David named SBC Runner of the Week

First Cross Country honor for David

September 14, 2011 · Athletic Communications

MURFREESBORO, Tenn. -- Middle Tennessee senior Justus David was named Sun Belt Male Cross Country Runner of the Week, as announced by the league office on Wednesday.

David earned the conference's men's weekly honor after he won the men's individual title at the PowerAde Invitational on Friday evening in Chattanooga, Tenn. The Kitui, Kenya, product completed the 5k course in 14 minutes, 57 seconds - three seconds ahead of Chattanooga's Chris Berry. With the effort, he became the first Blue Raider this century to claim an individual title in his first competition as a Middle Tennessee cross country runner.

"I am very happy for Justus receiving this honor," said cross country coach Dean Hayes. "He works very hard in practice and is a great competitor, so this is certainly much deserved."

The recognition is the third Sun Belt weekly honor for David, but the first of the cross country variety. He was named Sun Belt Male Runner of the Week in consecutive

weeks in February following his indoor track performances at the Middle Tennessee Invitational and Middle Tennessee Valentine Invitational.

The Blue Raider cross country teams return to action on Saturday when they head to Nashville, Tenn., for the Commodore Classic.

Follow the Middle Tennessee men's and women's cross country teams on Twitter @MTTrackField and on Facebook at the MT Track & Field page. Also, stay up-to-date on the teams on their new blog, which can be found linked on the Track & Field page on GoBlueRaiders.com.

Printed on August 2, 2014
Original URL: http://www.goblueraiders.com/content.cfm/id/54872