Middle Tennessee Track and Field

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INDOOR

D8	Christmas Invitational	Murfreesboro, Tenn.
J5	Ed Temple Invitational	Nashville, Tenn.
J11-12	Kentucky Invitational	Lexington, Ky.
J18-19	Niswonger Invitational	Johnson City, Tenn.
J25-26	Rod McCravy Memorial	Lexington, Ky.
F2	MT Invitational	Murfreesboro, Tenn.
F9	Valentine Invitational	Murfreesboro, Tenn.
F23-24	Sun Belt Conference Championships	Jonesboro, Ark.
M2	Last Chance Invitational	Blacksburg, Va.
M8-9	NCAA Championships	Fayetteville, Ark.

OUTDOOR

M16	Rhodes Invitational	Memphis, Tenn.
M23	Vanderbilt Open	Nashville, Tenn.
M30	Yellow Jacket Invitational	Atlanta, Ga.
A6	Tiger Invitational	Auburn, Ala.
A12-13	Sea Ray Invitational	Knoxville, Tenn.
A13	Boston-Moon Invitational	Nashville, Tenn.
A19-20	Vanderbilt Invitational	Nashville, Tenn.
A25-27	Penn Relays	Philadelphia, Pa.
A27	Troy Invitational	Troy, Ala.
M10-12	Sun Belt Conference Championships	Miami, Fla.
M23-25	NCAA Regional	Greensboro, N.C.
J5-8	NCAA Championships	Eugene, Ore.

MEN'S ROSTER

Geoffrey Akena	Sprints	FR
Noah Akwu	Sprints	SR
Solomon Atosona	Jumps	JR
Kendall Bacchus	Sprints	JR
Shubert Bastien	Javelin	SO
Asa Bowman	Sprints	SO
Junior Cadet	Jumps	JR
Drayton Calhoun	Sprints	SO
Keith Davis	Distance	JR
Alden Dixon	Distance	FR
Rycine Ellison	Sprints/Jumps	SO
Kenneth Gilstrap	Sprints	JR
Cordairo Golden	Jumps	JR
Andre Hamilton	Sprints	FR
Lyle Haywood	Middle Distance	SR
Jamarious Jones	Sprints	JR
Daniel Ketter	Distance	FR
Bryson Lillard	Sprints/Hurdles	FR
Shadrack Matelong	Distance	FR
James Messick	Sprints	JR
Daniel Mitchell	Sprints	FR
Nathaniel Moore	Sprints	SR
Steven Palmer	Sprints/Jumps	JR
Kameron Rory	Sprints/Jumps	JR
Eluid Rutto	Middle Distance	FR
Demarco Scales	Middle Distance	SO
Demitrius Shelton	Sprints	SO
Robinson Simatei	Middle Distance	JR
Silas Taiget	Distance	SO

WOMEN'S ROSTER

Jasmine Abrams	Sprints	FR
Rosina Amenebede	Sprints/Jumps	SR
Amber Dandy	Jumps	SO
Sheniece Daphness	Sprints	SO
Ann Dudley	Jumps	SR
Autumn Gipson	Middle Distance	JR
Ginasia Hamilton	Sprints	FR
India Hammond	Sprints/Hurdles	FR
Tressanique Hampton	Middle Distance	SR
Rachel Islam	Middle Distance	JR
Amber Jackson	Middle Distance	SR
Lucy Kapkiai	Distance	SO
Julia Kitevski	Distance	FR
Danielle Lipscomb	Jumps	FR
France Makabu	Jumps	JR
Jasmine Nesbitt	Sprints	FR
Hannah Northam	Distance	SO
Stephanie Smith	Distance	SR
Andreonna Williams	Sprints	FR
Pershawna Williams	Jumps/Sprints	FR
Christal Wilson	Sprints/Hurdles	SO

Head Coach	Dean Hayes
Assistant Coach	Kelly Carter
Assistant Coach	Keith Vroman
Assistant Coach	Andrew Owusu
Assistant Coach	Thomas Keith
Assistant Coach	Festus Chemaoi

GEOFFREY AKENA

400 METERS

49.52	MT Invitational	6th
49.73	Rod McCravy Memorial	24th
49.81	Christmas Invitational	3th

NOAH AKWU

60 METERS

6.74	Kentucky Invitational (Finals)	1st
6.85	Kentucky Invitational (Prelims)	3rd

200 METERS

20.91	Kentucky Invitational	1st

400 METERS

47.50	Rod McCravy Memorial	2nd
48.11	MT Invitational	1st

KENDALL BACCHUS

55 METERS

6.48	Christmas Invitational	2nd

60 METERS

FS	Rod McCravy Memorial (Prelims)	--

200 METERS

22.14	Christmas Invitational	2nd
22.41	Rod McCravy Memorial	12th

ASA BOWMAN

200 METERS

22.44	MT Invitational	5th

400 METERS

48.96	MT Invitational	5th

800 METERS

1:56.29	Christmas Invitational	3th
1:56.35	Rod McCravy Memorial	18th
1:57.04	Kentucky Invitational	7th
1:58.58	Niswonger Invitational	14th
2:01.29	Ed Temple Invitational	9th

JUNIOR CADET

60 METER HURDLES

8.42	Niswonger Invitational (Prelims)	2nd
8.92	Kentucky Invitational	12th

400 METERS

52.64	Christmas Invitational	13th

TRIPLE JUMP

47-4.25 (14.43m)	Christmas Invitational	2nd
47-0.25 (14.34m)	Niswonger Invitational	4th

LONG JUMP

26-6.00 (7.16m)	Ed Temple Invitational	5th
22-11.75 (7.00m)	Kentucky Invitational	7th
22-4.25 (6.81m)	Niswonger Invitational	6th
FOUL	Rod McCravy Memorial (Invitational)	--

DRAYTON CALHOUN

55 METERS

6.57	MT Invitational	7th
6.64	Ed Temple Invitational	16th

60 METERS

7.09	Kentucky Invitational (Prelims)	7th
7.09	Rod McCravy Memorial (Prelims)	20th
7.17	Kentucky Invitational (Finals)	9th
7.25	Niswonger Invitational (Prelims)	30th

200 METERS

24.72	Kentucky Invitational	19th
DQ	Rod McCravy Memorial	--

KEITH DAVIS

MILE		
4:27.09	Rod McCravy Memorial	33rd
4:29.87	MT Invitational	8th
4:30.17	Kentucky Invitational	17th
3000 METERS		
8:43.72	Christmas Invitational	4th
5000 METERS		
15:43.86	Niswonger Invitational	16th

ALDEN DIXON

800 METERS		
1:58.83	MT Invitational	5th
MILE		
4:13.19	Rod McCravy Memorial	11th
3000 METERS		
8:41.80	Christmas Invitational	3rd
8:49.44	Kentucky Invitational	17th
5000 METERS		
15:10.16	Niswonger Invitational	6th

RYCINE ELLISON

200 METERS		
22.77	MT Invitational	7th
23.09	Niswonger Invitational (Prelims)	28th
400 METERS		
50.78	Rod McCravy Memorial	41st
51.21	MT Invitational	8th

CORDAIRO GOLDEN

HIGH JUMP		
6-2.00 (1.88m)	MT Invitational	4th
6-0.75 (1.85m)	Kentucky Invitational	T-9th
LONG JUMP		
24-1.00 (7.34m)	MT Invitational	2nd
23-11.75 (7.31m)	Christmas Invitational	2nd
23-11.50 (7.30m)	Ed Temple Invitational	2nd
23-4.75 (7.13m)	Rod McCravy Memorial	6th
23-1.75 (7.05m)	Kentucky Invitational	5th
TRIPLE JUMP		
50-0.75 (15.26m)	Rod McCravy Memorial (Invitational)	5th
49-7.00 (15.11m)	Ed Temple Invitational	1st
49-6.25 (15.09m)	Kentucky Invitational	2nd
49-1.75 (14.98m)	MT Invitational	1st
49-1.50 (14.97m)	Christmas Invitational	1st
42-10.25 (13.06m)	Niswonger Invitational	10th

ANDRE HAMILTON

400 METERS		
48.19	Kentucky Invitational	3rd
48.39	Rod McCravy Memorial	8th
48.86	MT Invitational	4th
49.02	Christmas Invitational	2nd

LYLE HAYWOOD

800 METERS		
1:57.11	Rod McCravy Memorial	21st
1:57.17	Christmas Invitational	5th
1:57.34	Kentucky Invitational	8th
2:00.52	Niswonger Invitational	18th
MILE		
4:33.70	MT Invitational	11th

JAMARIOUS JONES

800 METERS

1:59.71	Rod McCravy Memorial	36th
1:59.84	Kentucky Invitational	14th
2:00.20	MT Invitational	7th
2:01.71	Christmas Invitational	9th
2:02.44	Niswonger Invitational	11th

NIGEL JONES

55 METERS

6.63	MT Invitational	12th

LONG JUMP

24-1.00 (7.34m)	MT Invitational	3rd
23-0.50 (7.02m)	Ed Temple Invitational	7th
21-10.75 (6.67m)	Rod McCravy Memorial (Invitational)	15th
21-0.00 (6.40m)	Kentucky Invitational	10th
FOUL	Niswonger Invitational	--

TRIPLE JUMP

45-3.00 (13.79m)	Rod McCravy Memorial (Invitational)	18th
45-0.50 (13.73m)	Niswonger Invitational	8th
45-0.25 (13.72m)	MT Invitational	5th
43-10.00 (13.36m)	Kentucky Invitational	7th
42-7.50 (12.99m)	Ed Temple Invitational	12th

DANIEL KETTER

800 METERS

1:56.29	Christmas Invitational	4th
1:58.57	Niswonger Invitational	13th
2:02.45	Ed Temple Invitational	10th

MILE

4:20.19	MT Invitational	6th
4:23.62	Kentucky Invitational	13th
4:26.80	Rod McCravy Memorial	29th

BRYSON LILLARD

55 METER HURDLES

7.77	Ed Temple Invitational	4th
7.80	MT Invitational (Finals)	1st
7.88	Christmas Invitational	2nd
8.10	MT Invitational (prelims)	3rd

60 METER HURDLES

8.40	Kentucky Invitational (Prelims)	7th
8.48	Rod McCravy Memorial (Prelims)	17th
8.51	Niswonger Invitational (Finals)	4th
8.58	Kentucky Invitational (Finals)	7th
8.60	Niswonger Invitational (Prelims)	4th

200 METERS

23.24	MT Invitational	10th
23.35	Rod McCravy Memorial	24th
23.41	Christmas Invitational	14th

SHADRACK MATELONG

3000 METERS

8:27.08	MT Invitational	1st

JAMES MESSICK

200 METERS

22.48	Rod McCravy Memorial	13th
22.55	Kentucky Invitational	8th

400 METERS

49.57	Kentucky Invitational	7th
50.69	MT Invitational	7th

DANIEL MITCHELL

55 METERS		
6.62	MT Invitational	11th
6.66	Christmas Invitational	9th
60 METERS		
7.15	Kentucky Invitational (Finals)	8th
7.15	Niswonger Invitational (Prelims)	22nd
7.16	Kentucky Invitational (Prelims)	9th
7.30	Rod McCravy Memorial (Prelims)	30th
200 METERS		
23.41	MT Invitational	12th
23.47	Christmas Invitational	15th
23.47	Rod McCravy Memorial	28th
23.48	Niswonger Invitational (Prelims)	39th

STEVEN PALMER

200 METERS		
22.04	MT Invitational	2nd
22.75	Niswonger Invitational (Prelims)	21st
400 METERS		
48.27	MT Invitational	2nd
48.27	Christmas Invitational	1st
49.63	Niswonger Invitational (Prelims)	3rd
49.91	Rod McCravy memorial	28th
50.06	Niswonger Invitational (Finals)	6th

KAMERON RORY

LONG JUMP		
24-2.25 (7.37m)	MT Invitational	1st
23-8.00 (7.21m)	Christmas Invitational	3rd
23-5.25 (7.14m)	Rod McCravy Memorial (Invitational)	5th
23-4.50 (7.12m)	Niswonger Invitational	2nd
FOUL	Kentucky Invitational	--
TRIPLE JUMP		
47-10.00 (14.58m)	MT Invitational	2nd
45-11.25 (14.00m)	Christmas Invitational	5th
44-11.75 (13.71m)	Kentucky Invitational	5th
40-11.00 (12.47m)	Niswonger Invitational	13th
FOUL	Rod McCravy Memorial (Invitational)	--

ELUID RUTTO

800 METERS		
1:55.08	Rod McCravy Memorial	13th
1:55.93	MT Invitational	1st
MILE RUN		
4:18.63	MT Invitational	1st
4:27.14	Rod McCravy Memorial	34th

DEMARCO SCALES

400 METERS		
52.58	MT Invitational	16th
800 METERS		
1:59.68	Kentucky Invitational	13th
2:04.68	Christmas Invitational	14th
2:05.28	Rod McCravy Memorial	41st

DEMETRIUS SHELTON

55 METERS		
6.68	MT Invitational	14th
60 METERS		
7.11	Rod McCravy Memorial (Prelims)	21st
200 METERS		
22.09	Rod McCravy Memorial	7th
22.23	MT Invitational	3rd
22.75	Ed Temple Invitational	6th
23.87	Niswonger Invitational (Prelims)	51st
400 METERS		
49.87	Kentucky Invitational	8th
50.86	Christmas Invitational	7th
51.05	Niswonger Invitational (Prelims)	13th

ROBINSON SIMATEI

800 METERS

1:55.92	Christmas Invitational	2nd
1:56.61	MT Invitational	2nd
1:57.02	Niswonger Invitational	6th

MILE

4:16.35	Kentucky Invitational	7th

3000 METERS

8:35.29	Rod McCravy Memorial	20th

SILAS TAIGET

MILE

4:19.57	MT Invitational	4th
4:25.92	Christmas Invitational	1st

3000 METERS

8:26.57	Rod McCravy Memorial	12th
8:32.44	Kentucky Invitational	7th
8:47.16	Christmas Invitational	5th

55 METERS

6.48	Kendall Bacchus	Christmas Invitational
6.57	Drayton Calhoun	MT Invitational
6.62	Daniel Mitchell	MT Invitational
6.63	Nigel Jones	MT Invitational
6.64	Drayton Calhoun	Ed Temple Invitational
6.66	Daniel Mitchell	Christmas Invitational
6.68	Demetrius Shelton	MT Invitational

60 METERS

6.74	Noah Akwu	Kentucky Invitational
6.85	Noah Akwu	Kentucky Invitational
7.09	Drayton Calhoun	Kentucky Invitational
7.09	Drayton Calhoun	Rod McCravy Memorial
7.11	Demetrius Shelton	Rod McCravy Memorial
7.15	Daniel Mitchell	Kentucky Invitational
7.15	Daniel Mitchell	Niswonger Invitational
7.16	Daniel Mitchell	Kentucky Invitational
7.17	Drayton Calhoun	Kentucky Invitational
7.25	Drayton Calhoun	Niswonger Invitational
7.30	Daniel MItchell	Rod McCravy Memorial
FS	Kendall Bacchus	Rod McCravy Memorial

55 METER HURDLES

7.77	Bryson Lillard	Ed Temple Invitational
7.80	Bryson Lillard	MT Invitational
7.88	Bryson Lillard	Christmas Invitational
8.10	Bryson Lillard	MT Invitational

60 METER HURDLES

8.40	Bryson Lillard	Kentucky Invitational
8.42	Junior Cadet	Niswonger Invitational
8.48	Bryson Lillard	Rod McCravy Memorial
8.51	Bryson Lillard	Niswonger Invitational
8.58	Bryson Lillard	Niswonger Invitational
8.60	Bryson Lillard	Niswonger Invitational
8.92	Junior Cadet	Kentucky Invitational

200 METERS

20.91	Noah Akwu	Kentucky Invitational
22.04	Steven Palmer	MT Invitational
22.09	Demetrius Shelton	Rod McCravy Memorial
22.14	Kendall Bacchus	Christmas Invitational
22.23	Demetrius Shelton	MT Invitational
22.41	Kendall Bacchus	Rod McCravy Memorial
22.44	Asa Bowman	MT Invitational
22.48	James Messick	Rod McCravy Memorial
22.55	James Messick	Kentucky Invitational
22.75	Demetrius Shelton	Ed Temple Invitational
22.75	Steven Palmer	Niswonger Invitational
22.77	Rycine Ellison	MT Invitational
23.09	Rycine Ellison	Niswonger Invitational
23.24	Bryson Lillard	MT Invitational
23.35	Bryson Lillard	Rod McCravy Memorial
23.41	Bryson Lillard	Christmas Invitational
23.41	Daniel Mitchell	MT Invitational
23.47	Daniel Mitchell	Christmas Invitational
23.47	Daniel Mitchell	Rod McCravy Memorial
23.48	Daniel Mitchell	Niswonger Invitational
23.87	Demetrius Shelton	Niswonger Invitational
24.72	Drayton Calhoun	Kentucky Invitational
DQ	Drayton Calhoun	Rod McCravy Memorial

400 METERS

47.50	Noah Akwu	Rod McCravey Memorial
48.11	Noah Akwu	MT Invitational
48.19	Andre Hamilton	Kentucky Invitational
48.27	Steven Palmer	Christmas Invitational
48.27	Steven Palmer	MT Invitational
48.39	Andre Hamilton	Rod McCravy Memorial
48.86	Andre Hamilton	MT Invitational
48.96	Asa Bowman	MT Invitational
49.02	Andre Hamilton	Christmas Invitational
49.52	Geoffrey Akena	MT Invitational
49.57	James Messick	Kentucky Invitational
49.63	Steven Palmer	Niswonger Invitational
49.73	Geoffrey Akena	Rod McCravy Memorial
49.81	Geoffrey Akena	Christmas Invitational
49.87	Demetrius Shelton	Kentucky Invitational
49.91	Steven Palmer	Rod McCravy Memorial
50.06	Steven Palmer	Niswonger Invitational
50.69	James Messick	MT Invitational
50.78	Rycine Ellison	Rod McCravy Memorial
50.86	Demetrius Shelton	Christmas Invitational
51.05	Demetrius Shelton	Niswonger Invitational
51.21	Rycine Ellison	MT Invitational
52.58	DeMarco Scales	MT Invitational
52.64	Junior Cadet	Christmas Invitational

800 METERS

1:55.08	Eluid Rutto	Rod McCravy Memorial
1:55.92	Robinson Simatei	Christmas Invitational
1:55.93	Eluid Rutto	MT Invitational
1:56.29	Asa Bowman	Christmas Invitational
1:56.29	Daniel Ketter	Christmas Invitational
1:56.35	Asa Bowman	Rod McCravy Memorial
1:56.61	Robinson Simatei	MT Invitational
1:57.04	Asa Bowman	Kentucky Invitational
1:57.02	Robinson Simatei	Niswonger Invitational
1:57.11	Lyle Haywood	Rod McCravy Memorial
1:57.17	Lyle Haywood	Christmas Invitational
1:57.34	Lyle Haywood	Kentucky Invitational
1:58.57	Daniel Ketter	Niswonger Invitational
1:58.58	Asa Bowman	Niswonger Invitational
1:58.83	Alden Dixon	MT Invitational
1:59.68	DeMarco Scales	Kentucky Invitational
1:59.71	Jamarious Jones	Rod McCravy Memorial
1:59.84	Jamarious Jones	Kentucky Invitational
2:00.20	Jamarious Jones	MT Invitational
2:00.52	Lyle Haywood	Niswonger Invitational
2:01.29	Asa Bowman	Ed Temple Invitational
2:01.71	Jamarious Jones	Christmas Invitational
2:02.44	Jamarious Jones	Niswonger Invitational
2:02.45	Daniel Ketter	Ed Temple Invitational
2:04.68	DeMarco Scales	Christmas Invitational
2:05.28	DeMarco Scales	Rod McCravy Memorial

MILE

4:13.19	Alden Dixon	Rod McCravy Memorial
4:16.35	Robinson Simatei	Kentucky Invitational
4:18.63	Eluid Rutto	MT Invitational
4:19.57	Silas Taiget	MT Invitational
4:20.19	Daniel Ketter	MT Invitational
4:23.62	Daniel Ketter	Kentucky Invitational
4:25.92	Silas Taiget	Christmas Invitational
4:26.80	Daniel Ketter	Rod McCravy Memorial
4:27.09	Keith Davis	Rod McCravy Memorial
4:27.14	Eliud Rutto	Rod McCravy Memorial
4:29.87	Keith Davis	MT Invitational
4:30.17	Keith Davis	Kentucky Invitational
4:33.70	Lyle Haywood	MT Invitational

3,000 METERS

8:26.57	Silas Taiget	Rod McCravy Memorial
8:27.08	Shadrack Matelong	MT Invitational
8:32.44	Silas Taiget	Kentucky Invitational
8:35.29	Robinson Simatei	Rod McCravy Memorial
8:41.80	Alden Dixon	Christmas Invitational
8:43.72	Keith Davis	Christmas Invitational
8:47.16	Silas Taiget	Christmas Invitational
8:49.44	Alden Dixon	Kentucky Invitational
10:54.37	Jake Levin	Christmas Invitational

5,000 METERS

15:10.16	Alden Dixon	Niswonger Invitational
15:43.86	Keith Davis	Niswonger Invitational

1,600 METER RELAY

3:11.61	Akena, Hamilton, Palmer, Akwu	Rod McCravy Memorial
3:20.05	Shelton, Ellison, Bowman, Rutto	Rod McCravy Memorial
3:21.07	Palmer, Bowman, Shelton, Ellison	Niswonger Invitational
3:22.40	Middle Tennessee "A"	Christmas Invitational
3:28.83	Middle Tennessee "B"	Christmas Invitational

DISTANCE MEDLEY RELAY

10:18.09	Haywood, Scales, Bowman, Simatei	Niswonger Invitational
10:19.11	Simatei, Bowman, Ketter, Dixon	Kentucky Invitational
10:37.91	Simatei, Jones, Dixon, Shelton	Ed Temple Invitational
10:40.01	Davis, Bowman, Haywood, Ketter	Ed Temple Invitational

HIGH JUMP

6-2.00 (1.88m)	Cordairo Golden	MT Invitational
6-0.75 (1.85m)	Cordairo Golden	Kentucky Invitational

LONG JUMP

24-2.25 (7.37m)	Kameron Rory	MT Invitational
24-1.00 (7.34m)	Cordairo Golden	MT Invitational
24-1.00 (7.34m)	Nigel Jones	MT Invitational
23-11.75 (7.31m)	Cordairo Golden	Christmas Invitational
23-11.50 (7.30m)	Cordairo Golden	Ed Temple Invitational
23-8.00(7.21m)	Kameron Rory	Christmas Invitational
26-6.00 (7.16m)	Junior Cadet	Ed Temple Invitational
23-5.25 (7.14m)	Kameron Rory	Rod McCravy Memorial
23-4.75 (7.13m)	Cordairo Golden	Rod McCravy Memorial
23-4.75 (7.13m)	Kameron Rory	Ed Temple Invitational
23-4.50 (7.12m)	Kameron Rory	Niswonger Invitational
23-1.75 (7.05m)	Cordairo Colden	Kentucky Invitational
23-0.50 (7.02m)	Nigel Jones	Ed Temple Invitational
22-11.75 (7.00m)	Junior Cadet	Kentucky Invitational
22-4.25 (6.81m)	Junior Cadet	Niswonger Invitational
21-10.75 (6.67m)	Nigel Jones	Rod McCravy Memorial
21-0.00 (6.40m)	Nigel Jones	Kentucky Invitational
FOUL	Junior Cadet	Rod McCravy Memorial
FOUL	Kameron Rory	Kentucky Invitational
FOUL	Nigel Jones	Niswonger Invitational

TRIPLE JUMP

50-0.75 (15.26m)	Cordairo Golden	Rod McCravy Memorial
49-7 (15.11m)	Cordairo Golden	Ed Temple Invitational
49-6.25 (15.09m)	Cordairo Golden	Kentucky Invitational
49-1.75 (14.98m)	Cordairo Golden	MT Invitational
49-1.50 (14.97m)	Cordairo Golden	Christmas Invitational
47-10.00 (14.58m)	Kameron Rory	MT Invitational
47-4.25 (14.43m)	Junior Cadet	Christmas Invitational
47-0.25 (14.34m)	Junior Cadet	Niswonger Invitational
45-11.25 (14.00m)	Kameron Rory	Christmas Invitational
45-3.00 (13.79m)	Nigel Jones	Rod McCravy Memorial
45-0.50 (13.73m)	Nigel Jones	Niswonger Invitational
45-0.25 (13.72m)	Nigel Jones	MT Invitational
44-11.75 (13.71m)	Kameron Rory	Kentucky Invitational
43-10.00 (13.36m)	Nigel Jones	Kentucky Invitational
42-10.25 (13.06m)	Cordairo Golden	Niswonger Invitational
42-7.50 (12.99m)	Nigel Jones	Ed Temple Invitational
40-11.00 (12.47m)	Kameron Rory	Niswonger Invitational
FOUL	Kameron Rory	Rod McCravy Memorial

JASMINE ABRAMS

55 METERS		
7.23	MT Invitational (Finals)	3rd
7.31	MT Invitational (Prelims)	4th
60 METERS		
7.79	Niswonger Invitational (Prelims)	11th
7.81	Kentucky Invitational	18th
7.85	Rod McCravy Memorial (Prelims)	26th
7.87	Niswonger Invitational (Finals)	10th
200 METERS		
25.11	MT Invitational	4th
25.25	Rod McCravy Memorial	18th
25.79	Niswonger Invitational (Prelims)	18th

ROSINA AMENEBEDE

55 METERS		
7.21	Christmas Invitational	3rd
55 METER HURDLES		
7.88	MT Invitational (Prelims)	1st
7.88	MT Invitational (Finals)	1st
8.01	Ed Temple Invitational (Prelims)	2nd
8.06	Christmas Invitational	1st
8.70	Ed Temple Invitaional	9th
60 METERS		
7.79	Rod McCravy Memorial (Prelims)	3rd
60 METER HURDLES		
8.37	Rod McCravy Memorial (Finals)	2nd
8.76	Rod McCravy Memorial (Prelims)	8th
DNF	Kentucky Invitational (Prelims)	--
LONG JUMP		
20-1.50 (6.13m)	Ed Temple Invitational	1st
19-7.50 (5.98m)	Kentucky Invitational	1st
19-6.00 (5.94m)	MT Invitational	1st
19-1.50 (5.83m)	Rod McCravy Memorial (Invitational)	6th
18-10.75 (5.76m)	Christmas Invitational	4th

AMBER DANDY

55 METERS		
7.45	Christmas Invitational	8th
7.67	MT Invitational	10th
60 METERS		
8.12	Niswonger Invitational (Prelims)	36th
8.14	Rod McCravy Memorial (Prelims)	47th
LONG JUMP		
17-9.50 (5.42m)	Niswonger Invitational	9th
17-7.00 (5.36m)	MT Invitational	7th
17-4.00 (5.28m)	Rod McCravy Memorial	7th
FOUL	Christmas Invitational	--

SHENIECE DAPHNESS

55 METERS		
7.33	Christmas Invitational	4th
7.43	Ed Temple Invitational	12th
60 METERS		
7.85	Niswonger Invitational (Prelims)	15th
7.94	Kentucky Invitational	23rd
200 METERS		
25.76	Christmas Invitational	6th
25.85	Kentucky Invitational	21st
DNF	Niswonger Invitational (Prelims)	--

ANN DUDLEY

55 METER HURDLES		
8.19	Christmas Invitational	2nd
8.36	Ed Temple Invitational	6th
60 METER HURDLES		
8.81	Niswonger Invitational (Finals)	5th
8.84	Rod McCravy Memorial (Prelims)	11th
8.86	Niswonger Invitational (Prelims)	3rd
8.88	Kentucky Invitational (Prelims)	8th
FS	Kentucky Invitational (Finals)	--
HIGH JUMP		
5-10.75 (1.80m)	Rod McCravy Memorial	2nd
5-10.00 (1.78m)	Christmas Invitational	1st
5-10.00 (1.78m)	Niswonger Invitational	1st
5-8.75 (1.75m)	Kentucky Invitational	3rd
5-8.00 (1.73m)	MT Invitational	1st
5-8.00 (1.73m)	Ed Temple Invitational	T-1st
LONG JUMP		
17-8.75 (5.40m)	Christmas Invitational	8th

AUTUMN GIPSON

800 METERS		
2:18.91	Niswonger Invitational	12th
2:21.78	MT Invitational	9th
MILE RUN		
5:01.61	Kentucky Invitational	7th
5:08.55	Christmas Invitational	2nd
5:09.91	Rod McCravy Memorial	21st

GINASIA HAMILTON

200 METERS

25.80	Christmas Invitational	7th
25.84	MT Invitational	7th

400 METERS

58.76	MT Invitational	2nd
58.88	Rod McCravy Memorial	27th
59.13	Kentucky Invitational	13th
1:00.70	Niswonger Invitational (Prelims)	18th
1:02.81	Christmas Invitational	14th

INDIA HAMMOND

55 METER HURDLES

8.20	MT Invitational (Prelims)	3rd
8.22	Christmas Invitational	3rd
DNF	MT Invitational (Finals)	--

60 METER HURDLES

8.81	Niswonger Invitational (Finals)	6th
8.93	Rod McCravy Memorial (Prelims)	16th
8.98	Kentucky Invitational (Prelims)	12th
9.08	Niswonger Invitational (Prelims)	7th

LONG JUMP

19-2.50 (5.85m)	MT Invitational	2nd
18-1.00 (5.51m)	Ed Temple Invitational	11th
17-11.50 (5.47m)	Christmas Invitational	6th
17-7.50 (5.37m)	Kentucky Invitational	15th
17-6.25 (5.34m)	Rod McCravy Memorial	4th
FOUL	Niswonger Invitational	--

TRIPLE JUMP

39-1.75 (11.93m)	Christmas Invitational	3rd
38-9.50 (11.82m)	MT Invitational	2nd
38-0.00 (11.81m)	Rod McCravy Memorial	8th
38-4.25 (11.69m)	Niswonger Invitational	6th
37-6.50 (11.44m)	Kentucky Invitational	6th

TRESSANIQUE HAMPTON

800 METERS

2:18.75	Christmas Invitational	2nd
2:20.46	Rod McCravy Memorial	25th
2:21.56	MT Invitational	6th
2:24.83	Niswonger Invitational	6th
2:25.47	Kentucky Invitational	19th

RACHEL ISLAM

400 METERS

1:00.94	MT Invitational	7th

800 METERS

2:15.12	Rod McCravy Memorial	12th
2:17.58	Christmas Invitational	1st
2:17.82	Niswonger Invitational	9th
2:18.99	Kentucky Invitational	12th

AMBER JACKSON

400 METERS

58.34	MT Invitational	1st
58.65	Rod McCravy Memorial	26th
59.11	Christmas Invitational	4th

800 METERS

2:15.66	Niswonger Invitational	5th

LUCY KAPKIAI

MILE RUN

5:05.44	MT Invitational	3rd

3000 METERS

9:57.66	Rod McCravy Memorial	15th

JULIA KITEVSKI

800 METERS		
2:21.99	MT Invitational	10th
MILE RUN		
5:05.92	Niswonger Invitational (Invitational Finals)	1st
5:17.17	Christmas Invitational	3rd
3000 METERS		
10:02.22	Rod McCravy Memorial	17th
10:20.43	Kentucky Invitational	11th

FRANCE MAKABU

LONG JUMP		
13-6.75 (4.13m)	Niswonger Invitational	25th
TRIPLE JUMP		
41-6.00 (12.65m)	Rod McCravy Memorial (Invitational)	3rd
41-3.75 (12.59m)	Ed Temple Invitational	1st
39-10.50 (12.15m)	Niswonger Invitational	3rd
39-9.25 (12.12m)	Kentucky Invitational	3rd
39-3.00 (11.96m)	Christmas Invitational	2nd
FOUL	MT Invitational	--

JASMINE NESBITT

400 METERS		
1:06.13	MT Invitational	15th
1:08.05	Rod McCravy Memorial	53rd
1:09.32	Kentucky Invitational	24th
1:10.27	Niswonger Invitational (Prelims)	71st

STEPHANIE SMITH

800 METERS		
2:17.67	MT Invitational	2nd
MILE RUN		
5:08.39	Rod McCravy Memorial	18th
5:13.17	Kentucky Invitational	13th
5:21.59	Christmas Invitational	5th

ANDREONNA WILLIAMS

200 METERS		
27.99	Rod McCravy Memorial	54th
400 METERS		
1:03.28	MT Invitational	10th
1:04.49	Rod McCravy Memorial	53rd
1:05.65	Niswonger Invitational	60th
1:06.66	Christmas Invitational	21st

PERSHAWNA WILLIAMS

HIGH JUMP		
5-4.50 (1.63m)	Christmas Invitational	3rd
5-4.50 (1.63m)	Ed Temple Invitational	T-3rd
NH	MT Invitational	--
LONG JUMP		
18-1.00 (5.51m)	MT Invitational	4th
17-11.50 (5.47m)	Ed Temple Invitational	12th
17-7.00 (5.36m)	Christmas Invitational	9th
TRIPLE JUMP		
37-8.75 (11.50m)	Ed Temple Invitational	9th
37-8.00 (11.48m)	Christmas Invitational	4th
FOUL	MT Invitational	--

CHRISTAL WILSON

55 METER HURDLES		
8.12	MT Invitational (Prelims)	2nd
8.16	MT Invitational (Finals)	3rd
60 METER HURDLES		
8.64	Niswonger Invitational (Finals)	1st
8.72	Kentucky Invitational (Prelims)	4th
8.72	Kentucky Invitational (Finals)	7th
8.81	Niswonger Invitational (Prelims)	1st
8.81	Rod McCravy Memorial (Prelims)	10th
200 METERS		
24.88	MT Invitational	2nd
25.31	Rod McCravy Memorial	19th
25.65	Christmas Invitational	5th
26.22	Niswonger Invitational (Prelims)	32nd

55 METERS

7.21	Rosina Amenebede	Christmas Invitational
7.23	Jasmine Abrams	MT Invitational
7.31	Jasmine Abrams	MT Invitational
7.33	Sheniece Daphness	Christmas Invitational
7.43	Sheniece Daphness	Ed Temple Invitational
7.45	Amber Dandy	Christmas Invitational
7.67	Amber Dandy	MT Invitational

60 METERS

7.79	Jasmine Abrams	Niswonger Invitational
7.79	Rosina Amenebede	Rod McCravy Memorial
7.81	Jasmine Abrams	Kentucky Invitational
7.85	Sheniece Daphness	Niswonger Invitational
7.85	Jasmine Abrams	Rod McCravy Memorial
7.94	Sheniece Daphness	Kentucky Invitational
8.12	Amber Dandy	Niswonger Invitational
8.14	Amber Dandy	Rod McCravy Memorial

55 METER HURDLES

7.88	Rosina Amenebede	MT Invitational
7.88	Rosina Amenebede	MT Invitational
8.06	Rosina Amenebede	Christmas Invitational
8.12	Christal Wilson	MT Invitational
8.16	Christal Wilson	MT Invitational
8.19	Ann Dudley	Christmas Invitational
8.20	India Hammond	MT Invitational
8.22	India Hammond	Christmas Invitational
8.36	Ann Dudley	Ed Temple Invitational
8.70	Rosina Amenebede	Ed Temple Invitational
DNF	India Hammond	MT Invitational

60 METER HURDLES

8.37	Rosina Amenebede	Rod McCravy Memorial
8.64	Christal Wilson	Niswonger Invitational
8.72	Christal Wilson	Kentucky Invitational
8.72	Christal Wilson	Kentucky Invitational
8.76	Rosina Amenebede	Rod McCravy Memorial
8.81	Christal Wilson	Niswonger Invitational
8.81	Ann Dudley	Niswonger Invitational
8.81	India Hammond	Niswonger Invitational
8.81	Christal Wilson	Rod McCravy Memorial
8.84	Ann Dudley	Rod McCravy Memorial
8.86	Ann Dudley	Niswonger Invitational
8.93	India Hammond	Rod McCravy Memorial
8.88	Ann Dudley	Kentucky Invitational
8.98	India Hammond	Kentucky Invitational
9.08	India Hammond	Niswonger Invitational
DNF	Rosina Amenebede	Kentucky Invitational
FS	Ann Dudley	Kentucky Invitational

200 METERS

24.88	Christal Wilson	MT Invitational
25.11	Jasmine Abrams	MT INvitational
25.25	Jasmine Abrams	Rod McCravy Memorial
25.31	Christal Wilson	Rod McCravy Memorial
25.65	Christal Wilson	Christmas Invitational
25.76	Sheniece Daphness	Christmas Invitational
25.79	Jasmine Abrams	Niswonger Invitational
25.80	Ginasia Hamilton	Christmas Invitational
25.84	Ginasia Hamilton	MT Invitational
25.85	Sheniece Daphness	Kentucky Invitational
26.22	Christal Wilson	Niswonger Invitational
27.99	Andreonna Williams	Rod McCravy Memorial
DNF	Sheniece Daphness	Niswonger Invitational

400 METERS

58.34	Amber Jackson	MT Invitational
58.65	Amber Jackson	Rod McCravy Memorial
58.76	Ginasia Hamilton	MT Invitational
58.88	Ginasia Hamilton	Rod McCravy Memorial
59.11	Amber Jackson	Christmas Invitational
59.13	Ginasia Hamilton	Kentucky Invitational
1:00.70	Ginasia Hamilton	Niswonger Invitational
1:00.94	Rachel Islam	MT Invitational
1:02.81	Ginasia Hamilton	Christmas Invitational
1:03.28	Andreonna Williams	MT Invitational
1:04.49	Andreonna Williams	Rod McCravy Memorial
1:05.65	Andreonna Williams	Niswonger Invitational
1:06.31	Jasmine Nesbitt	MT Invitational
1:06.66	Andreonna Williams	Christmas Invitational
1:08.05	Jasmine Nesbitt	Rod McCravy Memorial
1:09.32	Jasmine Nesbitt	Kentucky Invitational
1:10.27	Jasmine Nesbitt	Niswonger Invitational

800 METERS

2:15.12	Rachel Islam	Rod McCravy Memorial
2:15.66	Amber Jackson	Niswonger Invitational
2:17.58	Rachel Islam	Christmas Invitational
2:17.67	Stephanie Smith	MT Invitational
2:17.82	Rachel Islam	Niswonger Invitational
2:18.75	Tressanique Hampton	Christmas Invitational
2:18.91	Autumn Gipson	Niswonger Invitational
2:18.99	Rachel Islam	Kentucky Invitational
2:20.46	Tressanique Hampton	Rod McCravy Memorial
2:21.56	Tressanique Hampton	MT Invitational
2:21.78	Autumn Gipson	MT Invitational
2:21.99	Julia Kitevski	MT Invitational
2:24.83	Tressanique Hampton	Niswonger Invitational
2:25.47	Tressanique Hampton	Kentucky Invitational

MILE

5:01.61	Autumn Gipson	Kentucky Invitational
5:05.44	Lucy Kapkiai	MT Invitational
5:05.92	Julia Kitevski	Niswonger Invitational
5:08.39	Stephanie Smith	Rod McCravy Memorial
5:08.55	Autumn Gipson	Christmas Invitational
5:09.91	Autumn Gipson	Rod McCravy Memorial
5:13.17	Stephanie Smith	Kentucky Invitational
5:17.17	Julia Kitevski	Christmas Invitational
5:21.59	Stephanie Smith	Christmas Invitational

3,000 METERS

9:57.66	Lucy Kapkiai	Rod McCravy Memorial
10:02.22	Julia Kitevski	Rod McCravy Memorial
10:20.43	Julia Kitevski	Kentucky Invitational

1,600 METER RELAY

3:57.44	Jackson, Makabu, Wilson, Hamilton	Kentucky Invitational
4:02.75	Jackson, Abrams, Wilson, Hamilton	Rod McCravy Memorial
4:04.01	Jackson, Makabu, P. Williams, Gipson	Christmas Invitational
4:02.75	Daphness, P. Williams, Gipson, Makabu	Rod McCravy Memorial

DISTANCE MEDLEY RELAY

12:08.41	Gipson, Hamilton, Islam, Kapkiai	Niswonger Invitational
12:26.91	Gipson, Hampton, Islam, Kapkiai	Kentucky Invitational
12:29.26	Gipson, Wilson, Islam, Kitevski	Ed Temple Invitational

HIGH JUMP

5-10.75 (1.80m)	Ann Dudley	Rod McCravy Memorial
5-10.00 (1.78m)	Ann Dudley	Christmas Invitational
5-10.00 (1.78m)	Ann Dudley	Niswonger Invitational
5-8.75 (1.75m)	Ann Dudley	Kentucky Invitational
5-8.00 (1.73m)	Ann Dudley	MT Invitational
5-8.00 (1.73m)	Ann Dudley	Ed Temple Invitational
5-4.50 (1.63m)	Pershawna Williams	Christmas Invitational
NH	Pershawna Williams	MT Invitational

LONG JUMP

20-1.50 (6.13m)	Rosina Amenebede	Ed Temple Invitational
19-7.50 (5.98m)	Rosina Amenebede	Kentucky Invitational
19-6.00 (5.94m)	Rosina Amenebede	MT Invitational
19-2.50 (5.85m)	India Hammond	MT Invitational
19-1.50 (5.83m)	Rosina Amenebede	Rod McCravy Memorial
18-10.75 (5.76m)	Rosina Amenebede	Christmas Invitational
18-1.00 (5.51m)	India Hammond	Ed Temple Invitational
18-1.00 (5.51m)	Pershawna Williams	MT Invitational
17-11.50 (5.47m)	India Hammond	Christmas Invitationa
17-11.50 (5.47m)	Pershawna Williams	Ed Temple Invitational
17-9.50 (5.42m)	Amber Dandy	Niswonger Invitational
17-8.75 (5.40m)	Ann Dudley	Christmas Invitational
17-7.50 (5.37m)	India Hammond	Kentucky Invitational
17-7.00 (5.36m)	Pershawna Williams	Christmas Invitational
17-7.00 (5.36m)	Amber Dandy	MT Invitational
17-6.25 (5.34m)	India Hammond	Rod McCravy Memorial
17-4.00 (5.28m)	Amber Dandy	Rod McCravy Memorial
13-6.75 (4.13m)	France Makabu	Niswonger Invitational
FOUL	India Hammond	Niswonger Invitational
FOUL	Amber Dandy	Christmas Invitational

TRIPLE JUMP

41-6.00 (12.65m)	France Makabu	Rod McCravy Memorial
41-3.75 (12.59m)	France Makabu	Ed Temple Invitational
39-10.50 (12.15m)	France Makabu	Niswonger Invitational
39-9.25 (12.12m)	France Makabu	Kentucky Invitational
39-3.00 (11.96m)	France Makabu	Christmas Invitational
39-1.75 (11.93m)	India Hammond	Christmas Invitational
38-9.50 (11.82m)	India Hammond	MT Invitational
38-0.00 (11.81m)	India Hammond	Rod McCravy Memorial
38-4.25 (11.69m)	India Hammond	Niswonger Invitational
37-8.75 (11.50m)	Pershawna Williams	Ed Temple Invitational
37-8.00 (11.48m)	Pershawna Williams	Christmas Invitational
37-6.50 (11.44m)	India Hammond	Kentucky Invitational
FOUL	Pershawna Williams	MT Invitational
FOUL	France Makabu	MT Invitational