Track and Field returns home for MT Invitational

Seven schools send athletes to Murphy Center

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Complete Release (PDF)

This Week...
Middle Tennessee will host the MT Invitational this Saturday, Feb. 2 inside the Murphy Center. The meet is scheduled to begin at 11 a.m. A complete schedule of events can be found here.

Competitors...
Athletes from seven different schools will compete in this weekend's events, including Sun Belt foes Georgia State, Troy and WKU.

Last time out...
Middle Tennessee competed in the Rod McCravy Memorial last weekend in Lexington, Ky. The event, hosted by Kentucky, featured athletes from more than 20 schools. MT set 20 personal records and grabbed several runner-up finishes at the two-day meet.

The Trophy Shelf...
Middle Tennessee has picked up four Sun Belt Conference Athlete of the Week honors so far this season. Cordairo Golden picked up SBC Field Athlete of the Week honors after breaking the 50-foot barrier for the first time this season in the men's triple jump. He previously won the award on Jan. 9. Noah Akwu won the men's Sun Belt Track Athlete of the week after claiming titles in the men's 60 and 200-meter dashes at the Kentucky Invitational, while Rosina Amenebede won SBC Field Athlete of the Week on Jan. 9.

Atop the Sun Belt...
Several Blue Raiders are ranked in the top 10 of the Sun Belt performance lists. For a complete ranking, turn to pages 4-7.

National Rankings...
With NCAA Nationals just over a month away, Middle Tennessee has had several athletes qualify,

and four currently ranked in the top 20. For a complete ranking, turn to page 3.

Over the hill...

Cordairo Golden hit the 50 foot mark for the first time this season in the men's triple jump at the Rod McCravy Memorial. Golden's jump of 15.26 meters (50-0.75 ft) earned him fifth place.

It's Personal...

The Blue Raiders had 20 different personal records fall last Saturday. Jasmine Abrams, Geoffrey Akena, Rosina Amenebede, Keith Davis, Tressanique Hampton, Ginasia Hamilton, Jamarious Jones, Nigel Jones, Julia Kitevski, Bryson Lillard, James Messick, Jasmine Nesbitt, Eluid Rutto, Demetrius Shelton, Robinson Simatei, Stephanie Smith, Silas Taiget and Andreonne Williams all put together career-best performances. Davis (800 meters, mile) and Williams (200 meters, 400 meters) each set two PR's on the day.

Comments from the Coach...

"More than anything, it's good to be home," head coach Dean Hayes said. "Last week was great for us because we ran extremely well and got our distance runners into the faster heats for the Sun Belt Championships. With us being home for the next two weeks, it will hopefully give us a solid opportunity to prepare as best we can for the Sun Belt meet on Feb. 23-24."

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