

Track & Field to compete in Black and Gold Meet

Blue Raiders make first of three Nashville trips

March 22, 2012 · Athletic Communications

NASHVILLE, Tenn. -- The Middle Tennessee track and field teams will return to the track when they make the short trip to Nashville this weekend to compete in the Vanderbilt Black and Gold Meet beginning on Friday.

The meet will kick off on Friday at 5 p.m. CT with several field events including the men's and women's triple jump.

Saturday's schedule has the meet resuming at 9 a.m. with more field events and concluding with the men's and women's 4x400-meter relays scheduled for 5:20 p.m. Complete meet information including a schedule of events can be accessed [here](#).

The Blue Raiders enter the competition coming off a successful weekend at the Rhodes Open Meet in Memphis. Cordairo Golden and Roscoe Payne led the men's squad as they both captured a pair of event titles

while the women received strong performances from a number of performers including Amber Jackson, Lucy Kapkiai and Nyeisha Wright. Payne and Jackson were recognized for their outstanding performances last weekend by being tabbed the Sun Belt Male and Female Track Athletes of the Week.



Approximately 20 schools will send their men's and women's teams to this weekend's meet including Austin Peay, Belmont, Lipscomb, Memphis, Miami (Ohio), Saint Louis, Southern Illinois and Western Kentucky.

"This event provides us with another opportunity to continue to get adjusted to competing outdoors," said Middle Tennessee head coach Dean Hayes. "We plan on having a few more people compete this weekend and will experiment by having people participate in events they do not normally run."

Payne propelled the Blue Raiders at last season's competition, taking victory in both the 110-meter and 400-meter hurdle events. Numerous Middle Tennessee student-athletes also set personal-bests at the meet including Ann Dudley, Rosina Amenebede and Steven Palmer.

Results of the meet will be posted on the teams' Facebook and Twitter pages as soon as they become available. A full recap and results will be available on GoBlueRaiders.com at the end of each day of competition.

Follow the Blue Raider men's and women's cross country teams on Twitter @MTTrackField and on Facebook at the MT Track & Field page. Also, stay up-to-date on the teams on the new Track & Field Notebook, which can be found [here](#) as well as linked on the Track & Field page on GoBlueRaiders.com.

Printed on July 25, 2014

Original URL: <http://www.goblueraiders.com/content.cfm/id/59860>