2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

GEOFFREY AKENA

400 Meters

49.75 p	Rod McCravy Memorial (1/28)	15th
49.97	MTSU Invitational (2/4)	5th

NOAH AKWU

55 Meters

6.39 p	MTSU Invitational (2/4)	3rd

200 Meters

21.66	MTSU Invitational (2/4)	2nd

400 Meters

49.75	Sun Belt Championships (2/25)	11th (prelims)

SOLOMON ATOSONA

200 Meters

23.36 p	MT Christmas Invitational (12/10)	5th

Long Jump

23-8.25 (7.22m) p	Sun Belt Championships (2/25)	5th
23-7.50 (7.20m)	Ed Temple Classic (1/7)	4th
23-0.50 (7.02m)	MT Christmas Invitational (12/10)	3rd
22-2.50 (6.77m)	Valentine Invitational (2/11)	8th
21-11.50 (6.69m)	MTSU Invitational (2/4)	6th

Triple Jump

46-4.00 (14.12m) p	Sun Belt Championships (2/25)	10th
44-2.00 (13.46m)	MT Christmas Invitational (12/10)	6th
Foul	Valentine Invitational (2/11)	--

GEOFFREY AKENA

200 Meters

22.37	Sun Belt Championships (2/25)	14th (prelims)

400 Meters

49.75 p	Rod McCravy Memorial (1/28)	15th
49.97	MTSU Invitational (2/4)	5th
50.04	Sun Belt Championships (2/25)	13th (prelims)

KENDALL BACCHUS

55 Meters

6.45 p	Sun Belt Championships (2/25)	10th (prelims)

200 Meters

21.68 p	Sun Belt Championships (2/25)	3rd
22.90	Valentine Invitational (2/11)	9th

400 Meters

50.81 p	MTSU Invitational (2/4)	6th
9:12.12	MT Christmas Invitational (12/10)	5th

SHUBERT BASTIEN

Shot Put

42-0.00 (12.80m) p	MTSU Invitational (2/4)	6th
39-4.00 (11.99m)	Valentine Invitational (2/11)	10th
34-2.25 (10.42m)	Rod McCravy Memorial (2/28)	20th

VINCENT BETT

Mile Run

4:29.76	Blue Raider Invitational (1/21)	8th

3,000 Meters

8:46.94 p	Ed Temple Classic (1/7)	1st
8:50.39	Valentine Invitational (2/11)	4th
8:53.36	Rod McCravy Memorial (1/28)	35th
8:55.07	MTSU Invitational (2/4)	7th
9:01.58	Kentucky Invitational (1/14)	33rd

5,000 Meters

15:33.25 p	Sun Belt Championships (2/25)	14th

DEANGELO BLAIR

800 Meters

2:03.84 p	Valentine Invitational (2/11)	16th
2:04.79	MTSU Invitational (2/4)	19th
2:06.41	Sun Belt Championships (2/25)	22nd (prelims)
2:09.60	Blue Raider Invitational (1/21)	17th

400 Meters

49.65	Blue Raider Invitational (1/21)	2nd
50.10	Kentucky Invitational (1/14)	11th
50.66	MT Christmas Invitational (12/10)	5th

ASA BOWMAN

200 Meters

22.30 p	MTSU Invitational (2/4)	5th
22.59	Blue Raider Invitational (1/21)	6th
22.66	Valentine Invitational (2/11)	7th

400 Meters

49.15 p	Sun Belt Championships (2/25)	8th
49.25	MTSU Invitational (2/4)	3rd
49.33	Rod McCravy Memorial (1/28)	13th
49.74	Valentine Invitational (2/11)	1st

JUNIOR CADET

55-Meter Hurdles

7.81 p	Valentine Invitational (2/11)	3rd
8.33	Sun Belt Championships (2/25)	16th (prelims)

60-Meter Hurdles

8.76 p	Rod McCravy Memorial (1/28)	16th (prelims)

Long Jump

23-5.50 (7.15m) p	MTSU Invitational (2/4)	2nd
23-0.75 (7.03m)	Sun Belt Championships (2/25)	9th
22-6.25 (6.86m)	Blue Raider Invitational (1/21)	6th
22-0.75 (6.72m)	Kentucky Invitational (1/14)	6th
21-11.50 (6.69m)	Rod McCravy Memorial (1/28)	14th

Triple Jump

45-0.25 (13.72m) p	Valentine Invitational (2/11)	6th
42-3.50 (12.89m)	Rod McCravy Memorial (1/28)	15th
41-1.50 (12.53m)	Sun Belt Championships (2/25)	12th

a - NCAA Automatic Qualifying Mark
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2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

DRAYTON CALHOUN

55 Meters

6.33 p	Sun Belt Championships (2/25)	2nd
6.41	Blue Raider Invitational (1/21)	2nd
6.48	Valentine Invitational (2/11)	1st

60 Meters

6.83 p	Rod McCravy Memorial (1/28)	6th
6.86	Alex Wilson Invitational (3/3)	4th

200 Meters

21.97	Sun Belt Championships (2/25)	8th

JUSTUS DAVID

800 Meters

1:53.81	Blue Raider Invitational (1/21)	1st
1:54.89	Valentine Invitational (2/11)	1st
2:02.98	Sun Belt Championships (2/25)	9th
2:04.28	Ed Temple Classic (1/7)	16th

Mile Run

4:14.84	Sun Belt Championships (2/25)	4th
4:19.39	Kentucky Invitational (1/14)	15th

3,000 Meters

8:12.08	Sun Belt Championships (2/25)	2nd
8:20.66	Rod McCravy Memorial (1/28)	8th

5,000 Meters

14:05.10 p r	Alex Wilson Invitational (3/2)	6th

KEITH DAVIS

800 Meters

2:01.25 p	MTSU Invitational (2/4)	13th

Mile Run

4:32.71	Blue Raider Invitational (1/21)	9th

3,000 Meters

8:54.95 p	Valentine Invitational (2/11)	5th
8:58.96	Rod McCravy Memorial (1/28)	39th
9:00.53	MT Christmas Invitational (12/10)	3rd
9:01.92	Kentucky Invitational (1/14)	34th
9:27.90	Ed Temple Classic (1/7)	5th

5,000 Meters

15:30.94 p	Sun Belt Championships (2/25)	13th

RYCINE ELLISON

200 Meters

22.57 p	Kentucky Invitational (1/14)	7th
22.86	Blue Raider Invitational (1/21)	8th
23.57	MT Christmas Invitational (12/10)	17th

400 Meters

49.92 p	Rod McCravy Memorial (1/28)	18th
49.93	Valentine Invitational (2/11)	3rd
50.08	Sun Belt Championships (2/25)	14th (prelims)
50.24	Blue Raider Invitational (1/21)	4th
51.89	MT Christmas Invitational (12/10)	9th

KENNETH GILSTRAP

55 Meters

6.30 p	Sun Belt Championships (2/25)	1st
6.32	MTSU Invitational (2/4)	1st (prelims)
6.38	Blue Raider Invitational (1/21)	1st

60 Meters

6.96	Rod McCravy Memorial (1/28)	11th
6.94	Alex Wilson Invitational (3/3)	8th (prelims)

200 Meters

21.76	Sun Belt Championships (2/25)	5th

CORDAIRO GOLDEN

200 Meters

23.35 p	MT Christmas Invitational (12/10)	14th

High Jump

6-04.75 (1.95m) p	Blue Raider Invitational (1/21)	2nd
6-04.25 (1.94m)	Kentucky Invitational (1/14)	5th
6-3.25 (1.91m)	MTSU Invitational (2/4)	2nd
6-2.75 (1.90m)	Sun Belt Championships (2/25)	6th
6-2.00 (1.88m)	MT Christmas Invitational (12/10)	4th
6-0.00 (1.83m)	Ed Temple Classic (1/7)	8th
NH	Rod McCravy Memorial (1/28)	--

Long Jump

24-5.75 (7.46m) p	Sun Belt Championships (2/25)	1st
24-2.25 (7.37m)	Valentine Invitational (2/11)	1st
23-6.25 (7.17m)	MTSU Invitational (2/4)	1st
23-5.25 (7.14m)	Blue Raider Invitational (1/21)	2nd
23-1.75 (7.05m)	Ed Temple Classic (1/7)	7th
23-1.25 (7.04m)	MT Christmas Invitational (12/10)	2nd
22-11.75 (7.00m)	Kentucky Invitational (1/14)	3rd
22-3.75 (6.80m)	Rod McCravy Memorial (1/28)	11th

Triple Jump

52-1.75 (15.89m) p	Sun Belt Championships (2/25)	1st
51-0.00 (15.54m)	NCAA Championships (3/10)	14th
50-3.25 (15.32m)	Valentine Invitational (2/11)	3rd
50-0.75 (15.26m)	Kentucky Invitational (1/14)	2nd
50-0.50 (15.25m)	MTSU Invitational (2/4)	2nd
49-10.50 (15.20m)	Rod McCravy Memorial (1/28)	6th
49-6.50 (15.10m)	Blue Raider Invitational (1/21)	3rd
48-8.25 (14.84m)	MT Christmas Invitational (12/10)	1st
Foul	Ed Temple Classic (1/7)	--

LYLE HAYWOOD

Mile Run

4:32.46 p	MTSU Invitational (2/4)	20th
4:33.65	MT Christmas Invitational (12/10)	3rd
4:42.95	Sun Belt Championships (2/25)	16th

800 Meters

1:56.23 p	Rod McCravy Memorial (1/28)	16th
1:57.49	Kentucky Invitational (1/14)	14th
1:57.59	Valentine Invitational (2/11)	5th
1:58.68	Sun Belt Championships (2/25)	15th (prelims)
2:01.03	Blue Raider Invitational (1/21)	10th

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2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

JAMARIOUS JONES

800 Meters

1:59.96 p	Sun Belt Championships (2/25)	18th (prelims)
2:01.47	MTSU Invitational (2/4)	14th
2:01.84	MT Christmas Invitational (12/10)	3rd
2:01.99	Rod McCravy Memorial (1/28)	36th
2:02.71	Kentucky Invitational (1/14)	21st
2:02.74	Valentine Invitational (2/11)	12th
2:03.98	Blue Raider Invitational (1/21)	16th
2:08.25	Ed Temple Classic (1/7)	23rd

JAMES MESSICK

55 Meters

6.80	Sun Belt Championships (2/25)	18th (prelims)

200 Meters

22.66 p	MT Christmas Invitational (12/10)	6th
22.77	Kentucky Invitational (1/14)	10th

400 Meters

50.58 p	Rod McCravy Memorial (1/28)	26th
51.43	MT Christmas Invitational (12/10)	8th
52.37	Ed Temple Classic (1/7)	16th

NATHANIEL MOORE

55 Meters

6.69 p	Valentine Invitational (2/11)	8th (prelims)

200 Meters

22.56	MT Christmas Invitational (12/10)	5th
22.77	Blue Raider Invitational (1/21)	7th
22.94	Valentine Invitational (2/11)	10th

400 Meters

49.59 p	MTSU Invitational (2/4)	4th
49.94	Rod McCravy Memorial (1/28)	19th
50.29	Kentucky Invitational (1/14)	13th
51.02	MT Christmas Invitational (12/10)	6th
51.04	Sun Belt Championships (2/25)	18th (prelims)
51.84	Ed Temple Classic (1/7)	12th

STEVEN PALMER

200 Meters

21.84	Sun Belt Championships (2/25)	7th
21.98	Valentine Invitational (2/11)	1st
22.14	MTSU Invitational (2/4)	3nd
22.19	Blue Raider Invitational (1/21)	1st
22.23	MT Christmas Invitational (12/10)	2nd

400 Meters

47.84 p	Sun Belt Championships (2/25)	5th
47.90	MTSU Invitational (2/4)	1st
48.92	Kentucky Invitational (1/14)	6th
48.99	Rod McCravy Memorial (1/28)	11th
49.48	Blue Raider Invitational (1/21)	1st

Long Jump

22-5.00 (6.83m) p	Valentine Invitational (2/11)	6th
22-3.75 (6.80m)	MT Christmas Invitational (12/10)	7th

ROSCOE PAYNE

55-Meter Hurdles

7.38	Sun Belt Championships (2/25)	2nd
7.40	Blue Raider Invitational (1/21)	1st
7.45	Ed Temple Classic (1/7)	4th
7.61	MT Christmas Invitational (12/10)	1st
7.87	MTSU Invitational (2/4)	1st

60-Meter Hurdles

7.99 p	NCAA Championships (3/9)	15th (prelims)
8.00	Kentucky Invitational (1/14)	2nd

400 Meters

48.53 p	MTSU Invitational (2/4)	2nd

KAMERON RORY

Long Jump

22-9.75 (6.95m) p	Sun Belt Championships (2/25)	11th
22-7.75 (6.90m)	MTSU Invitational (2/4)	4th
22-6.50 (6.87m)	Rod McCravy Memorial (1/28)	9th
22-3.00 (6.78m)	Blue Raider Invitational (1/21)	7th
22-1.75 (6.75m)	Valentine Invitational (2/11)	9th
21-5.25 (6.53m)	Ed Temple Classic (1/7)	17th
21-3.50 (6.49m)	MT Christmas Invitational (12/10)	9th
21-02.75 (6.47m)	Kentucky Invitational (1/14)	8th

Triple Jump

46-3.25 (14.10m) p	MTSU Invitational (2/4)	4th
45-10.00 (13.97m)	Valentine Invitational (2/11)	5th
44-09.50 (13.65m)	Kentucky Invitational (1/14)	5th
43-3.75 (13.20m)	Blue Raider Invitational (1/21)	5th
Foul	Sun Belt Championships (2/25)	--
Foul	Rod McCravy Memorial (1/28)	--
Foul	Ed Temple Classic (1/7)	--
Foul	MT Christmas Invitational (12/10)	--

DEMARCO SCALES

400 Meters

53.78 p	MTSU Invitational (2/4)	14th

800 Meters

2:01.20 p	Valentine Invitational (2/11)	9th
2:02.43	Sun Belt Championships (2/25)	20th (prelims)
2:02.57	Rod McCravy Memorial (1/28)	37th
2:02.91	Blue Raider Invitational (1/21)	15th
2:03.14	Kentucky Invitational (1/14)	22nd
2:09.02	MT Christmas Invitational (12/10)	7th

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2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

DEMETRIUS SHELTON

55 Meters		
6.55 p	MT Christmas Invitational (12/10)	5th
6.67	Sun Belt Championships (2/25)	17th (prelims)
6.69	MTSU Invitational (2/4)	5th
6.71	Valentine Invitational (2/11)	4th
60 Meters		
7.10 p	Kentucky Invitational (1/14)	12th
200 Meters		
22.22 p	Valentine Invitational (2/11)	3rd
22.27	MTSU Invitational (2/4)	4th
22.37	Kentucky Invitational (1/14)	5th
22.86	MT Christmas Invitational (12/10)	7th
22.88	Blue Raider Invitational (1/21)	10th
400 Meters		
50.40 p	Rod McCravy Memorial (1/28)	25th
50.89	Blue Raider Invitational (1/21)	5th

ROBINSON SIMATEI

Mile Run		
4:17.35 p	Valentine Invitational (2/11)	2nd
4:17.68	Rod McCravy Memorial (1/28)	17th
4:22.05	MT Christmas Invitational (12/10)	1st
4:22.79	Sun Belt Championships (2/25)	9th
4:27.87	Kentucky Invitational (1/14)	19th
800 Meters		
1:54.18 p	MTSU Invitational (2/4)	1st
1:55.65	Sun Belt Championships (2/25)	3rd
1:57.44	Valentine Invitational (2/11)	4th
1:55.87	Blue Raider Invitational (1/21)	2nd
2:02.41	Kentucky Invitational (1/14)	20th

MICHAEL STOKES

55 Meters		
6.43 p	MT Christmas Invitational (12/10)	1st
6.49	Blue Raider Invitational (1/21)	5th
Long Jump		
23-0.00 (7.01m) p	MT Christmas Invitational (12/10)	4th
22-10.00 (6.96m)	Ed Temple Classic (1/7)	9th
22-7.25 (6.89m)	Rod McCravy Memorial (1/28)	8th
22-1.50 (6.74m)	Sun Belt Championships (2/25)	15th
21-11.50 (6.69m)	MTSU Invitational (2/4)	7th
21-9.50 (6.64m)	Blue Raider Invitational (1/21)	9th
Foul	Kentucky Invitational (1/14)	Foul
Triple Jump		
46-0.00 (14.02m) p	MT Christmas Invitational (12/10)	3rd
44-06.75 (13.58m)	Kentucky Invitational (1/14)	6th

SILAS TAIGET

Mile Run		
4:24.70	Blue Raider Invitational (1/21)	7th
3,000 Meters		
8:50.51 p	Kentucky Invitational (1/14)	27th
8:57.60	MT Christmas Invitational (12/10)	2nd
9:10.22	Ed Temple Classic (1/7)	4th

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2012 MIDDLE TENNESSEE WOMEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

ROSINA AMENEBEDE

55 Meters

7.22	Sun Belt Championships (2/25)	8th
7.27	Blue Raider Invitational (1/21)	6th
7.42	Valentine Invitational (2/11)	5th

55-Meter Hurdles

7.86 p	Sun Belt Championships (2/25)	2nd
8.07	Blue Raider Invitational (1/21)	1st
8.14	MTSU Invitational (2/4)	2nd

60 Meters

7.91	Kentucky Invitational (1/14)	13th
7.97	Rod McCravy Memorial (1/28)	31st (prelims)

60-Meter Hurdles

8.64	Kentucky Invitational (1/14)	4th
8.85	Rod McCravy Memorial (1/28)	17th (prelims)

Long Jump

19-6.25 (5.95m) p	Sun Belt Championships (2/25)	7th
19-2.00 (5.84m)	Rod McCravy Memorial (1/28)	8th

AMBER DANDY

55 Meters

7.30 p	Blue Raider Invitational (1/21)	9th
7.31	Sun Belt Championships (2/25)	18th (prelims)
7.32	MT Christmas Invitational (12/10)	2nd
7.37	Valentine Invitational (2/11)	7th (prelims)
7.38	MTSU Invitational (2/4)	6th

60 Meters

7.98 p	Rod McCravy Memorial (1/28)	33rd (prelims)
8.05	Kentucky Invitational (1/14)	17th

Long Jump

18-8.50 (5.70m) p	MT Christmas Invitational (12/10)	5th
18-4.50 (5.60m)	Sun Belt Championships (2/25)	12th
18-04.25 (5.59m)	Kentucky Invitational (1/14)	9th
17-10.25 (5.44m)	MTSU Invitational (2/4)	4th
17-8.75 (5.40m)	Rod McCravy Memorial (1/28)	25th
17-6.75 (5.35m)	Valentine Invitational (2/11)	4th
Foul	Blue Raider Invitational (1/21)	--

SHENIECE DAPHNESS

55 Meters

7.10 p	MTSU Invitational (2/4)	1st
7.14	Valentine Invitational (2/11)	2nd
7.19	Blue Raider Invitational (1/21)	3rd
7.33	Sun Belt Championships (2/25)	9th
7.37	MT Christmas Invitational (12/10)	3rd
7.41	Ed Temple Classic (1/7)	10th

60 Meters

7.91 p	Rod McCravy Memorial (1/28)	28th (prelims)
7.96	Kentucky Invitational (1/14)	15th

200 Meters

25.57 p	Kentucky Invitational (1/14)	13th
25.77	Rod McCravy Memorial (1/28)	27th
25.92	Blue Raider Invitational (1/21)	5th
26.05	Sun Belt Championships (2/25)	21st (prelims)
26.33	MTSU Invitational (2/4)	7th
26.35	Ed Temple Classic (1/7)	11th

ANN DUDLEY

55-Meter Hurdles

7.97 p	Sun Belt Championships (2/25)	5th
8.05	MTSU Invitational (2/4)	1st
8.09	MT Christmas Invitational (12/10)	1st
8.15	Blue Raider Invitational (1/21)	2nd
8.19	Ed Temple Classic (1/7)	1st

60-Meter Hurdles

8.82	Kentucky Invitational (1/14)	11th
9.30	Rod McCravy Memorial (1/28)	29th (prelims)

High Jump

6-0.00 (1.83m) p r a	MT Christmas Invitational (12/10)	1st
5-11.50 (1.82m)	Kentucky Invitational (1/14)	1st
5-11.25 (1.81m)	NCAA Championships (3/9)	6th
5-10.50 (1.79m)	Rod McCravy Memorial (1/28)	2nd
5-9.75 (1.77m)	Sun Belt Championships (2/25)	1st
5-9.25 (1.76m)	MTSU Invitational (2/4)	1st
5-08.00 (1.73m)	Ed Temple Classic (1/7)	2nd
5-07.25 (1.71m)	Valentine Invitational (2/11)	1st
5-07.00 (1.70m)	Blue Raider Invitational (1/21)	1st

Triple Jump

37-11.25 (11.56m)	Kentucky Invitational (1/14)	9th
37-5.25 (11.41m)	Sun Belt Championships (2/25)	18th
36-2.00 (11.02m)	Blue Raider Invitational (1/21)	8th

Indoor Pentathlon

3509	Sun Belt Championships (2/25)	4th

EUPHEMIA EDEM

Long Jump

19-11.50 (6.08m) p	Sun Belt Championships (2/25)	4th
19-8.75 (6.01m)	Ed Temple Classic (1/7)	4th
19-8.25 (6.00m)	MT Christmas Invitational (12/10)	1st
19-4.00 (5.89m)	MTSU Invitational (2/4)	2nd
18-1.00 (5.51m)	Rod McCravy Memorial (1/28)	19th

Triple Jump

41-5.75 (12.64m) p	Sun Belt Championships (2/25)	3rd
40-7.50 (12.38m)	MTSU Invitational (2/4)	3rd
40-6.75 (12.36m)	MT Christmas Invitational (12/10)	2nd
40-04.25 (12.30m)	Ed Temple Classic (1/7)	2nd
40-3.50 (12.28m)	Valentine Invitational (2/11)	3rd
39-11.25 (12.17m)	Rod McCravy Memorial (1/28)	5th

KAILA FRAZIER

200 Meters

29.03 p	Sun Belt Championships (2/25)	26th (prelims)
29.23	MTSU Invitational (2/4)	16th
29.35	Blue Raider Invitational (1/21)	15th

400 Meters

1:05.42 p	Valentine Invitational (2/11)	10th
1:10.30	Sun Belt Championships (2/25)	31st (prelims)
1:11.35	Blue Raider Invitational (1/21)	21st
1:12.07	MTSU Invitational (2/4)	11th
1:15.28	MT Christmas Invitational (12/10)	14th

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2012 MIDDLE TENNESSEE WOMEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

AUTUMN GIPSON

Mile Run

5:08.76 p	Valentine Invitational (2/11)	1st
5:12.36	Rod McCravy Memorial (1/28)	23rd
5:13.66	Kentucky Invitational (1/14)	30th
5:16.57	MT Christmas Invitational (12/10)	2nd

800 Meters

2:15.28 p	Sun Belt Championships (2/25)	6th
2:17.62	MTSU Invitational (2/4)	3rd
2:23.66	Blue Raider Invitational (1/21)	7th
2:28.67	Rod McCravy Memorial (1/28)	38th
2:29.17	Kentucky Invitational (1/14)	23rd

TRESSANIQUE HAMPTON

400 Meters

1:03.63	Valentine Invitational (2/11)	5th
1:04.54	MTSU Invitational (2/4)	8th

800 Meters

2:24.29	Sun Belt Championships (2/25)	20th (prelims)
2:24.44	Blue Raider Invitational (1/21)	10th
2:24.58	MT Christmas Invitational (12/10)	2nd
2:24.86	Rod McCravy Memorial (1/28)	33rd
2:25.14	Kentucky Invitational (1/14)	19th

KIARA HENRY

55 Meters

7.17	Sun Belt Championships (2/25)	5th
7.17	Blue Raider Invitational (1/21)	2nd
7.22	Ed Temple Classic (1/7)	4th
7.41	Valentine Invitational (2/11)	8th (prelims)

60 Meters

7.82	Kentucky Invitational (1/14)	10th

200 Meters

24.60	Sun Belt Championships (2/25)	4th
24.86	Kentucky Invitational (1/14)	5th
24.89	Blue Raider Invitational (1/21)	1st
25.65	Ed Temple Classic (1/7)	6th

400 Meters

59.44 p	MT Christmas Invitational (12/10)	1st

Long Jump

19-11.00 (6.07m) p	Ed Temple Classic (1/7)	2nd
19-04.25 (5.90m)	Blue Raider Invitational (1/21)	4th
19-02.75 (5.86m)	Kentucky Invitational (1/14)	3rd
19-2.00 (5.84m)	Sun Belt Championships (2/25)	8th
18-11.25 (5.77m)	MT Christmas Invitational (12/10)	4th
18-10.00 (5.74m)	Rod McCravy Memorial (1/28)	10th

RACHEL ISLAM

Mile Run

5:16.20 p	MTSU Invitational (2/4)	9th
5:25.02	MT Christmas Invitational (12/10)	3rd
5:26.04	Sun Belt Championships (2/25)	22nd

800 Meters

2:14.96 p	Rod McCravy Memorial (1/28)	15th
2:16.68	Sun Belt Championships (2/25)	10th (prelims)
2:18.28	Kentucky Invitational (1/14)	12th
2:18.72	Blue Raider Invitational (1/21)	2nd

AMBER JACKSON

200 Meters

26.40	Blue Raider Invitational (1/21)	7th

400 Meters

59.18	Blue Raider Invitational (1/21)	2nd

800 Meters

2:11.63 p	Rod McCravy Memorial (1/28)	6th
2:12.43	Kentucky Invitational (1/14)	6th
2:13.92	Sun Belt Championships (2/25)	4th
2:16.19	Valentine Invitational (2/11)	1st

LUCY KAPKIAI

Mile Run

5:03.98 p	Sun Belt Championships (2/25)	5th
5:06.22	Kentucky Invitational (1/14)	17th

800 Meters

2:17.12 p	Valentine Invitational (2/11)	2nd
2:19.52	Kentucky Invitational (1/14)	14th
2:21.03	Blue Raider Invitational (1/21)	4th

3,000 Meters

9:43.77 p r	Sun Belt Championships (2/25)	2nd
9:49.37	Rod McCravy Memorial (1/28)	6th
10:11.74	MT Christmas Invitational (12/10)	1st

5,000 Meters

17:04.70 p	Sun Belt Championships (2/25)	1st

JELAGAT KIMAIYO

800 Meters

2:46.59	Valentine Invitational (2/11)	10th

FRANCE MAKABU

200 Meters

26.61	Blue Raider Invitational (1/21)	8th

400 Meters

1:00.81	Kentucky Invitational (1/14)	29th
1:01.49	MT Christmas Invitational (12/10)	6th
1:02.66	Rod McCravy Memorial (1/28)	39th

Triple Jump

42-9.75 (13.05m)	Sun Belt Championships (2/25)	2nd
41-8.00 (12.70m)	Valentine Invitational (2/11)	2nd
41-5.00 (12.62m)	MT Christmas Invitational (12/10)	1st
41-4.25 (12.60m)	MTSU Invitational (2/4)	2nd
40-6.00 (12.34m)	NCAA Championships (3/10)	14th
40-3.50 (12.28m)	Ed Temple Classic (1/7)	3rd
39-10.00 (12.14m)	Blue Raider Invitational (1/21)	3rd
39-5.00 (12.01m)	Kentucky Invitational (1/14)	5th
38-11.75 (11.88m)	Rod McCravy Memorial (1/28)	7th

Long Jump

17-8.25 (5.39m) p	Valentine Invitational (2/11)	3rd
17-1.50 (5.22m)	Sun Belt Championships (2/25)	20th

2012 MIDDLE TENNESSEE WOMEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

JAZMYNE McCULLOUGH

200 Meters		
28.94	Sun Belt Championships (2/25)	25th (prelims)
400 Meters		
1:03.78 p	Valentine Invitational (2/11)	6th
1:03.92	Sun Belt Championships (2/25)	30th (prelims)
1:04.71	Blue Raider Invitational (1/21)	17th
1:05.65	MTSU Invitational (2/4)	9th
1:05.35	MT Christmas Invitational (12/10)	12th

MATY NDIAYE

400 Meters		
1:08.89 p	MT Christmas Invitational (12/10)	12th

STEPHANIE SMITH

Mile Run		
5:19.53	Kentucky Invitational (1/14)	39th
5:21.54	Rod McCravy Memorial (1/28)	36th
5:29.18	Sun Belt Championships (2/25)	24th
5:31.93	Valentine Invitational (2/11)	13th
5:31.93	MT Christmas Invitational (12/10)	8th
800 Meters		
2:20.34	MTSU Invitational (2/4)	7th
2:23.18	Rod McCravy Memorial (1/28)	31st
2:23.66	Sun Belt Championships (2/25)	19th (prelims)
2:23.77	Blue Raider Invitational (1/21)	8th

CHRISTAL WILSON

200 Meters		
25.08	Sun Belt Championships (2/25)	8th
25.34	Rod McCravy Memorial (1/28)	18th
25.39	Blue Raider Invitational (1/21)	3rd
25.52	MTSU Invitational (2/4)	2nd
25.53	MT Christmas Invitational (12/10)	2nd
25.81	Kentucky Invitational (1/14)	17th
55-Meter Hurdles		
7.82 p	Sun Belt Championships (2/25)	3rd
8.11	Valentine Invitational (2/11)	1st
8.16	Blue Raider Invitational (1/21)	3rd
8.22	MT Christmas Invitational (12/10)	2nd
8.22	Ed Temple Classic (1/7)	2nd
8.22	MTSU Invitational (2/4)	3rd
60-Meter Hurdles		
8.91 p	Rod McCravy Memorial (1/28)	19th (prelims)
8.99	Kentucky Invitational (1/14)	15th

2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

55 METERS

6.30	Kenneth Gilstrap	Sun Belt Championships (2/25)
6.32	Kenneth Gilstrap	MTSU Invitational (2/4)
6.33	Drayton Calhoun	Sun Belt Championships (2/25)
6.38	Kenneth Gilstrap	Blue Raider Invitational (1/21)
6.41	Drayton Calhoun	Blue Raider Invitational (1/21)
6.41	Noah Akwu	MTSU Invitational (2/4)
6.43	Michael Stokes	MT Christmas Invitational (12/10)
6.45	Kendall Bacchus	Sun Belt Championships (2/25)
6.48	Drayton Calhoun	Valentine Invitational (2/11)
6.49	Michael Stokes	Blue Raider Invitational (1/21)
6.55	Demetrius Shelton	MT Christmas Invitational (12/10)
6.67	Demetrius Shelton	Sun Belt Championships (2/25)
6.69	Nathaniel Moore	Valentine Invitational (2/11)
6.69	Demetrius Shelton	MTSU Invitational (2/4)
6.71	Demetrius Shelton	Valentine Invitational (2/11)
6.80	James Messick	Sun Belt Championships (2/25)

200 METERS

21.66	Noah Akwu	MTSU Invitational (2/4)
21.68	Kendall Bacchus	Sun Belt Championships (2/25)
21.76	Kenneth Gilstrap	Sun Belt Championships (2/25)
21.84	Steven Palmer	Sun Belt Championships (2/25)
21.97	Drayton Calhoun	Sun Belt Championships (2/25)
21.98	Steven Palmer	Valentine Invitational (2/11)
22.14	Steven Palmer	MTSU Invitational (2/4)
22.19	Steven Palmer	Blue Raider Invitational (1/21)
22.22	Demetrius Shelton	Valentine Invitational (2/11)
22.23	Steven Palmer	MT Christmas Invitational (12/10)
22.27	Demetrius Shelton	MTSU Invitational (2/4)
22.30	Asa Bowman	MTSU Invitational (2/4)
22.37	Geoffrey Akena	Sun Belt Championships (2/25)
22.37	Demetrius Shelton	Kentucky Invitational (1/14)
22.56	Nathaniel Moore	MT Christmas Invitational (12/10)
22.57	Rycine Ellison	Kentucky Invitational (1/14)
22.59	Asa Bowman	Blue Raider Invitational (1/21)
22.66	Asa Bowman	Valentine Invitational (2/11)
22.66	James Messick	MT Christmas Invitational (12/10)
22.77	James Messick	Kentucky Invitational (1/14)
22.77	Nathaniel Moore	Blue Raider Invitational (1/21)
22.86	Demetrius Shelton	MT Christmas Invitational (12/10)
22.86	Rycine Ellison	Blue Raider Invitational (1/21)
22.88	Demetrius Shelton	Blue Raider Invitational (1/21)
22.90	Kendall Bacchus	Valentine Invitational (2/11)
22.94	Nathaniel Moore	Valentine Invitational (2/11)
23.35	Cordairo Golden	MT Christmas Invitational (12/10)
23.36	Solomon Atosona	MT Christmas Invitational (12/10)
23.57	Rycine Ellison	MT Christmas Invitational (12/10)

400 METERS

47.84	Steven Palmer	Sun Belt Championships (2/25)
47.90	Steven Palmer	MTSU Invitational (2/4)
48.53	Roscoe Payne	MTSU Invitational (2/4)
48.92	Steven Palmer	Kentucky Invitational (1/14)
48.99	Steven Palmer	Rod McCravy Memorial (1/28)
49.15	Asa Bowman	Sun Belt Championships (2/25)
49.25	Asa Bowman	MTSU Invitational (2/4)
49.33	Asa Bowman	Rod McCravy Memorial (1/28)
49.48	Steven Palmer	Blue Raider Invitational (1/21)
49.59	Nathaniel Moore	MTSU Invitational (2/4)
49.65	Asa Bowman	Blue Raider Invitational (1/21)
49.74	Asa Bowman	Valentine Invitational (2/11)
49.75	Noah Akwu	Sun Belt Championships (2/25)
49.75	Geoffrey Akena	Rod McCravy Memorial (1/28)
49.92	Rycine Ellison	Rod McCravy Memorial (1/28)
49.93	Rycine Ellison	Valentine Invitational (2/11)
49.94	Nathaniel Moore	Rod McCravy Memorial (1/28)
49.97	Geoffrey Akena	MTSU Invitational (2/4)
50.04	Geoffrey Akena	Sun Belt Championships (2/25)
50.08	Rycine Ellison	Sun Belt Championships (2/25)
50.10	Asa Bowman	Kentucky Invitational (1/14)
50:24	Rycine Ellison	Blue Raider Invitational (1/21)
50.29	Nathaniel Moore	Kentucky Invitational (1/14)
50.40	Demetrius Shelton	Rod McCravy Memorial (1/28)
50.58	James Messick	Rod McCravy Memorial (1/28)
50.66	Asa Bowman	MT Christmas Invitational (12/10)
50.81	Kendall Bacchus	MTSU Invitational (2/4)
50.89	Demetrius Shelton	Blue Raider Invitational (1/21)
51.02	Nathaniel Moore	MT Christmas Invitational (12/10)
51.04	Nathaniel Moore	Sun Belt Championships (2/25)
51.43	James Messick	MT Christmas Invitational (12/10)
51.84	Nathaniel Moore	Ed Temple Classic (1/7)
51.89	Rycine Ellison	MT Christmas Invitational (12/10)
52.37	James Messick	Ed Temple Classic (1/7)
53.78	Demarco Scales	MTSU Invitational (2/4)

2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

800 METERS

1:53.81	Justus David	Blue Raider Invitational (1/21)
1:54.18	Robinson Simatei	MTSU Invitational (2/4)
1:54.89	Justus David	Valentine Invitational (2/11)
1:55.65	Robinson Simatei	Sun Belt Championships (2/25)
1:55.87	Robinson Simatei	Blue Raider Invitational (1/21)
1:56.23	Lyle Haywood	Rod McCravy Memorial (1/28)
1:57.44	Robinson Simatei	Valentine Invitational (2/11)
1:57.49	Lyle Haywood	Kentucky Invitational (1/14)
1:57.59	Lyle Haywood	Valentine Invitational (2/11)
1:58.68	Lyle Haywood	Sun Belt Championships (2/25)
1:59.96	Jamarious Jones	Sun Belt Championships (2/25)
2:01.03	Lyle Haywood	Blue Raider Invitational (1/21)
2:01.20	Demarco Scales	Valentine Invitational (2/11)
2:01.25	Keith Davis	MTSU Invitational (2/4)
2:01.47	Jamarious Jones	MTSU Invitational (2/4)
2:01.84	Jamarious Jones	MT Christmas Invitational (12/10)
2:01.99	Jamarious Jones	Rod McCravy Memorial (1/28)
2:02.41	Robinson Simatei	Kentucky Invitational (1/14)
2:02.43	Demarco Scales	Sun Belt Championships (2/25)
2:02.57	Demarco Scales	Rod McCravy Memorial (1/28)
2:02.71	Jamarious Jones	Kentucky Invitational (1/14)
2:02.74	Jamarious Jones	Valentine Invitational (2/11)
2:02.91	Demarco Scales	Blue Raider Invitational (1/21)
2:02.98	Justus David	Sun Belt Championships (2/25)
2:03.14	Demarco Scales	Kentucky Invitational (1/14)
2:03.84	Deangelo Blair	Valentine Invitational (2/11)
2:03.98	Jamarious Jones	Blue Raider Invitational (1/21)
2:04.28	Justus David	Ed Temple Classic (1/7
2:04.79	Deangelo Blair	MTSU Invitational (2/4)
2:06.41	Deangelo Blair	Sun Belt Championships (2/25)
2:08.25	Jamarious Jones	Ed Temple Classic (1/7
2:09.02	Demarcus Scales	MT Christmas Invitational (12/10)
2:09.60	Deangelo Blair	Blue Raider Invitational (1/21)

MILE RUN

4:14.84	Justus David	Sun Belt Championships (2/25)
4:17.35	Robinson Simatei	Valentine Invitational (2/11)
4:17.68	Robinson Simatei	Rod McCravy Memorial (1/28)
4:19.39	Justus David	Kentucky Invitational (1/14)
4:22.05	Robinson Simatei	MT Christmas Invitational (12/10)
4:22.79	Robinson Simatei	Sun Belt Championships (2/25)
4:24.70	Silas Taiget	Blue Raider Invitational (1/21)
4:27.87	Robinson Simatei	Kentucky Invitational (1/14)
4:29.76	Vincent Bett	Blue Raider Invitational (1/21)
4:32.46	Lyle Haywood	MTSU Invitational (2/4)
4:32.71	Keith Davis	Blue Raider Invitational (1/21)
4:33.65	Lyle Haywood	MT Christmas Invitational (12/10)
4:42.95	Lyle Haywood	Sun Belt Championships (2/25)

3,000 METERS

8:12.08	Justus David	Sun Belt Championships (2/25)
8:20.66	Justus David	Rod McCravy Memorial (1/28)
8:46.94	Vincent Bett	Ed Temple Classic (1/7)
8:50.39	Vincent Bett	Valentine Invitational (2/11)
8:50.51	Silas Taiget	Kentucky Invitational (1/14)
8:53.36	Vincent Bett	Rod McCravy Memorial (1/28)
8:54.95	Keith Davis	Valentine Invitational (2/11)
8:55.07	Vincent Bett	MTSU Invitational (2/4)
8:57.60	Silas Taiget	MT Christmas Invitational (12/10)
8:58.96	Keith Davis	Rod McCravy Memorial (1/28)
9:00.53	Keith Davis	MT Christmas Invitational (12/10)
9:01.58	Vincent Bett	Kentucky Invitational (1/14)
9:01.92	Keith Davis	Kentucky Invitational (1/14)
9:10.22	Silas Taiget	Ed Temple Classic (1/7)
9:12.12	Vincent Bett	MT Christmas Invitational (12/10)
9:27.90	Keith Davis	Ed Temple Classic (1/7)

5,000 METERS

14:05.10	Justus David	Alex Wilson Invitational (3/2)
15:30.94	Keith Davis	Sun Belt Championships (2/25)
15:33.25	Vincent Bett	Sun Belt Championships (2/25)

55-METER HURDLES

7.38	Roscoe Payne	Sun Belt Championships (2/25)
7.40	Roscoe Payne	Blue Raider Invitational (1/21)
7.44	Roscoe Payne	Valentine Invitational (2/11)
7.45	Roscoe Payne	Ed Temple Classic (1/7)
7.61	Roscoe Payne	MT Christmas Invitational (12/10)
7.81	Junior Cadet	Valentine Invitational (2/11)
7.87	Roscoe Payne	MTSU Invitational (2/4)
8.33	Junior Cadet	Sun Belt Championships (2/25)

60 METERS

6.83	Drayton Calhoun	Rod McCravy Memorial (1/28)
6.86	Drayton Calhoun	Alex Wilson Invitational (3/3)
6.94	Kenneth Gilstrap	Alex Wilson Invitational (3/3)
6.96	Kenneth Gilstrap	Rod McCravy Memorial (1/28)
7.10	Demetrius Shelton	Kentucky Invitational (1/14)

60-METER HURDLES

7.99	Roscoe Payne	NCAA Championships (3/9)
8.00	Roscoe Payne	Kentucky Invitational (1/14)
8.76	Junior Cadet	Rod McCravy Memorial (1/28)

2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

4x400-METER RELAY

3:13.00	Middle Tennessee "A"	Sun Belt Championships (2/25)
3:13.86	Middle Tennessee "A"	Rod McCravy Memorial (1/28)
3:15.00	Middle Tennessee "A"	Kentucky Invitational (1/14)
3:18.85	Middle Tennessee "B"	Rod McCravy Memorial (1/28)
3:21.96	Middle Tennessee "A"	Valentine Invitational (2/11)
3:23.67	Middle Tennessee "A"	MT Christmas Invitational (12/10)
3:25.00	Middle Tennessee "A"	Ed Temple Classic (1/7)
3:26.68	Middle Tennessee "A"	Blue Raider Invitational (1/21)
3:29.70	Middle Tennessee "B"	Kentucky Invitational (1/14)
3:32.11	Middle Tennessee "C"	MT Christmas Invitational (12/10)

DISTANCE MEDLEY

10:29.42	Middle Tennessee "A"	Sun Belt Championships (2/25)
11:38.40	Middle Tennessee "B"	Ed Temple Classic (1/7)
11:39.22	Middle Tennessee "A"	Ed Temple Classic (1/7)

HIGH JUMP

6-4.75 (1.95m)	Cordairo Golden	Blue Raider Invitational (1/21)
6-4.25 (1.94m)	Cordairo Golden	Kentucky Invitational (1/14)
6-3.25 (1.91m)	Cordairo Golden	MTSU Invitational (2/4)
6-2.75 (1.90m)	Cordairo Golden	Sun Belt Championships (2/25)
6-2.00 (1.88m)	Cordairo Golden	MT Christmas Invitational (12/10)
6-0.00 (1.83m)	Cordairo Golden	Ed Temple Classic (1/7)
NH	Cordairo Golden	Rod McCravy Memorial (1/21)

LONG JUMP

24-5.75 (7.46m)	Cordairo Golden	Sun Belt Championships (2/25)
24-2.25 (7.37m)	Cordairo Golden	Valentine Invitational (2/11)
23-8.25 (7.22m)	Solomon Atosona	Sun Belt Championships (2/25)
23-7.50 (7.20m)	Solomon Atosona	Ed Temple Classic (1/7)
23-6.25 (7.17m)	Cordairo Golden	MTSU Invitational (2/4)
23-5.50 (7.15m)	Junior Cadet	MTSU Invitational (2/4)
23-5.25 (7.14m)	Cordairo Golden	Blue Raider Invitational (1/21)
23-1.75 (7.05m)	Cordairo Golden	Ed Temple Classic (1/7)
23-1.25 (7.04m)	Cordairo Golden	MT Christmas Invitational (12/10)
23-0.75 (7.03m)	Junior Cadet	Sun Belt Championships (2/25)
23-0.50 (7.02m)	Solomon Atosona	MT Christmas Invitational (12/10)
23-0.00 (7.01m)	Michael Stokes	MT Christmas Invitational (12/10)
22-11.75 (7.00m)	Cordairo Golden	Kentucky Invitational (1/14)
22-10.00 (6.96m)	Michael Stokes	Ed Temple Classic (1/7)
22-9.75 (6.95m)	Kameron Rory	Sun Belt Championships (2/25)
22-7.75 (6.90m)	Kameron Rory	MTSU Invitational (2/4)
22-7.25 (6.89m)	Michael Stokes	Rod McCravy Memorial (1/28)
22-6.50 (6.87m)	Kameron Rory	Rod McCravy Memorial (1/28)
22-6.25 (6.86m)	Junior Cadet	Blue Raider Invitational (1/21)
22-5.00 (6.83m)	Steven Palmer	Valentine Invitational (2/11)
22-3.75 (6.80m)	Steven Palmer	MT Christmas Invitational (12/10)
22-3.75 (6.80m)	Cordairo Golden	Rod McCravy Memorial (1/28)
22-3.00 (6.78m)	Kameron Rory	Blue Raider Invitational (1/21)
22-2.50 (6.77m)	Solomon Atosona	Valentine Invitational (2/11)
22-1.75 (6.75m)	Kameron Rory	Valentine Invitational (2/11)
22-1.50 (6.74m)	Michael Stokes	Sun Belt Championships (2/25)
22-0.75 (6.72m)	Junior Cadet	Kentucky Invitational (1/14)
21-11.50 (6.69m)	Junior Cadet	Rod McCravy Memorial (1/28)
21-11.50 (6.69m)	Solomon Atosona	MTSU Invitational (2/4)
21-11.50 (6.69m)	Michael Stokes	MTSU Invitational (2/4)
21-9.50 (6.64m)	Michael Stokes	Blue Raider Invitational (1/21)
21-5.25 (6.53m)	Kameron Rory	Ed Temple Classic (1/7)
21-3.50 (6.49m)	Kameron Rory	MT Christmas Invitational (12/10)
21-2.75 (6.47m)	Kameron Rory	Kentucky Invitational (1/14)
Foul	Michael Stokes	Kentucky Invitational (1/14)

TRIPLE JUMP

52-1.75 (15.89m)	Cordairo Golden	Sun Belt Championships (2/25)
51-0.00 (15.54m)	Cordairo Golden	NCAA Championships (3/10)
50-3.25 (15.32m)	Cordairo Golden	Valentine Invitational (2/11)
50-0.75 (15.26m)	Cordairo Golden	Kentucky Invitational (1/14)
50-0.50 (15.25m)	Cordairo Golden	MTSU Invitational (2/4)
49-10.50 (15.20m)	Cordairo Golden	Rod McCravy Memorial (1/28)
49-6.50 (15.10m)	Cordairo Golden	Blue Raider Invitational (1/14)
48-8.25 (14.84m)	Cordairo Golden	MT Christmas Invitational (12/10)
46-4.00 (14.12m)	Solomon Atosona	Sun Belt Championships (2/25)
46-3.25 (14.10m)	Kameron Rory	MTSU Invitational (2/4)
46-0.00 (14.02m)	Michael Stokes	MT Christmas Invitational (12/10)
45-10.00 (13.97m)	Kameron Rory	Valentine Invitational (2/11)
45-0.25 (13.72m)	Junior Cadet	Valentine Invitational (2/11)
44-9.50 (13.65m)	Kameron Rory	Kentucky Invitational (1/14)
44-6.75 (13.58m)	Michael Stokes	Kentucky Invitational (1/14)
44-2.00 (13.46m)	Solomon Atosona	MT Christmas Invitational (12/10)
43-3.75 (13.20m)	Kameron Rory	Blue Raider Invitational (1/14)
42-3.50 (12.89m)	Junior Cadet	Rod McCravy Memorial (1/28)
41-1.50 (12.53m)	Junior Cadet	Sun Belt Championships (2/25)
Foul	Solomon Atosona	Valentine Invitational (2/11)
Foul	Kameron Rory	Sun Belt Championships (2/25)
Foul	Kameron Rory	Rod McCravy Memorial (1/28)
Foul	Cordairo Golden	Ed Temple Classic (1/7)
Foul	Kameron Rory	Ed Temple Classic (1/7)
Foul	Kameron Rory	MT Christmas Invitational (12/10)

SHOT PUT

42-0.00 (12.80m) p	Shubert Bastien	MTSU Invitational (2/4)
39-4.00 (11.99m)	Shubert Bastien	Valentine Invitational (2/11)
34-02.25 (10.42m)	Shubert Bastien	Rod McCravy Memorial (1/28)

2012 MIDDLE TENNESSEE WOMEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

55 METERS

7.10	Sheniece Daphness	MTSU Invitational (2/4)
7.14	Sheniece Daphness	Valentine Invitational (2/11)
7.17	Kiara Henry	Sun Belt Championships (2/25)
7.17	Kiara Henry	Blue Raider Invitational (1/21)
7.19	Sheniece Daphness	Blue Raider Invitational (1/21)
7.22	Rosina Amenebede	Sun Belt Championships (2/25)
7.22	Kiara Henry	Ed Temple Classic (1/7)
7.27	Rosina Amenebede	Blue Raider Invitational (1/21)
7.30	Amber Dandy	Blue Raider Invitational (1/21)
7.31	Amber Dandy	Sun Belt Championships (2/25)
7.32	Amber Dandy	MT Christmas Invitational (12/10)
7.33	Sheniece Daphness	Sun Belt Championships (2/25)
7.37	Amber Dandy	Valentine Invitational (2/11)
7.37	Sheniece Daphness	MT Christmas Invitational (12/10)
7.38	Amber Dandy	MTSU Invitational (2/4)
7.41	Kiara Henry	Valentine Invitational (2/11)
7.41	Sheniece Daphness	Ed Temple Classic (1/7)
7.42	Rosina Amenebede	Valentine Invitational (2/11)

60 METERS

7.82	Kiara Henry	Kentucky Invitational (1/14)
7.91	Sheniece Daphness	Rod McCravy Memorial (1/28)
7.91	Rosina Amenebede	Kentucky Invitational (1/14)
7.96	Sheniece Daphness	Kentucky Invitational (1/14)
7.97	Rosina Amenebede	Rod McCravy Memorial (1/28)
7.98	Amber Dandy	Rod McCravy Memorial (1/28)
8.05	Amber Dandy	Kentucky Invitational (1/14)

200 METERS

24.60	Kiara Henry	Sun Belt Championships (2/25)
24.86	Kiara Henry	Kentucky Invitational (1/14)
24.89	Kiara Henry	Blue Raider Invitational (1/21)
25.08	Christal Wilson	Sun Belt Championships (2/25)
25.34	Christal Wilson	Rod McCravy Memorial (1/28)
25.39	Christal Wilson	Blue Raider Invitational (1/21)
25.52	Christal Wilson	MTSU Invitational (2/4)
25.53	Christal Wilson	MT Christmas Invitational (12/10)
25.57	Sheniece Daphness	Kentucky Invitational (1/14)
25.65	Kiara Henry	Ed Temple Classic (1/7)
25.77	Sheniece Daphness	Rod McCravy Memorial (1/28)
25.81	Christal Wilson	Kentucky Invitational (1/14)
25.92	Sheniece Daphness	Blue Raider Invitational (1/21)
26.05	Sheniece Daphness	Sun Belt Championships (2/25)
26.33	Sheniece Daphness	MTSU Invitational (2/4)
26.35	Sheniece Daphness	Ed Temple Classic (1/7)
26.40	Amber Jackson	Blue Raider Invitational (1/21)
26.61	France Makabu	Blue Raider Invitational (1/21)
28.94	Jazmyne McCullough	Sun Belt Championships (2/25)
29.03	Kaila Frazier	Sun Belt Championships (2/25)
29.23	Kaila Frazier	MTSU Invitational (2/4)
29.35	Kaila Frazier	Blue Raider Invitational (1/21)
DNF	Sheniece Daphness	Valentine Invitational (2/11)

400 METERS

59.18	Amber Jackson	Blue Raider Invitational (1/21)
59.44	Kiara Henry	MT Christmas Invitational (12/10)
1:00.81	France Makabu	Kentucky Invitational (1/14)
1:01.49	France Makabu	MT Christmas Invitational (12/10)
1:02.66	France Makabu	Rod McCravy Memorial (1/28)
1:03.63	Tressanique Hampton	Valentine Invitational (2/11)
1:03.78	Jazmyne McCullough	Valentine Invitational (2/11)
1:03.92	Jazmyne McCullough	Sun Belt Championships (2/25)
1:04.54	Tressanique Hampton	MTSU Invitational (2/4)
1:04.71	Jazmyne McCullough	Blue Raider Invitational (1/21)
1:05.35	Jazymne McCullough	MT Christmas Invitational (12/10)
1:05.42	Kaila Frazier	Valentine Invitational (2/11)
1:05.65	Jazmyne McCullough	MTSU Invitational (2/4)
1:08.89	Maty Ndiaye	MT Christmas Invitational (12/10)
1:10.30	Kaila Frazier	Sun Belt Championships (2/25)
1:11.35	Kaila Frazier	Blue Raider Invitational (1/21)
1:12.07	Kaila Frazier	MTSU Invitational (2/4)
1:15.28	Kaila Frazier	MT Christmas Invitational (12/10)

800 METERS

2:11.63	Amber Jackson	Rod McCravy Memorial (1/28)
2:12.43	Amber Jackson	Kentucky Invitational (1/14)
2:13.92	Amber Jackson	Sun Belt Championships (2/25)
2:14.96	Rachel Islam	Rod McCravy Memorial (1/28)
2:15.28	Autumn Gipson	Sun Belt Championships (2/25)
2:16.19	Amber Jackson	Valentine Invitational (2/11)
2:16.68	Rachel Islam	Sun Belt Championships (2/25)
2:17.12	Lucy Kapkiai	Valentine Invitational (2/11)
2:17.62	Autumn Gipson	MTSU Invitational (2/4)
2:18.28	Rachel Islam	Kentucky Invitational (1/14)
2:18.72	Rachel Islam	Blue Raider Invitational (1/21)
2:19.52	Lucy Kapkiai	Kentucky Invitational (1/14)
2:20.34	Stephanie Smith	MTSU Invitational (2/4)
2:21.03	Lucy Kapkiai	Blue Raider Invitational (1/21)
2:23.18	Stephanie Smith	Rod McCravy Memorial (1/28)
2:23.66	Stephanie Smith	Sun Belt Championships (2/25)
2:23.66	Autumn Gipson	Blue Raider Invitational (1/21)
2:23.77	Stephanie Smith	Blue Raider Invitational (1/21)
2:24.29	Tressanique Hampton	Sun Belt Championships (2/25)
2:24.44	Tressanique Hampton	Blue Raider Invitational (1/21)
2:24.58	Tressanique Hampton	MT Christmas Invitational (12/10)
2:24.86	Tressanique Hampton	Rod McCravy Memorial (1/28)
2:25.14	Tressanique Hampton	Kentucky Invitational (1/14)
2:28.67	Autumn Gipson	Rod McCravy Memorial (1/28)
2:29.17	Autumn Gipson	Kentucky Invitational (1/14)
2:46.59	Jelagat Kimaiyo	Valentine Invitational (2/11)

2012 MIDDLE TENNESSEE WOMEN'S INDOOR TRACK & FIELD PERFORMANCE LISTS

MILE RUN

5:03.98	Lucy Kapkiai	Sun Belt Championships (2/25)
5:06.22	Lucy Kapkiai	Kentucky Invitational (1/14)
5:08.76	Autumn Gipson	Valentine Invitational (2/11)
5:12.36	Autumn Gipson	Rod McCravy Memorial (1/28)
5:13.66	Autumn Gipson	Kentucky Invitational (1/14)
5:16.20	Rachel Islam	MTSU Invitational (2/4)
5:16.57	Autumn Gipson	MT Christmas Invitational (12/10)
5:19.53	Stephanie Smith	Kentucky Invitational (1/14)
5:21.54	Stephanie Smith	Rod McCravy Memorial (1/28)
5:25.02	Rachel Islam	MT Christmas Invitational (12/10)
5:26.04	Rachel Islam	Sun Belt Championships (2/25)
5:29.18	Stephanie Smith	Sun Belt Championships (2/25)
5:31.93	Stephanie Smith	Valentine Invitational (2/11)
5:31.93	Stephanie Smith	MT Christmas Invitational (12/10)

3,000 METERS

9:43.77	Lucy Kapkiai	Sun Belt Championships (2/25)
9:49.37	Lucy Kapkiai	Rod McCravy Memorial (1/28)
10:11.74	Lucy Kapkiai	MT Christmas Invitational (12/10)

5,000 METERS

17:04.70	Lucy Kapkiai	Sun Belt Championships (2/25)

55-METER HURDLES

7.86	Rosina Amenebede	Sun Belt Championships (2/25)
7.90	Christal Wilson	Sun Belt Championships (2/25)
7.97	Ann Dudley	Sun Belt Championships (2/25)
8.05	Ann Dudley	MTSU Invitational (2/4)
8.07	Rosina Amenebede	Blue Raider Invitational (1/21)
8.09	Ann Dudley	MT Christmas Invitational (12/10)
8.11	Christal Wilson	Valentine Invitational (2/11)
8.14	Rosina Amenebede	MTSU Invitational (2/4)
8.15	Ann Dudley	Blue Raider Invitational (1/21)
8.16	Christal Wilson	Blue Raider Invitational (1/21)
8.19	Ann Dudley	Ed Temple Classic (1/7)
8.22	Christal Wilson	Ed Temple Classic (1/7)
8.22	Christal Wilson	MT Christmas Invitational (12/10)
8.22	Christal Wilson	MTSU Invitational (2/4)

60-METER HURDLES

8.64	Rosina Amenebede	Kentucky Invitational (1/14)
8.82	Ann Dudley	Kentucky Invitational (1/14)
8.85	Rosina Amenebede	Rod McCravy Memorial (1/28)
8.91	Christal Wilson	Rod McCravy Memorial (1/28)
8.99	Christal Wilson	Kentucky Invitational (1/14)
9.30	Ann Dudley	Rod McCravy Memorial (1/28)

4x400-METER RELAY

3:51.13	Middle Tennessee "A"	Sun Belt Championships (2/25)
4:05.24	Middle Tennessee "B"	Rod McCravy Memorial (1/28)
4:05.24	Middle Tennessee "B"	Rod McCravy Memorial (1/28)
4:08.43	Middle Tennessee "B"	Blue Raider Invitational (1/21)
4:10.20	Middle Tennessee "B"	MTSU Invitational (2/4)
4:16.26	Middle Tennessee "A"	Valentine Invitational (2/11)
4:21.95	Middle Tennessee "B"	MT Christmas Invitational (12/10)

DISTANCE MEDLEY

12:30.10	Middle Tennessee "A"	Sun Belt Championships (2/25)
13:32.94	Middle Tennessee "A"	Ed Temple Classic (1/7)

HIGH JUMP

6-0.00 (1.83m)	Ann Dudley	MT Christmas Invitational (12/10)
5-11.50 (1.82m)	Ann Dudley	Kentucky Invitational (1/14)
5-11.25 (1.81m)	Ann Dudley	NCAA Championships (3/9)
5-10.50 (1.79m)	Ann Dudley	Rod McCravy Memorial (1/28)
5-9.75 (1.77m)	Ann Dudley	Sun Belt Championships (2/25)
5-9.25 (1.76m)	Ann Dudley	MTSU Invitational (2/4)
5-8.00 (1.73m)	Ann Dudley	Ed Temple Classic (1/7)
5-7.25 (1.71m)	Ann Dudley	Valentine Invitational (2/11)
5-7.00 (1.70m)	Ann Dudley	Blue Raider Invitational (1/21)

LONG JUMP

19-11.50 (6.08m)	Euphemia Edem	Sun Belt Championships (2/25)
19-11.00 (6.07m)	Kiara Henry	Ed Temple Classic (1/7)
19-8.75 (6.01m)	Euphemia Edem	Ed Temple Classic (1/7)
19-6.25 (5.95m)	Rosina Amenebede	Sun Belt Championships (2/25)
19-4.25 (5.90m)	Kiara Henry	Blue Raider Invitational (1/21)
19-4.00 (5.89m)	Euphemia Edem	MTSU Invitational (2/4)
19-2.75 (5.86m)	Kiara Henry	Kentucky Invitational (1/14)
19-2.00 (5.84m)	Kiara Henry	Sun Belt Championships (2/25)
19-2.00 (5.84m)	Rosina Amenebede	Rod McCravy Memorial (1/28)
18-11.25 (5.77m)	Kiara Henry	MT Christmas Invitational (12/10)
18-11.25 (5.77m)	Kiara Henry	MT Christmas Invitational (12/10)
18-10.00 (5.74m)	Kiara Henry	Rod McCravy Memorial (1/28)
18-8.50 (5.70m)	Amber Dandy	MT Christmas Invitational (12/10)
18-4.50 (5.60m)	Amber Dandy	Sun Belt Championships (2/25)
18-4.25 (5.59m)	Amber Dandy	Kentucky Invitational (1/14)
18-1.00 (5.51m)	Euphemia Edem	Rod McCravy Memorial (1/28)
17-11.00 (5.46m)	Euphemia Edem	Valentine Invitational (2/11)
17-10.25 (5.44m)	Amber Dandy	MTSU Invitational (2/4)
17-8.75 (5.40m)	Amber Dandy	Rod McCravy Memorial (1/28)
17-8.25 (5.39m)	France Makabu	Valentine Invitational (2/11)
17-6.75 (5.35m)	Amber Dandy	Valentine Invitational (2/11)
17-1.50 (5.22m)	France Makabu	Sun Belt Championships (2/25)

TRIPLE JUMP

42-10.75 (13.07m)	France Makabu	Sun Belt Championships (2/25)
41-8.00 (12.70m)	France Makabu	Valentine Invitational (2/11)
41-5.75 (12.64m)	Euphemia Edem	Sun Belt Championships (2/25)
41-5.00 (12.62m)	France Makabu	MT Christmas Invitational (12/10)
41-4.25 (12.60m)	France Makabu	MTSU Invitational (2/4)
40-7.50 (12.38m)	Euphemia Edem	MTSU Invitational (2/4)
40-6.75 (12.36m)	Euphemia Edem	MT Christmas Invitational (12/10)
40-6.00 (12.34m)	France Makabu	NCAA Championships (3/10)
40-4.25 (12.30m)	Euphemia Edem	Ed Temple Classic (1/7)
40-3.50 (12.28m)	France Makabu	Ed Temple Classic (1/7)
40-3.50 (12.28m)	Euphemia Edem	Valentine Invitational (2/11)
39-11.25 (12.17m)	Euphemia Edem	Rod McCravy Memorial (1/28)
39-10.00 (12.14m)	France Makabu	Blue Raider Invitational (1/21)
39-5.00 (12.01m)	France Makabu	Kentucky Invitational (1/14)
38-11.75 (11.88m)	France Makabu	Rod McCravy Memorial (1/28)
37-11.25 (11.56m)	Ann Dudley	Kentucky Invitational (1/14)
37-5.25 (11.41m)	Ann Dudley	Sun Belt Championships (2/25)
36-2.00 (11.02m)	Ann Dudley	Blue Raider Invitational (1/21)

INDOOR PENTATHLON

3509	Ann Dudley	Sun Belt Championships (2/25)

2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERSONAL BESTS

GEOFFREY AKENA

400 Meters	49.75

NOAH AKWU

55 Meters	6.39
200 Meters	20.86
400 Meters	47.49

SOLOMON ATOSONA

200 Meters	23.36
Long Jump	23-8.25 (7.22m)
Triple Jump	46-4.00 (14.12m)

KENDALL BACCHUS

55 Meters	6.45
200 Meters	21.68
400 Meters	50.81

SHUBERT BASTIEN

Shot Put	42-0.00 (12.80m)

VINCENT BETT

3,000 Meters	8:46.94
5,000 Meters	15:33.25

DEANGELO BLAIR

800 Meters	2:03.84

ASA BOWMAN

200 Meters	22.30
400 Meters	49.15

JUNIOR CADET

55-Meter Hurdles	7.81
60-Meter Hurdles	8.76
Long Jump	23-5.50 (7.15m)
Triple Jump	45-0.25 (13.72m)

DRAYTON CALHOUN

55 Meters	6.33
60 Meters	6.83

JUSTUS DAVID

800 Meters	1:52.38
Mile Run	4:13.05
3,000 Meters	8:06.95
5,000 Meters	14:05.10

KEITH DAVIS

800 Meters	2:01.25
Mile Run	4:32.76
3,000 Meters	8:54.95
5,000 Meters	15:30.94

JARELL DORSEY

55 Meters	7.37
60 Meters	6.77

RYCINE ELLISON

200 Meters	22.57
400 Meters	49.92

KENNETH GILSTRAP

55 Meters	6.30
60 Meters	6.83
200 Meters	21.71

CORDAIRO GOLDEN

200 Meters	23.35
High Jump	6-04.75 (1.95m)
Long Jump	24-5.75 (7.46m)
Triple Jump	52-1.75 (15.89m)

LYLE HAYWOOD

800 Meters	1:56.23
Mile Run	4:32.46

JAMARIOUS JONES

200 Meters	25.10
400 Meters	55.47
800 Meters	1:59.96

JAMES MESSICK

200 Meters	22.66
400 Meters	50.58

NATHANIEL MOORE

55 Meters	6.69
200 Meters	22.52
400 Meters	48.84

STEVEN PALMER

55 Meters	6.56
200 Meters	21.95
400 Meters	47.84
Long Jump	22-5.00 (6.83m)

2012 MIDDLE TENNESSEE MEN'S INDOOR TRACK & FIELD PERSONAL BESTS

ROSCOE PAYNE

200 Meters	22.05
400 Meters	48.53
55-Meter Hurdles	7.39
60-Meter Hurdles	7.99
110-Meter Hurdles	14.07
400-Meter Hurdles	54.08

KAMERON RORY

400 Meters	53.15
Long Jump	22-9.75 (6.95m)
Triple Jump	46-3.25 (14.10m)

DEMARCO SCALES

400 Meters	53.78
800 Meters	2:01.20

DEMETRIUS SHELTON

55 Meters	6.55
60 Meters	7.10
200 Meters	22.22
400 Meters	50.40

ROBINSON SIMATEI

800 Meters	1:54.18
Mile Run	4:17.35

MICHAEL STOKES

55 Meters	6.43
Long Jump	23-0.00 (7.01m)
Triple Jump	46-0.00 (14.02m)

SILAS TAIGET

3,000 Meters	8:50.51

2012 MIDDLE TENNESSEE WOMEN'S INDOOR TRACK & FIELD PERSONAL BESTS

ROSINA AMENEBEDE

55 Meters	7.18
60 Meters	7.76
200 Meters	25.24
55-Meter Hurdles	7.85
60-Meter Hurdles	8.48
Long Jump	19-6.25 (5.95m)
Triple Jump	35-3.75 (10.76m)

DEANNA BRASZ

800 Meters	2:25.86
Mile Run	5:07.80
3,000 Meters	10:12.27

AMBER DANDY

55 Meters	7.30
60 Meters	7.98
Long Jump	18-8.50 (5.70m)

SHENIECE DAPHNESS

55 Meters	7.10
60 Meters	7.91
200 Meters	25.57

ANN DUDLEY

200 Meters	27.36
800 Meters	2:59.09
55-Meter Hurdles	7.97
60-Meter Hurdles	8.91
High Jump	6-0.00 (1.83m)
Long Jump	15-10.55 (4.84m)
Triple Jump	38-7.00 (11.76m)
Indoor Pentathlon	2551

EUPHEMIA EDEM

Long Jump	19-11.50 (6.08m)
Triple Jump	41-5.75 (12.64m)

KAILA FRAZIER

200 Meters	29.03
400 Meters	1:05.42

AUTUMN GIPSON

400 Meters	1:06.01
800 Meters	2:15.28
Mile Run	5:08.76

TRESSANIQUE HAMPTON

400 Meters	1:01.99
600 Meters	1:39.99
800 Meters	2:20.56
1,000 Meters	3:08.20

KIARA HENRY

55 Meters	6.99
60 Meters	7.58
200 Meters	24.37
400 Meters	59.44
Long Jump	19-11.00 (6.07m)

RACHEL ISLAM

400 Meters	1:01.93
800 Meters	2:14.96
Mile Run	5:16.20

AMBER JACKSON

200 Meters	25.91
400 Meters	55.82
800 Meters	2:12.43

LUCY KAPKIAI

Mile Run	5:03.98
800 Meters	2:17.12
3,000 Meters	9:43.77
5,000 Meters	17:04.70

JELAGAT KIMAIYO

800 Meters	2:46.59

FRANCE MAKABU

200 Meters	26.37
400 Meters	58.76
Long Jump	17-8.25 (5.39m)
Triple Jump	41-8.00 (12.70m)

JAZMYNE McCULLOUGH

400 Meters	1:04.71

MATY NDIAYE

400 Meters	1:08.89

2012 MIDDLE TENNESSEE WOMEN'S INDOOR TRACK & FIELD PERSONAL BESTS

STEPHANIE SMITH

800 Meters	2:17.51
Mile Run	5:10.44
3,000 Meters	10:29.82

CHRISTAL WILSON

200 Meters	25.34
55-Meter Hurdles	7.82
60-Meter Hurdles	8.91

NYEISHA WRIGHT

55 Meters	7.07
60 Meters	7.77
200 Meters	24.33
Long Jump	20-6.50 (6.26m)
Triple Jump	39-10.25 (12.14m)

MIDDLE TENNESSEE
INDOOR TRACK & FIELD SCHOOL RECORDS

MEN

55 Meters	6.14	Mardy Scales	2003
200 Meters	20.84	Mardy Scales	2004
400 Meters	46.36	Godfrey Herring	2001
800 Meters	1:50.27	Festus Chemaoi	2009
Mile Run	4:03.47	Joe O'Loughlin	1982
3,000 Meters	8:06.95	Justus David	2011
5,000 Meters	14:05.10	Justus David	2012
55-Meter Hurdles	7.20	Linnie Yarbrough	2006
4x400-Meter Relay	3:08.32	Okorie, Darden, Hicks, Waller	2004
Distance Medley Relay	9:48.04	Johnson Mitchell, David, O'Loughlin	1981
High Jump	7-1.50	Alex Pruitt	2005
Pole Vault	15-8.50	Tom Yelverton	1981
Long Jump	27-0.75	Roland McGhee	1993
Triple Jump	54-6.50	Tommy Haynes	1974
Shot Put	57-7.00	Brian Oldfield	1966
Weight Throw	58-8.75	James Thomas	2007

WOMEN

55 Meters	6.89	Dione Rose	1994
200 Meters	23.54	Nadia Graham	1996
400 Meters	52.41	Rosemary Okafor	2004
800 Meters	2:06.11	Zamzam Sangau	2010
Mile Run	4:48.37	Zamzam Sangau	2008
3,000 Meters	9:49.37	Lucy Kapkiai	2012
5,000 Meters	17:54.42	Zamzam Sangau	2008
55-Meter Hurdles	7.59	Linnie Yarbrough	1994
4x400-Meter Relay	3:42.78	Hall, Parrish, Phillips, Graham	1996
Distance Medley Relay	12:07.87	Comstock, Stringer, Gombert, Sangau	2008
High Jump	6-0.00	Ann Dudley	2011
Pole Vault	10-8.25	Jennifer Howard	2003
Long Jump	20-10.50	Sarah Nambawa	2010
Triple Jump	44-8.25	Sarah Nambawa	2008
Shot Put	53-5.50	Brittany Cox	2010
Weight Throw	67-6.00	Brittany Cox	2010