

MIDDLE TENNESSEE CROSS COUNTRY

Middle Tennessee Athletic Communications Office | Murphy Center | 1500 Greenland Drive | Murfreesboro, Tenn. 37132

Athletic Communications Director

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GoBlueRaiders.com

2012 SCHEDULE

Aug. 31	VU-Belmont Opener	Nashville, Tenn.	Men: 6th, Women: 8th
Sept. 8	PowerAde Invitational	Chattanooga, Tenn.	Men: 1st, Women: 2nd
Sept. 15	Commodore Classic	Nashville, Tenn.	Men: 14th, Women: 19th
Sept. 29	Greater Louisville Classic (Blue)	Louisville, Ky.	Men: 5th, Women: 23rd
Oct. 13	Front Runner Invitational	Chattanooga, Tenn.	Men: 3rd, Women: 3rd
Oct. 27	Sun Belt Championships	Bowling Green, Ky.	Men: 3rd, Women 4th
Nov. 9	NCAA Regionals	Tallahassee, Fla.	10:00 AM
Nov. 17	NCAA Championships	Louisville, Ky.	11:00 AM

QUICK FACTS

Name: Middle Tennessee State University

City/Zip: Murfreesboro, Tenn./37132 (pop. 108, 755)

Founded: 1911 Enrollment: 24,660 Nickname: Blue Raiders

Colors: Royal Blue, Gray and White (PMS 301, PMS 428)

Facility: Blue Raider Softball Field (1,000+)

Affiliation: NCAA Division I

Conference: Sun Belt Intercollegiate Conference

President: Sidney A. McPhee **Director of Athletics:** Chris Massaro

Associate AD/Senior Women's Administrator: Diane Turham

TEAM INFORMATION

Head Coach: Dean Hayes

Alma Mater: Lake Forest (Ill.), '49

Year Entering: 48th Office Phone: 615-898-2571 E-mail: dean.hayes@mtsu.edu Pitching Coach: Keith Vroman

Alma Mater: Eastern Kentucky, '00 Year Entering: 10th Office Phone: 615-898-5685 E-mail: keith.vroman@mtsu.edu

ATHLETIC COMMUNICATIONS

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2012 MEN'S ROSTER-

Name	Yr.	Hometown/High School (Previous School)
Keith Davis	Jr.	Murfreesboro, Tenn. / Oakland HS
Alden Dixon	Jr.	Arlington, Tenn. / Arlington HS
Lyle Haywood	Sr.	Nanuet, N.Y. / Nyack HS (SUNY Delhi)
Jamarious Jones	Sr.	Memphis, Tenn. / White Station HS (Memphis)
Daniel Ketter	Fr.	Kenya
Robinson Simatei	So.	Iten, Kenya / Yemit HS (Texas Tech)
Silas Taiget	So	Eldoret Kenya / Kinsoen SS

2012 WOMEN'S ROSTER -

Name	Yr.	Hometown/High School (Previous School)
Autumn Gipson	Jr.	Oak Ridge, Tenn. / Oak Ridge HS
Tressanique Hampton	Sr.	Flint, Mich. /Southwestern Academy (Detroit Mercy)
Rachel Islam	Jr.	Barrie, Ontario / Innisdale SS
Amber Jackson	Sr.	Chicago, Ill. / Evanston Township HS
Lucy Kapkiai	So.	Eldoret, Kenya (Anin HS)
Julia Kitevski	Fr.	Toronto, Ontario / Birchmount Park HS
Hannah Northam	So.	Arlington, Tenn. / Arlington HS (UT-Martin)
Stephanie Smith	Sr.	Aurora, Ontario / Williams SS

COACHES -



DEAN HAYES Head Coach 48th Season

Overall, Hayes has guided the programs to 29 OVC titles, 17 Sun Belt championships, and 18 NCAA Top 25 finishes. 48 of his student-athletes have earned a total of 85 All-America honors, four have become national champions and a number of them have gone on to compete internationally in the Olympic Games, World University Games and Pan-American Games.

After joining the Sun Belt full-time prior to the beginning of the 2000-01 academic year, Hayes and his staff were instrumental in helping Middle Tennessee capture the school's first Vic Bubas Cup - the league's all-sports trophy - in 2001, when the track programs won three SBC titles. The teams

also played significant roles in Middle Tennessee winning the trophy in 2004, 2005, 2007, 2009 and

Hayes' experience is not just limited to the collegiate level. He has also coached several teams sponsored by either the United States Olympic Committee or USA Track & Field. His international experience began at the first Olympic Sports Festival in Colorado Springs, Colo., in 1978. Since then, he has worked with a number of events, including the following: World University Games in Kobe, Japan (1985); Goodwill Games in Seattle (1990); World Cup in London (1994); World Championships in Athens, Greece (1997); Goodwill Games in New York (1998).

The Naperville, Ill., native also has served as an assistant at several international events. Aside from the first Olympic Sports Festival, Hayes worked as an assistant at the World University Games in Bucharest, Romania (1981); the World Championships in Helsinki (1983) and the Summer Olympic Games in Seoul, South Korea (1988). He also acted as a referee at the Summer Olympic Games in Atlanta.

Hayes earned his B.A. at Lake Forest (Ill.), where he competed in the 800-meters, the long jump and the triple jump, the latter an event in which he was an NCAA qualifier.

After earning his M.S. Ed. at Northern Illinois, Hayes began his coaching career at the high school level in Chicago where he coached for three years followed by spending one year in Minneapolis. He then jumped to the collegiate ranks at his alma mater, Lake Forest, before coming to Middle Tennessee in 1965.



KEITH VROMAN Assistant Coach 10th Season

Keith Vroman enters his tenth season at Middle Tennessee and his seventh as a full-time assistant for the Blue Raiders.

Vroman's experience in distance running has helped the Blue Raider cross country teams make great strides in recent years as the men's team captured the 2009 Sun Belt Championship and the women collected back-to-back runner-up finishes in 2009 and 2010.

Vroman was hired full-time during the summer of 2007 and helps in all areas of the program, including recruiting and meet management.

The Ludington, Mich., native earned his bachelor's in physical education, his master's in health education and an M.S. in sports administration at Eastern Kentucky, where he competed in cross country and the steeplechase.

2012 MEN'S INDIVIDUAL RESULTS

Keith Davis		
ate	Event	Time/Finish
/31	VU-Belmont Opener	16:26.40/39th
7	PowerAde Invitational	16:28.24/6th
15	Commodore Classic	26:28.41/82nd
29	Greater Louisville Classic	26:17.79/86th
1/3	FrontRunner Invitational	15:56.66/11th
)/27	Sun Belt Championships	26:01.80/17th
llden Dixon		
ate	Event	Time/Finish
31	VU-Belmont Opener	16:07.50/23rd
7	PowerAde Invitational	16:00.08/3rd
15	Commodore Classic	26:07.39/60th
29	Greater Louisville Classic	25:56.86/57th
/3	FrontRunner Invitational	15:43.24/6th
/3 /27		26:02.40/18th
1121	Sun Belt Championships	20.02.40/10(11
yle Haywood	F	T: //T::
nte	Event VII Polymer Commercial	Time/Finish
31	VU-Belmont Opener	16:51.00/56th
7	PowerAde Invitational	16:46.65/10th
15	Commodore Classic	27:21.03/130th
29	Greater Louisville Classic	26:37.43/137th
)/3	FrontRunner Invitational	16:08.28/16th
)/27	Sun Belt Championships	26:17.80/26th
amarious Jones		
ate	Event	Time/Finish
31	VU-Belmont Opener	18:23.10/80th
7	PowerAde Invitational	18:23.90/21st
15	Commodore Classic	30:13.67/181st
729	Greater Louisville Classic	28:47.70/333rd
0/3	FrontRunner Invitational	17:47.16/35th
)/3)/27	Sun Belt Championships	29:08.10/66th
No. Col Works		
Paniel Ketter	Frank	T: / [:-:-
nte	<u>Event</u>	Time/Finish
15	Commodore Classic	27:27.66/135th
729	Greater Louisville Classic	26:31.47/117th
0/3	FrontRunner Invitational	16:02.22/15th
0/27	Sun Belt Championships	26:08.50/22nd
ake Levin		
ate	Event	Time/Finish
7	PowerAde Invitational	19:03.56/29th
, /15	Commodore Classic	30:34.64/184th
Robinson Simatei		
ate	Event	Time/Finish
/31	VU-Belmont Opener	16:07.30/22nd
/7	PowerAde Invitational	15:48.58/2nd
// /15	Commodore Classic	
		26:01.48/52nd
/29	Greater Louisville Classic	25:07.51/6th
0/3	FrontRunner Invitational Sun Belt Championships	15:27.39/2nd 25:13.90/3rd
0/27		

2012 MEN'S INDIVIDUAL RESULTS

Silas Taiget		
Date	Event	Time/Finish
8/31	VU-Belmont Opener	16:19.50/31st
9/7	PowerAde Invitational	16:11.12/5th
9/15	Commodore Classic	27:21.81/131st
9/29	Greater Louisville Classic	25:47.79/44th
10/3	FrontRunner Invitational	16:16.13/18th
10/27	Sun Belt Championships	26:46.20/33rd

2012 WOMEN'S INDIVIDUAL RESULTS

Autumn Gipson		
ate	Event	Time/Finish
/31	VU-Belmont Opener	16:04.10/35th
/7	PowerAde Invitational	12:14.49/4th
/15	Commodore Classic	24:12.43/122nd
/29	Greater Louisville Classic	18:45.83/42nd
0/3	FrontRunner Invitational	11:33.35/3rd
0/27	Sun Belt Championships	18:45.20/13th
Fressanique Hampton		
Date •	Event	Time/Finish
/31	VU-Belmont Opener	17:55.00/73rd
/7	PowerAde Invitational	13:23.86/22nd
// 1/15	Commodore Classic	25:03.60/152nd
/29	Greater Louisville Classic	19:50.78/170th
0/3	FrontRunner Invitational	12:06.26/13th
10/27	Sun Belt Championships	19:09.20/23rd
Rachel Islam		
Date	Event	Time/Finish
8/31	VU-Belmont Opener	16:12.80/39th
)/7	PowerAde Invitational	12:26.67/8th
// //15	Commodore Classic	24:21.86/128th
)/29	Greater Louisville Classic	24.21.80/128th 20:00.59/182nd
0/3 0/27	FrontRunner Invitational	12:10.80/15th
10/27	Sun Belt Championships	19:44.00/40th
Julia Kitevski	Event	Time/Finish
Date Control of the C		
8/31	VU-Belmont Opener	16:36.70/52nd
0/7	PowerAde Invitational	12:27.47/10th
0/15	Commodore Classic	23:47.84/104th
9/29	Greater Louisville Classic	18:40.97/36th
10/3	FrontRunner Invitational	12:05.08/12th
10/27	Sun Belt Championships	18:17.20/6th
Hannah Northam		
Oate	<u>Event</u>	Time/Finish
3/31	VU-Belmont Opener	17:54.50/72nd
0/7	PowerAde Invitational	13:30.39/24th
0/15	Commodore Classic	27:18.51/196th
0/29	Greater Louisville Classic	21:50.09/306th
10/3	FrontRunner Invitational	13:50.62/43rd
10/27	Sun Belt Championships	21:47.00/74th
Stephanie Smith		
Date	Event	Time/Finish
)/7	PowerAde Invitational	13:10.16/18th
)/15	Commodore Classic	24:54.26/147th
)/29	Greater Louisville Classic	20:12.13/213th
10/3	FrontRunner Invitational	12:17.21/16th
10/27	Sun Belt Championships	19:24.10/31st