Blue Raiders close out regular season with 13 titles

SBC Championships set for Feb. 23-24

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Complete Results (PDF)

MURFREESBORO, Tenn. - In the final tune-up before the Sun Belt Championships, Middle Tennessee's track and field squads won 13 titles at the Valentine Invitational on Saturday inside the Murphy Center.

Cordairo Golden won the men's high jump and triple jump, while taking second in the long jump. Golden hit marks of 1.93 meters and 15.50 meters in the high and triple jumps, respectively. He has now broke the 50 foot mark twice this season in the men's triple jump.

Rosina Amenebede won her fourth long jump competition of the indoor season with a leap of 6.00 meters (19-8.25 feet).

In the women's triple jump, France Makabu jumped a season-long distance of 12.72 meters for her second win of the season.

Shadrack Matelong, competing in just his second collegiate meet, continued to impress by winning the mile run in 4:13.75. As of last week, that time would qualify Matelong third in the Sun Belt.

Christal Wilson and India Hammond were first and second in both the qualifying and final rounds of the women's 55 meter hurdles. Wilson had times of 7.99 and 7.96, respectively to win the event while Hammond had identical times of 8.14 seconds

Amber Jackson (2:16.79) and Eluid Rutto (1:53.81) each won their respective 800 meter races, while MT grabbed the first four places in the men's 200 meters. Andre Hamilton (21.81), Steven Palmer (21.88), Demetrius Shelton (22.01) and Kendall Bacchus (22.15) all set personal records in the race.

The Blue Raiders are off next weekend before traveling to Jonesboro, Ark., for the two-day SBC

Championship meet, scheduled for Feb. 23-24.

Middle Tennessee Results

Women's High Jump
1. Pershawna Williams (1.60m / 5-3.00)

Men's High Jump
1. Cordairo Golden (1.93m / 6-4.00)

Women's Long Jump
1. Rosina Amenebede (6.00m / 19-8.25)
2. India Hammond (5.94m / 19-6.00 - PR)
6. Pershawna Williams (5.53m / 18-1.75 - PR)
7. Amber Dandy (5.51m / 18-1.00)

Men's Long Jump
2. Cordairo Golden (7.27m / 23-10.25)
3. Kameron Rory (7.10m / 23-3.25)
4. Nigel Jones (6.61m / 21-8.25)

Women's Triple Jump
1. France Makabu (12.72m / 41-8.75)
-- Pershawna Williams (FOUL)

Men's Triple Jump
1. Cordairo Golden (15.50m / 50-10.25)
3. Kameron Rory (14.29m / 46-10.75)
5. Nigel Jones (13.56m / 44-6.00)

Women's Mile Run
3. Julia Kitevski (5:06.03)

Men's Mile Run
1. Shadrack Matelong (4:13.75 - PR)
4. Silas Taiget (4:17.81 - PR)
6. Daniel Ketter (4:20.13 - PR)

Women's 400 Meters
4. Ginasia Hamilton (57.77 - PR)
12. Tressanique Hampton (1:01.74 - PR)
13. Andreonna Williams (1:02.04 - PR)

Men's 400 Meters
1. Steven Palmer (48.06)
2. Geoffrey Akena (49.17 - PR)
3. James Messick (49.63)
4. Demetrius Shelton (49.91 - PR)

Women's 55 Meter Hurdle Prelims (Top six qualify)
1. Christal Wilson (7.99q)
2. India Hammond (8.14q - PR)

Men's 55 Meter Hurdle Prelims (Top six qualify)
4. Bryson Lillard (8.18q)

Men's 55 Meter Prelims (Top six qualify)
2. Kendall Bacchus (6.53q)
4. Drayton Calhoun (6.55q)
7. Daniel Mitchell (6.63)

Women's 55 Meter Hurdle Finals
1. Christal Wilson (7.96)
2. India Hammond (8.14)

Men's 55 Meter Hurdle Finals
-- Bryson Lillard (FS)

Men's 55 Meter Finals
2. Kendall Bacchus (6.52)
3. Drayton Calhoun (6.55)

Women's 800 Meter Run
1. Amber Jackson (2:16.79)
2. Rachel Islam (2:17.34)
4. Lucy Kapkiai (2:18.03)
5. Autumn Gipson (2:18.11)

Men's 800 Meter Run
1. Eluid Rutto (1:53.81 - PR)
2. Asa Bowman (1:53.88 - PR)
5. Daniel Ketter (1:55.46 - PR)
8. Lyle Haywood (1:58.46)
10. DeMarco Scales (1:59.94)
12. Jamarious Jones (2:00.55)

Men's 200 Meters
1. Andre Hamilton (21.81 - PR)
2. Steven Palmer (21.88 - PR)
3. Demetrius Shelton (22.01 - PR)
4. Kendall Bacchus (22.15 - PR)
8. Geoffrey Akena (22.43)
9. James Messick (22.49)
15. Rycine Ellison (22.74)

Women's 3000 Meters
-- Stephanie Smith (DNF)

Men's 3000 Meters
1. Alden Dixon (8:36.55 - PR)
7. Keith Davis (8:52.91)
9. Eluid Rutto (8:59.33 - PR)
-- Daniel Ketter (DNF)

Women's 4x440 Meter Relay
1. Middle Tennessee "A" (4:07.48)

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