.03 (13)			
<b>Kayla Bryan</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>		
MT Christmas Invitational (12/12/09)			11:52.99 (9)		
Kentucky Invitational (1/15-16/10)		5:42.62 (50)			
Blue Raider Invitational (1/23/10)			11:30.52 (12)		
Rod McCravy Memorial (1/29-30/10)	2:31.05 (18)	5:57.66 (45)			
MT Valentine Invitational (2/13/10)	2:25.58 (12)				
Sun Belt Championships (2/27-28/10)	2:30.25 (22)p	5:39.29 (25)			
<b>Robert Carter</b>	<b>55 Meters</b>	<b>60 Meters</b>	<b>200 Meters</b>	<b>400 Meters</b>	<b>4x400 Relay</b>
MT Christmas Invitational (12/12/09)	6.41 (2)!		22.41 (6)		
Ed Temple Classic (1/11/10)	6.61 (11) p		22.95 (12)		3:26.45 (5)
Kentucky Invitational (1/15-16/10)				50.20 (28)	
Blue Raider Invitational (1/23/10)	6.53 (5)p/6.45 (2)				
Rod McCravy Memorial (1/29-30/10)		7.06 (18)p/6.97 (15)	22.22		3:18.88 (9)
Middle Tennessee Invitational (2/6/10)	6.49 (3)p/6.51 (3)		22.24 (4)		
MT Valentine Invitational (2/13/10)	6.49 (3)p/ 6.49 (3)		22.11 (3)		
Sun Belt Championship (2/27-28/10)	6.44 (10)p		22.94 (17)		3:20.96 (3)
<b>Justin Chambers</b>	<b>200 Meters</b>	<b>400 Meters</b>	<b>4x400 Relay</b>	<b>DMR</b>	
MT Christmas Invitational (12/12/09)	23.18 (14)	51.71 (4)			
Ed Temple Classic (1/11/10)		50.54 (6)			
Kentucky Invitational (1/15-16/10)	22.59 (24)	50.31 (30)	3:26.45 (5)		
Blue Raider Invitational (1/23/10)		51.0 (1)			
Rod McCravy Memorial (1/29-30/10)		50.30 (27)	3:18.88 (9)		
Middle Tennessee Invitational (2/6/10)	22.77 (8)	51.02 (8)			
MT Valentine Invitational (2/13/10)	22.78 (11)	51.79 (20)	3:20.96 (3)	10:10.34 (3)	

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### Festus Chemaoui

MT Christmas Invitational (12/12/09)  
Ed Temple Classic (1/11/10)  
Kentucky Invitational (1/15-16/10)  
Blue Raider Invitational (1/23/10)  
Rod McCravy Memorial (1/29-30/10)  
GVSU Big Meet (2/12-13/10)  
MT Valentine Invitational (2/13/10)  
Sun Belt Championship (2/27-28/10)

### 400 Meters

51.03 (2)

### 800 Meters

1:54.74 (1)  
1:54.51 (1)  
1:54.95  
1:50.77 (6)+!

### Mile Run

4:09.67 (8)

### 3,000 Meters

8:28.53 (10)

8:33.15 (1)

### 4x400 Relay

3:26.45 (5)

### DMR

Ed Temple Classic (1/11/10)  
Sun Belt Championship (2/27-28/10)

10:26.04 (1)  
10:10.34 (3)

### Brittany Cox

MT Christmas Invitational (12/12/09)  
Ed Temple Classic (1/11/10)  
Kentucky Invitational (1/15-16/10)  
Blue Raider Invitational (1/23/10)  
Rod McCravy Memorial (1/29-30/10)  
Middle Tennessee Invitational (2/6/10)  
Sun Belt Championship (2/27-28/10)

### Shot Put

49-5.5 (1)!r  
49-00.75 (1)  
50-2 (7)!r+  
48-5 (1)  
52-10.75 (2)!r+  
53-5.5 (1)!r+  
48-11.5 (1)

### Weight Throw

57-4.5 (1)  
60-10.75 (2)!r  
61-0.25 (5)!r  
62-8 (1)!r+  
66-8.75 (3)!r+  
67-6 (1)!r+  
61-11 (1)

### Jarell Dorsey

Rod McCravy Memorial (1/29-30/10)  
MT Valentine Invitational (2/13/10)  
Sun Belt Championship (2/27-28/10)

### 55 Meters

6.88 (26)  
6.77 (25)

### 60 Meters

7.37 (41)

### Ann Dudley

MT Christmas Invitational (12/12/09)  
Ed Temple Classic (1/11/10)  
Kentucky Invitational (1/15-16/10)  
Sun Belt Championship (2/27-28/10)

### 55 Meter Hurdles

8.44 (4)  
8.71 (5)p/ 8.59 (8.59)  
8.58 (17)p

### 60 Meter Hurdles

9.45 (41)

### High Jump

5-2 (2)  
5-2.25 (4)  
5-0.25 (12)

### Triple Jump

36-5.75 (15)

### David Emery

MT Christmas Invitational (12/12/09)  
Ed Temple Classic (1/11/10)  
Kentucky Invitational (1/15-16/10)  
Blue Raider Invitational (1/23/10)  
Rod McCravy Memorial (1/29-30/10)  
MT Valentine Invitational (2/13/10)  
Sun Belt Championship (2/27-28/10)

### 800 Meters

1:56.08 (2)  
1:56.07 (2)!  
1:58.40 (1)  
1:54.62 (2)p/1:58.70 (9)

### Mile Run

4:12.12 (1)!  
4:13.79 (14)  
4:12.45 (3)

### 3,000 Meters

8:38.57 (16)!  
8:41.61 (3)

### DMR

10:26.04 (1)  
10:10.34 (3)

### Matt Farris

MT Christmas Invitational (12/12/09)

### 400 Meters

54.35 (9)

### Sean Giffin

MT Christmas Invitational (12/12/09)  
Kentucky Invitational (1/15-16/10)  
Blue Raider Invitational (1/23/10)  
Rod McCravy Memorial (1/29-30/10)  
Middle Tennessee Invitational (2/6/10)  
MT Valentine Invitational (2/13/10)  
Sun Belt Championship (2/27-28/10)

### 800 Meters

2:12.57 (8)  
2:18.45 (27)  
2:10.88 (9)  
2:15.86 (34)  
2:15.83 (20)  
2:15.25 (14)  
2:14.77 (21)

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<b>Stanley Gbagbeke</b>	<b>55 Meters</b>	<b>60 Meters</b>	<b>200 Meters</b>	<b>Long Jump</b>	<b>Triple Jump</b>
MT Christmas Invitational (12/12/09)			21.92 (3)	25-3 (1)+	42-4 (3)
Ed Temple Classic (1/11/10)	6.57 (9)p				
Kentucky Invitational (1/15-16/10)		6.93 (17)p/6.94 (16)		24-1.25 (3)	
Blue Raider Invitational (1/23/10)	6.50 (4)p/6.47 (3)				
Rod McCravy Memorial (1/29-30/10)		6.86 (8)p	21.68 (10)		
Middle Tennessee Invitational (2/6/10)	6.40 (2)p			25-5.25 (1)+	
Sun Belt Championship (2/27-28/10)	6.35 (2)p/6.42 (6)		21.86 (6)p/21.95 (4)	25-4.5 (1)+	44-6.25 (11)
	<b>4x400 Relay</b>				
Kentucky Invitational (1/15-16/10)	3:26.45 (5)				
<b>Kiara Henry</b>	<b>55 Meters</b>	<b>60 Meters</b>	<b>200 Meters</b>	<b>Long Jump</b>	<b>4x400 Relay</b>
MT Christmas Invitational (12/12/09)	7.12 (2)!		25.84 (3)	18-5.25 (3)	
Ed Temple Classic (1/11/10)	7.30 (5)p/ 7.15 (1)			17-3.25 (5)	3:54.03 (1)
Kentucky Invitational (1/15-16/10)		7.72 (21)	25.26 (22)!	18-7 (8)	
Blue Raider Invitational (1/23/10)	7.23 (4)p/7.23 (3)		25.43 (3)	17-6.75 (4)	
Rod McCravy Memorial (1/29-30/10)				18-10.75 (4)	
Middle Tennessee Invitational (2/6/10)	7.17 (2)p/7.18 (2)			19-1.5 (3)!	
MT Valentine Invitational (2/13/10)	7.22 (4)p/7.23 (5)		25.30 (4)	18-8.25 (1)	
Sun Belt Championships (2/27-28/10)	6.99 (1)!p/7.07 (4)		25.34 (13)p		
<b>Samantha Hunt</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>		
MT Christmas Invitational (12/12/09)			11:31.52 (7)		
Kentucky Invitational (1/15-16/10)	2:44.86 (34)	5:59.72 (54)			
Blue Raider Invitational (1/23/10)			11:30.02 (11)		
Rod McCravy Memorial (1/29-30/10)	2:38.96 (26)	5:35.33 (40)			
<b>Amber Jackson</b>	<b>200 Meters</b>	<b>400 Meters</b>	<b>4x400 Meter Relay</b>	<b>DMR</b>	
MT Christmas Invitational (12/12/09)		1:00.20 (4)	3:51.9 (1)		
Ed Temple Classic (1/11/10)		1:00.14 (6)	3:54.03 (1)		
Kentucky Invitational (1/15-16/10)		58.10 (25)			
Blue Raider Invitational (1/23/10)	26.28 (7)	57.79 (1)			
Rod McCravy Memorial (1/29-30/10)		57.76 (13)			
MT Valentine Invitational (2/13/10)		57.20 (3)			
Sun Belt Championships (2/27-28/10)		57.30 (4)p/57.43 (3)		12:12.59 (2)r	
<b>D.D. Kyles</b>	<b>55 Meters</b>				
MT Valentine Invitational (2/13/10)	6.61 (11)p				
Sun Belt Championship (2/27-28/10)	6.51 (16)p				
<b>Vincent Johnson</b>	<b>200 Meters</b>	<b>400 Meters</b>	<b>Long Jump</b>	<b>Triple Jump</b>	<b>4x400 Relay</b>
MT Christmas Invitational (12/12/09)	23.17 (13)	53.60 (8)			
Ed Temple Classic (1/11/10)			20-6.25 (9)	39-7.25 (11)	
Kentucky Invitational (1/15-16/10)	22.88 (29)	52.41 (43)	20-5 (20)		
Blue Raider Invitational (1/23/10)		53.19 (4)	21-1.25 (6)		
Rod McCravy Memorial (1/29-30/10)			22-0.25 (6)		3:18.88 (9)
Middle Tennessee Invitational (2/6/10)		52.38 (13)	20-9.5 (9)		
Sun Belt Championship (2/27-28/10)			21-9.5 (19)		
<b>Amber Kassuba</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>		
MT Christmas Invitational (12/12/09)	2:38.22 (6)	5:47.18 (12)			
Kentucky Invitational (1/15-16/10)	2:45.82 (35)	5:51.13 (52)			
Blue Raider Invitational (1/23/10)			11:26.69 (10)		
Rod McCravy Memorial (1/29-30/10)		5:37.89 (41)			
Middle Tennessee Invitational (2/6/10)	2:27.81 (10)				
MT Valentine Invitational (2/13/10)	2:35.48 (25)				
Sun Belt Championship (2/27-28/10)	2:31.01 (23)p	5:35.54 (22)			

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<b>Curtis King</b>	<b>55 Meters</b>	<b>200 Meters</b>	<b>400 Meters</b>	<b>4x400 Meters</b>	
MT Christmas Invitational (12/12/09)	6.37 (1)!	21.46 (1)			
Ed Temple Classic (1/11/10)	6.51 (1)p /6.42 (4)	22.24 (3)			
Middle Tennessee Invitational (2/6/10)			49.73 (3)		
MT Valentine Invitational (2/13/10)		21.87 (2)			
Sun Belt Championship (2/27-28/10)	6.54 (17)	22.13 (13)		3:20.96 (3)	
<b>Chris Mason</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>5,000 Meters</b>	
MT Christmas Invitational (12/12/09)			8:57.72 (3)		
Kentucky Invitational (1/15-16/10)			8:54.60 (31)		
Blue Raider Invitational (1/23/10)	2:08.51 (8)	4:27.57 (5)!			
Rod McCravy Memorial (1/29-30/10)			8:45.68 (28)		
Middle Tennessee Invitational (2/6/10)		4:28.68 (9)			
MT Valentine Invitational (2/13/10)			8:51.47 (8)		
Sun Belt Championship (2/27-28/10)			8:41.56 (9)	15:08.06 (6)	
<b>Sarah Nambawa</b>	<b>55 Meters</b>	<b>200 Meters</b>	<b>Long Jump</b>	<b>Triple Jump</b>	<b>4x400 Meter Relay</b>
MT Christmas Invitational (12/12/09)	7.33 (5)	25.74 (2)	20-10.5 (1)!r+	44-3 (1)*	3:51.9 (1)
<b>Roscoe Payne</b>	<b>55 Meter Hurdles</b>	<b>60 Meter Hurdles</b>	<b>4x400 Relay</b>		
Ed Temple Classic (1/11/10)	7.59 (2) p/12.20 (10)	FS			
Kentucky Invitational (1/15-16/10)					
Blue Raider Invitational (1/23/10)	7.75 (2) p/7.50 (1)				
Rod McCravy Memorial (1/29-30/10)		8.26 (7)p/8.34 (8)	3:18.88 (9)		
Middle Tennessee Invitational (2/6/10)	7.54 (2)p/7.44 (2)!				
MT Valentine Invitational (2/13/10)	7.44 (2)!p/7.63 (3)				
Sun Belt Championship (2/27-28/10)	7.46 (3)p/7.46 (4)		3:20.96 (3)		
<b>Cherice Robertson</b>	<b>55 Meters Hurdles</b>	<b>60 Meter Hurdles</b>	<b>High Jump</b>	<b>Long Jump</b>	<b>Triple Jump</b>
MT Christmas Invitational (12/12/09)	7.99 (1)		5-6 (1)		
Ed Temple Classic (1/11/10)	8.04 (1)p/ 8.06 (1)		5-8 (1)!r		
Kentucky Invitational (1/15-16/10)		8.61 (13) p/8.57 (13)	5-6 (11)		
Blue Raider Invitational (1/23/10)	7.84 (1)p!+/7.87 (2)		5-8 (1)!r		
Rod McCravy Memorial (1/29-30/10)		8.54 (5)p/8.61 (7)	5-6 (4)		37-0.25 (8)
Middle Tennessee Invitational (2/6/10)	8.01 (1)p/7.91 (1)		5-7 (1)		
GVSU Big Meet (2/12-13/10)			5-6 (2)		
Sun Belt Championships	7.91 (2)p/7.77 (2)!+		5-6 (1)	19-4.75 (3)	38-4.75 (6)
<b>Alissa Ruggle</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>4x400 Relay</b>	<b>DMR</b>
MT Christmas Invitational (12/12/09)	2:30.02 (2)	5:33.18 (8)			
Ed Temple Classic (1/11/10)	2:32.25 (8)				12:45.41 (1)
Kentucky Invitational (1/15-16/10)	2:26.51 (20)				
Blue Raider Invitational (1/23/10)	2:22.66 (2)			4:24.58 (6)	
Rod McCravy Memorial (1/29-30/10)		5:16.51. (31)	10:43.97 (6)	4:13.25 (11)	
Middle Tennessee Invitational (2/6/10)					
MT Valentine Invitational (2/13/10)	2:32.03 (22)				
Sun Belt Championship (2/27-28/10)	2:22.53 (14)p	5:17.63 (12)			12:12.59 (2)r
<b>Zamzam Sangau</b>	<b>400 Meters</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>4x400 Relay</b>
MT Christmas Invitational (12/12/09)		2:13.73 (1)			3:51.9 (1)
Ed Temple Classic (1/11/10)					3:54.03 (1)
Kentucky Invitational (1/15-16/10)		2:07.23 (2)!r+			
Blue Raider Invitational (1/23/10)			9:55.63 (1)		
Rod McCravy Memorial (1/29-30/10)		2:10.32 (1)	4:53.72 (5)		4:13.25 (11)
GVSU Big Meet (2/12-13/10)		2:06.11 (1)!r+			
Sun Belt Championships (2/27-28/10)	56.19 (1)p!	2:16.68 (2)p!	5:03.47 (6)		
	<b>DMR</b>				
Ed Temple Classic (1/11/10)	12:45.41				
Sun Belt Championships (2/27-28/10)	12:12.59 (2)r				

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<b>Jackie Serem</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>5,000 Meters</b>	<b>4x400 Relay</b>
MT Christmas Invitational (12/12/09)			10:39.49 (5)		
Ed Temple Classic (1/11/10)					
Kentucky Invitational (1/15-16/10)	2:29.39 (25)	5:25.30 (43)			
Blue Raider Invitational (1/23/10)		5:13.66 (3)!			4:24.58 (6)
Rod McCravy Memorial (1/29-30/10)			10:21.63 (14)		
MT Valentine Invitational (2/13/10)		5:20.09 (7)			
Sun Belt Championships (2/27-28/10)			10:34.96 (7)	18:09.48 (6)	
	<b>DMR</b>				
Ed Temple Classic (1/11/10)	12:45.41 (1)				
<b>Stephanie Smith</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>4x400 Relay</b>	<b>DMR</b>
Ed Temple Classic (1/11/10)	2:27.30 (5)				12:45.41 (1)
Kentucky Invitational (1/15-16/10)		5:24.30 (42)			
Blue Raider Invitational (1/23/10)	2:20.61 (1)!			4:24.58 (6)	
Rod McCravy Memorial (1/29-30/10)		5:11.58 (24)		4:13.26 (11)	
Middle Tennessee Invitational (2/6/10)			10:34.45 (2)		
MT Valentine Invitational (2/13/10)	2:21.74 (2)				
Sun Belt Championships (2/27-28/10)	2:17.51 (5)p/2:20.80 (7)	5:10.84 (9)			12:12.59 (2)r
<b>DeRey Sloss</b>	<b>55 Meter Hurdles</b>	<b>60 Meter Hurdles</b>			
Ed Temple Classic (1/11/10)	7.68 (3)p/ 7.55 (2)				
Kentucky Invitational (1/15-16/10)		8.19 (7)p/8.42 (13)			
Blue Raider Invitational (1/23/10)	7.59 (1)p/7.54 (2)				
Rod McCravy Memorial (1/29-30/10)		8.14 (4)p/8.43 (10)			
Middle Tennessee Invitational (2/6/10)	7.60 (3)p/7.50 (3)				
Sun Belt Championship (2/27-28/10)	7.62 (9)p/7.46 (4)				
<b>William Songock</b>	<b>3,000 Meters</b>	<b>5,000 Meters</b>			
MT Christmas Invitational (12/12/09)	8:44.12 (1)				
Sun Belt Championship (2/27-28/10)		8:31.59 (6)			
<b>Philip Tanner</b>	<b>55 Meters</b>	<b>200 Meters</b>			
MT Christmas Invitational (12/12/09)	6.57 (8)p/6.57 (6)				
MT Valentine Invitational (2/13/10)	6.55 (7)p	23.14 (17)			
Sun Belt Championship (2/27-28/10)	6.50 (13)p				
<b>Caroline Tanui</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>5,000 Meters</b>	<b>4x400 Relay</b>
Blue Raider Invitational (1/23/10)	2:32.34 (11)	5:39.41 (10)			
Rod McCravy Memorial (1/29-30/10)	2:36.18 (24)	5:33.70 (38)			4:13.25 (11)
Middle Tennessee Invitational (2/6/10)		5:28.67 (21)			
MT Valentine Invitational (2/13/10)			10:49.72 (11)		
Sun Belt Championships (2/27-28/10)			10:48.56 (10)	19:14.20 (24)	
<b>MeLyn Thompson</b>	<b>Shot Put</b>				
MT Christmas Invitational (12/12/09)	42-10.5 (2)				
Ed Temple (1/10/10)	44-4.75 (2)				
Kentucky Invitational (1/15-16/10)	46-2.5 (12)				
Blue Raider Invitational (1/23/10)	47-5 (2)				
MT Valentine Invitational (2/13/10)	47-8 (2)				
Sun Belt Championship (2/27-28/10)	46-6 (4)				
<b>Kristen Tithof</b>	<b>800 Meters</b>	<b>Mile Run</b>	<b>3,000 Meters</b>	<b>5,000 Meters</b>	
Kentucky Invitational (1/15-16/10)		5:38.30 (48)			
Blue Raider Invitational (1/23/10)			11:00.85 (5)!		
Rod McCravy Memorial (1/29-30/10)	2:38.05 (25)	5:33.04 (37)			
MT Valentine Invitational (2/13/10)			10:46.49 (7)!		
Sun Belt Championships (2/27-28/10)				19:11.93 (22)	

# 2009-10 Middle Tennessee Track & Field

## OVERALL MEN'S/WOMEN'S INDOOR PERFORMANCE CHART

● \* - NCAA automatic mark ● + - NCAA provisional mark ● ! - indoor personal best ● ^ - oversized track ● \$ - Non-NCAA event  
● f - facility record ● h - hand-timed ● p - prelim mark ● s - semifinals ● r - school record ● % Standards based upon banked/oversized track

### Kortney Thurman

MT Christmas Invitational (12/12/09)  
Ed Temple Classic (1/10/10)  
Kentucky Invitational (1/15-16/10)  
Blue Raider Invitational (1/23/10)  
Rod McCravy Memorial (1/29-30/10)  
Middle Tennessee Invitational (2/6/10)  
MT Valentine Invitational (2/13/10)  
Sun Belt Championships (2/27-28/10)

### 200 Meters

27.25 (48)

### Long Jump

19-5 (2)!  
18-1.5 (2)  
17-8 (20)  
17-9 (3)  
18-3.5 (5)  
18-3.25 (3)  
18-11.75 (6)

### Triple Jump

Foul  
35-11.25 (12)  
36-5.5 (2)  
35-4 (11)  
33-9.75 (6)  
37-1 (3)  
38-4.75 (8)

### Andrew Wagner

MT Christmas Invitational (12/12/09)  
Kentucky Invitational (1/15-16/10)  
Blue Raider Invitational (1/23/10)  
Middle Tennessee Invitational (2/6/10)  
Sun Belt Championship (2/27-28/10)

### Shot Put

21-1.25 (20)  
33-0 (4)

### Weight Throw

Foul  
33-8 (14)  
35-0.5 (16)

### Nyeisha Wright

MT Christmas Invitational (12/12/09)  
Ed Temple Classic (1/11/10)  
Kentucky Invitational (1/15-16/10)  
Blue Raider Invitational (1/23/10)  
Rod McCravy Memorial (1/29-30/10)  
Middle Tennessee Invitational (2/6/10)  
MT Valentine Invitational (2/13/10)  
Sun Belt Championship (2/27-28/10)

### 55 Meters

7.18 (3)  
7.28 (4)p

### 60 Meters

7.90 (34)  
7.77 (13)p/7.78 (16)

### 200 Meters

25.02 (1)  
25.12 (2)  
25.00 (11)  
24.33 (2)!  
24.62 (5)p

### Long Jump

18-8 (1)  
16-9.75 (30)  
19-0 (1)  
19-11 (1)!  
20-6.5 (1)!

### Triple Jump

39-4.25 (2)  
38-11 (1)  
39-9.75 (3)!  
39-10.25 (1)!  
38-11.5 (5)  
38-8.75 (1)  
39-8.5 (3)

MT Christmas Invitational (12/12/09)  
Ed Temple Classic (1/11/10)

### 4x400 Relay

3:51.9 (1)  
3:54.03 (1)

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### Relays

#### Men

##### 4x400 Meter Relay

Ed Temple Classic (1/11/10)		3:26.45 (5)
	Carter, Gbagbeke, Chemaoui, Chambers	
Rod McCravy Memorial (1/29-30/10)		3:13.88 (9)
	Carter, Payne, Chambers, Johnson	
Sun Belt Championships (2/27-28/10)		3:20.96 (3)
	Carter, Johnson, Chambers, Payne	

##### Distance Medley Relay

Ed Temple Classic (1/11/10)		10:26.04 (1)
	Chemaoui, Payne, Biwott, Emery	
Sun Belt Championships (2/27-28/10)		10:10.34 (3)
	Biwott, Chambers, Emery, Chemaoui	

#### Women

##### 4x400 Meter Relay

MT Christmas Invitational (12/12/09)		3:51.9 (1)
	Jackson, Nambawa, Wright, Sangau	
Ed Temple Classic (1/11/10)		3:54.03 (1)
	Jackson, Wright, Henry, Sangau	
Blue Raider Invitational (1/23/10)		4:24.58 (6)
	Bailey, Smith, Ruggle, Serem	
Rod McCravy Memorial (1/29-30/10)		4:13.25 (11)
	Smith, Sangau, Ruggle, Tanui	
Middle Tennessee Invitational (2/6/10)		4:26.81 (7)
	Kassuba, Ruggle, Hunt, Smith	

##### Distance Medley Relay

Ed Temple Classic (1/11/10)		12:45.41 (1)
	Sangau, Ruggle, Smith, Serem	
Sun Belt Championships (2/27-28/10)		12:12.59 (2)
	Smith, Jackson, Ruggle, Sangau	