EAST - North Carolina A&T, Greensboro

Subject to Change

TWO SITE - THREE DAY SCHEDULE

2010 OUTDOOR TRACK & FIELD CHAMPIONSHIPS
DIVISION I • GREENSBORO, NORTH CAROLINA

EVENT	TIME	DIVISION	ROUND	EVENT	TIME	DIVISION	ROUND	EVENT	TIME	DIVISION	ROUND
THURSDAY				***FRIDAY***				***SATURDAY***			
400 Hurdles	3:30 PM	Men	First Round	110 Hurdles	4:30 PM	Men	First Round	4x100 Relay	6:00 PM	Men	Quarterfinal
400 Hurdles	4:00 PM	Women	First Round	100 Hurdles	5:00 PM	Women	First Round	4x100 Relay	6:15 PM	Women	Quarterfinal
1500 Meters	4:30 PM	Men	First Round	400 Meters	5:30 PM	Men	Quarterfinal	1500 Meters	6:30 PM	Men	Quarterfinal
1500 Meters	5:00 PM	Women	First Round	400 Meters	5:45 PM	Women	Quarterfinal	1500 Meters	6:45 PM	Women	Quarterfinal
100 Meters	5:30 PM	Men	First Round	100 Meters	6:00 PM	Men	Quarterfinal	110 Hurdles	7:05 PM	Men	Quarterfinal
100 Meters	6:00 PM	Women	First Round	100 Meters	6:15 PM	Women	Quarterfinal	100 Hurdles	7:20 PM	Women	Quarterfinal
400 Meters	6:30 PM	Men	First Round	800 Meters	6:30 PM	Men	Quarterfinal	200 Meters	7:35 PM	Men	Quarterfinal
400 Meters	7:00 PM	Women	First Round	800 Meters	6:45 PM	Women	Quarterfinal	200 Meters	7:50 PM	Women	Quarterfinal
800 Meters	7:30 PM	Men	First Round	400 Hurdles	7:00 PM	Men	Quarterfinal	5,000 Meters	8:05 PM	Men	Semifinal
800 Meters	8:00 PM	Women	First Round	400 Hurdles	7:15 PM	Women	Quarterfinal	5,000 Meters	8:45 PM	Women	Semifinal
10,000 Meters	8:30 PM	Men	Semifinal	200 Meters	7:30 PM	Men	First Round	4x400 Relay	9:25 PM	Men	Quarterfinal
10,000 Meters	9:15 PM	Women	Semifinal	200 Meters	8:00 PM	Women	First Round	4x400 Relay	9:45 PM	Women	Quarterfinal
				3000 Steeplechase	8:30 PM	Men	Quarterfinal				
				3000 Steeplechase	9:10 PM	Women	Quarterfinal				
Javelin	10:00 AM	Women	Qualifying	Javelin	10:00 AM	Men	Qualifying	Discus	9:30 AM	Men	Qualifying
Hammer	11:00 AM	Men	Qualifying	Hammer	11:00 AM	Women	Qualifying	Triple Jump	12:00 PM	Men	Qualifying
Long Jump	1:00 PM	Women	Qualifying	Shot Put	3:00 PM	Men	Qualifying	Discus	3:30 PM	Women	Qualifying
Shot Put	3:00 PM	Women	Qualifying	Pole Vault	4:00 PM	Women	Qualifying	Triple Jump	4:00 PM	Women	Qualifying
Pole Vault	4:00 PM	Men	Qualifying	High Jump	5:00 PM	Men	Qualifying				
High Jump	5:00 PM	Women	Qualifying								
Long Jump	5:00 PM	Men	Qualifying								

as of 2/26/10