Scales Ties School Record in 55-Meters

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MURFREESBORO, Tenn. - Middle Tennessee's Mardy Scales tied a school-record in the 55-meters, and the mile relay teams ran the second and third fastest times in the conference this season during Saturday's track meet at the Murphy Center. Mardy Scales tied a school record in the 55m with a 6.20 in the preliminaries, running the fastest time of the year in the conference in the process. Wesley Dupar-Scott also ran a season-best time in the 55m preliminaries with a mark of 6.40. The duo finished first and third in the 55m finals, with Scales running 6.28 to take the victory. Scales took second in the 200m with a mark of 21.38, the second fastest mark in the conference this year, while Brad Orr came in the fifth in 21.85. Steve Safstrom ran the team's fastest 3000m time of the season to finish second in the event in 8:54.13, while teammate Levi Sybert took fourth in the event in 9:01.30. Anthony McGary was second in the mile run in 4:24.82. Jasper Demps provisionally qualified in the 55m hurdles with an event-winning mark of 7.38, bettering his own conference best time of the season by .11 seconds. In the field events for the men, Chris Koger cleared a season-best 6-10 in the high jump to win the event, another conference best for this year. MT's Greg Jones won the long jump with a leap of 47-3.25. For the women, newcomer Rosemary Okafor finished third in the 55m with a time of 7.09, followed by Letitia Eady's mark of 7.36. Okafor edged teammate Bromeka Holmes in the 200m finals, crossing the finish line just .01 seconds ahead of Holmes in a time of 24.67. The duo's marks were the fastest by a Lady Raider this season. The Lady Raiders placed four sprinters in the top five in the 400m, with newcomer Kishara George winning the event in 57.60. Nicolette Jarrett finished second in 58.05, while Lenora Gray was fourth and Lashon Kennedy was fifth. Coleen Parker won the 800m in 2:22.38, almost two seconds faster than the next competitor. Kelley Smith also posted a victory for the Lady Raiders, winning the 55m hurdles in 8.18. Rolanda Howard finished fourth in the event in 8.51. The mile relay teams finished 1-2 in the final event of the day for the women, running the second and third fastest relay times in the conference this season. The squad of Parker, Kim Freeman, Kennedy and Okafor edged the second-place team of Jarrett, Howard, George and

Holmes by .62 seconds. The winner finished in a time of 3:51.23. Amanda Forrester equaled a season-best 5-4 in the high jump to take second place, while LaToya Brown tied for third in the event, clearing 5-2. The Lady Raiders placed five competitors in the top six in the long jump, with Freeman finishing second with a mark of 19-0. Howard, Eady, Stephany Reid and Kiki Deckard followed in spots 3-5. Reid posted a win in the triple jump with a season-best mark of 40-4. Eady took second with a distance of 39-1.5, while Howard finished fourth and Deckard fifth. Both the Blue Raiders and Lady Raiders travel to Bloomington, Ind., next weekend to compete in the Indiana Invitational. Middle Tennessee will host the Sun Belt Championships on February 23-24 at the Murphy Center.

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