Henry sets lifetime best in Auburn

Junior runs well in 100 and 200-meter dashes

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AUBURN, Ala. - Kiara Henry set career-bests in the 100 and 200-meter dashes on Saturday at the 2011 War Eagle Invitational.

Henry's lifetime best time of 11.77 in the 100-meter dash was run in the preliminary round of the competition. This is the fifth-fastest time in the league this season. She placed eighth overall in the event. Henry followed this by taking ninth in the 200-meter dash in a PR time of 23.92. Her 200 time sits as the fourth quickest in the Sun Belt in 2011.

Amber Jackson also set a lifetime best on the day. Jackson's time of 2:10.13 in the 800 meters was her fastest all-time and tops the Sun Belt performance list this year.

In jumps, Kortney Thurman finished second collegiately with a leap of 20-1 (6.12m). Henry was fourth, leaping 19-9 (6.02m) on the day.

In men's events, Josh Butler took seventh in the high jump with a leap of 6-6.75 (2.00m). Butler holds the top mark in conference this season, 7-0.25 (2.14m) jumped last weekend at the Boston-Moon Invitational.

Justin Cacaro ran the fastest 1,500 meters of his senior campaign. The Cordova, Tenn., native's time of 4:07.47 slotted him 16th on the day and ranks as his best time since coming to Murfreesboro. Chris Mason finished 18th in a time of 4:08.22, while Keith Davis took 20th in 4:09.04.

Roscoe Payne's time of 53.24 in the 400-meter hurdles is his fastest time run this season and places him fourth in the Sun Belt Conference. Payne 51.0 in the event last season to qualify him for the NCAA East Region Preliminaries.

Middle Tennessee returns to action next weekend as they will compete at the 2011 Vanderbilt Invitational. Post-meet coverage and results will be available on GoBlueRaiders.com.

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