Insell set to be inducted into Cannon Courier Hall of Fame

Woodbury native will be enshrined into his fifth Hall on Thursday

May 8, 2013 · @MTAthletics

MURFREESBORO, Tenn. -Middle Tennessee head women's basketball coach Rick Insell will be inducted into the Cannon Courier Hall of

Fame on Thursday, May 9.

Insell will join his fifth Hall of Fame with the honor. He previously has been included as a member of the Tennessee Secondary Schools Athletic Association Hall of Fame (2003), National High School Hall of Fame (2007), as well as the 2010 recipient of the Naismith Basketball Hall of Fame's Morgan Wootten Award for Lifetime Achievement for High



School Girls' Basketball. Most recently, Insell was inducted into the Tennessee Sports Hall of Fame in 2012.

"I am truly honored and humbled by the Cannon Courier Hall of Fame including me in its 2013 class," Insell said. "It is exciting to be recognized by your hometown. I would not be where I am today without the life lessons I learned from growing up in Cannon County."

The Cannon Courier Hall of Fame is in its third year and honors former athletes and individuals that have lived in Cannon County and made a significant contribution to the area.

The Woodbury, Tenn., native concluded his eighth season at Middle Tennessee in 2012-13, having earned seven NCAA Tournament appearances, coached five All-Americans and had three of his players picked to the WNBA during his tenure. This season he became the women's basketball program all-time wins leader with a 199-62 (.762) ledger to go along with his six Sun Belt regular-season championships and five Sun Belt Tournament titles. His winning percentage of .762 ranks eighth among active NCAA Division I coaches.

Prior to coming lead the Blue Raider program, Insell coached for 28 years (1978-2005) at Shelbyville Central High School in Shelbyville, Tenn. He logged a 775-148 (.840) record with the Golden Eaglettes, guiding them to a state-record 10 TSSAA Class 3A state championships and two USA Today national championships.

A name synonymous with high school girl's basketball in the state, Insell's teams hold the Tennessee state records for consecutive wins (110), consecutive state titles with four (1989-92) and most state championships for a coach with 10 (1986-89-90-91-92-95-2000-01-03-04).

His 1991 Golden Eaglette squad was selected as the Tennessee Sports Hall of Fame Team of the Year, the first high school team to be honored.

The third annual Cannon Courier Hall of Fame & All Sports Banquet is scheduled to take place on Thursday, May 9 at Cannon County High School. MT men's basketball head coach Kermit Davis will be the guest speaker for the annual event.

Printed on March 9, 2014

Original URL: http://www.goblueraiders.com/content.cfm/id/68201