

# Amenebede steers track & field at Black and Gold Meet

## Senior claims three event titles

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**NASHVILLE, Tenn.** -- Middle Tennessee senior Rosina Amenebede was victorious in three events, leading the Blue Raider track and field teams to another solid day of competition on Saturday at the Black and Gold Meet in Nashville.

Amenebede took home the title in the 100-meter hurdles on Saturday, finishing with a time of 13.69 seconds. Teammate Ann Dudley followed shortly behind in 14.19 seconds to place third. The Accra, Ghana, native also won the 100-meter dash as she and Sheniece Daphness posted one-two finishes. Amenebede clocked a finals time of 12.21 seconds while Daphness crossed the finish line in 12.32 seconds. Amenebede, Daphness and Dudley joined senior Nyeisha Wright to form the Middle Tennessee "A" squad in the 4x100-meter relay and their time of 45.76 seconds was



good enough to take home the event title. In the jumps events, Dudley picked up where she left off in the indoor season as she cleared the bar at 5 feet, 10.50 inches in the high jump competition to finish in first. Meanwhile Wright and Henry placed as the top two finishers in the long jump with respective leaps of 19-2.75 (5.86m) and 19-0.75 (5.81m). The triple jump competition saw France Makabu finish third while notching a jump of 39-7.25 (12.07m). Euphemia Edem jumped 38-2.00 (11.63) to place fifth in the event. On the men's side, Roscoe Payne led the way as he captured first

and second-place finishes in the 400-meter and 110-meter hurdle competitions. His time of 51.44 seconds was good enough for victory in the 400-meter hurdles while he clocked a finals time of 13.97 in the latter event, finishing just .02 seconds behind event champion Durell Busby of Wisconsin-Milwaukee. Noah Akwu also had a nice Saturday as he won the 200 meters with a time of 21.50 seconds. The junior also teamed with Payne, Geoffrey Akena and Steven Palmer to collect a second-place finish in the men's 4x400-meter relay event with a time of 3:16.60. The men also captured a top-five finish in the 4x100-meter relay as Solomon Atosona, Cordairo Golden, Nathaniel Moore and Kameron Rory crossed the finish line in 44.33 seconds to place fourth. Golden produced another solid day in the jumps events as once again he captured victory in both the long and triple jumps. The sophomore recorded respective leaps of 23-8.25 (7.22m) and 50-5.25 (15.37m) for the titles. He was trailed by Rory in the long jump as the Birmingham, Ala., product jumped 22-10.50 (6.97m) to place fourth. Meanwhile Atosona and Junior Cadet tied for fifth in the triple jump with equivalent leaps of 47-1.50 (14.36m). Cameron Zeman also bagged a top-five finish at the meet, successfully jumping 6-7.00 (2.01m) to place fifth in the high jump. The Middle Tennessee distance runners were not to be overshadowed on Saturday in Nashville. Justus David logged a time of 3 minutes, 52.28 seconds to finish third in the 1,500 meters. Meanwhile Robinson Simatei also placed third in the men's 2,000-meter steeplechase competition, posting a time of 6:10.09. "I was very proud of the way everyone competed today," said Middle Tennessee head coach Dean Hayes. "We once again came away with a number of event titles and several people posted outstanding finishes. I like where we are at heading into next weekend." The Middle Tennessee track and field teams will hit the track again next weekend when they travel to Atlanta for the Yellow Jacket Invitational.

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