

Track & Field trio named SBC Athletes of the Week

Gilstrap, Golden, Henry receive honors

January 25, 2012 · Athletic Communications

MURFREESBORO, Tenn. --

Middle Tennessee sprinters Kenneth Gilstrap and Kiara Henry were named Sun Belt Male and Female Track Athletes of the Week and jumper Cordairo Golden was selected as the conference's Male Field Athlete of the Week, as announced by the league office on Wednesday.

This marks the second consecutive week Golden has been tabbed as one of the league's athletes of the week. The junior received this week's award following this past weekend's Blue Raider Invitational in which he once again posted three top-five finishes in the jumps events. He set personal bests in both the high jump and long jump with respective leaps of 6 feet, 4.75 inches (1.95 meters) and 23-5.25 (7.14m). His triple jump measured 49-6.50 (15.10), good enough for a third-place finish to go along with his pair of runner-up finishes.



In his first competition of the season, Gilstrap clocked a time of 6.38 seconds to claim the men's 55 meters title. The sophomore also ran a 6.35 in the preliminaries of the event which currently ranks as the country's eighth best time this season in the 55 meters. This is the first time Gilstrap has been selected as the conference's athlete of the week.

Henry won the 200 meters on Saturday, recording a time of 24.89 seconds and finished as the top collegiate finisher in the 55 meters after running a 7.17. The Atmore, Ala., native also placed fourth

in the long jump, leaping 19-4.25 (5.90m). The honor is the second Sun Belt weekly award for Henry as she was recognized following her performance at last season's Middle Tennessee Invitational.

"It is always an honor to be recognized as one of the league's athletes of the week," said Middle Tennessee head coach Dean Hayes. "Kenneth, Cordairo and Kiara all performed extremely well this past weekend and are certainly very deserving of the recognition."

The Middle Tennessee track and field teams return to action this weekend when they return to Lexington, Ky., for the Rod McCravy Memorial which begins Friday evening and runs through Saturday.

Follow the Blue Raider track and field teams on Twitter @MTTrackField and on Facebook at the MT Track & Field page. Also, stay up-to-date on the teams on the new Track & Field Notebook, which can be found [here](#) as well as linked on the Track & Field page on GoBlueRaiders.com.

Printed on July 28, 2014

Original URL: <http://www.goblueraiders.com/content.cfm/id/57989>