20 Personal records broke on Day 2 of Rod McCravy Memorial

Akwu, Amenebede and men's 4x400 meter relay earn runner-up finishes

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Complete Results (PDF)

LEXINGTON, Ky. - On the final day of the Rod McCravy Memorial at the Nutter Fieldhouse, Middle Tennessee had 20 individuals set personal records. In addition, MT grabbed three runner-up positions on Saturday.

Rosina Amenebede qualified eighth in the women's 60 meter hurdle preliminary round, but put together an impressive performance in the finals, hitting a personal record mark of 8.37 seconds to grab second.

Noah Akwu ran the men's 400 for the first time in his Blue Raider career, cruising around the track in 47.50 seconds to finish just .25 seconds behind Western Kentucky's Elvyonn Bailey, who won the event.

The final runner-up for MT was the men's 4x400 meter team made up of Geoffrey Akena, Andre Hamilton, Steven Palmer and Akwu. The men finished less than one second behind the winner with a time of 3:11.61.

In the men's 200 meter finals, Demetrius Shelton ran a personal best, 22.09 for seventh place.

France Makabu and India Hammond competed in the women's triple jump invitational event, and Makabu (12.65 meters) was third. Hammonds (11.81 meters) was eighth. On the men's side, Cordairo Golden hit a season-long mark of 50 feet, .75 inches and finished fifth.

Middle Tennessee will host the final two events of their indoor season inside the Murphy Center on Feb. 2 and Feb. 9 before heading to the Sun Belt Indoor Championships, scheduled for Feb. 23-24.

Women's 60 Meter Dash Prelims (Top nine qualify)
17. Rosina Amenebede (7.79)
26. Jasmine Abrams (7.85)
47. Amber Dandy (8.14)

Men's 60 Meter Dash Prelims (Top nine qualify)
20. Drayton Calhoun (7.09)
21. Demetrius Shelton (7.11)
30. Daniel Mitchell (7.30)
-- Kendall Bacchus (FS)

Women's 60 Meter Hurdle Prelims (Top nine qualify)
8. Rosina Amenebede (8.76q)
10. Christal Wilson (8.81)
11. Ann Dudley (8.84)
16. India Hammond (8.93)

Men's 60 Meter Hurdle Prelims (Top nine qualify)
17. Bryson Lillard (8.48)

Women's 1 Mile Run Finals
18. Stephanie Smith (5:08.39PR)
21. Autumn Gipson (5:09.91)

Men's 1 Mile Run Finals
11. Alden Dixon (4:13.19PR)
29. Daniel Ketter (4:26.80)
33. Keith Davis (4:27.09PR)
34. Eluid Rutto (4:27.14PR)

Women's 60 Meter Hurdle Finals
2. Rosina Amenebede (8.37 PR)

Women's 400 Meter Finals
26. Amber Jackson (58.65)
27. Ginasia Hamilton (58.88PR)
53. Andreonna Williams (1:04.49PR)
54. Jasmine Nesbitt (1:08.05PR)

Men's 400 Meter Finals
2. Noah Akwu (47.50)
8. Andre Hamilton (48.39)
24. Geoffrey Akena (49.73PR)
28. Steven Palmer (49.91)
41. Rycine Ellison (50.78)

Women's 800 Meter Finals
12. Rachel Islam (2:15.12)
25. Tressanique Hampton (2:20.46)

Men's 800 Meter Finals
13. Keith Davis (1:55.08PR)
18. Asa Bowman (1:56.35)
21. Lyle Haywood (1:57.11)
36. Jamarious Jones (1:59.71PR)
41. DeMarco Scales (2:05.28)

Women's 200 Meter Finals
18. Jasmine Abrams (25.25PR)
19. Christal Wilson (25.31)
54. Andreonna Williams (27.99PR)

Men's 200 Meter Finals
7. Demetrius Shelton (22.09PR)
12. Kendell Bacchus (22.41)
13. James Messick (22.48PR)
24. Bryson Lillard (23.35PR)
-- Drayton Calhoun (DQ)

Women's 3000 Meter Run Finals
15. Lucy Kapkiai (9:57.66)
17. Julia Kitevski (10:02.22PR)

Men's 3000 Meter Run Finals
12. Silas Taiget (8:26.57PR)
20. Robinson Simatei (8:35.29PR)

Women's 4x400 Meter Relay Finals
18. Middle Tennessee "A" (4:02.75)
(Amber Jackson, Jasmine Abrams, Christal Wilson, Ginasia Hamilton)
22. Middle Tennessee "B" (4:10.52)
(Sheniece Daphness, Pershawna Williams, Autumn Gipson, France Makabu)

Men's 4x400 Meter Relay Finals
2. Middle Tennessee "A" (3:11.61)
(Geoffrey Akena, Andre Hamilton, Steven Palmer, Noah Akwu)
10. Middle Tennessee "B" (3:20.05)
(Demetrius Shelton, Rycine Ellison, Asa Bowman, Eliud Rutto)

Women's Triple Jump Invitational Finals
3. France Makabu (12.65 m / 41-6.00)
8. India Hammond (11.81m / 38-0.00)

Men's Triple Jump Invitational Finals
5. Cordairo Golden (15.26m / 50-0.75)
18. Nigel Jones (13.79m / 45-3.00PR)
-- Kameron Rory (FOUL)

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