Herring, Reid Pace Track Squads at Indiana Relays

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MURFREESBORO, Tenn. - Middle Tennessee's Godfrey Herring won the 400m and provisionally qualified for the NCAA Championships, and Stephany Reid triumphed in the triple jump to pace the Blue Raider and Lady Raider track teams over the weekend at the 28th Indiana Relays in Bloomington, Ind., at the Harry Gladstein Fieldhouse. Herring, a three-time All-American in the 400m, won both the preliminaries and the 400m final by more than half a second, winning Saturday's final in 46.93 in his first race of the year. Herring was the only winner on the men's side, though freshman Wesley Dupar-Scott had three top-five finishes in the meet. Dupar-Scott took second in the 60m in 6.86, losing by .02 seconds to Jonathan Brown of Western Kentucky. Dupar-Scott also finished third in the 200m in 22.29 and fifth in the long jump. Freshman Omar Ali finished sixth in the 400m in 49.93, while Brad Orr was sixth in the 60m hurdles in 8.40. Chris Koger was third in the high jump, and Greg Jones came in fifth in the triple jump. The men's relay teams finished third in the 4x400 in 3:19.88 and fourth in the

distance medley in 10:29.28.

For the women, Reid jumped a team season-best 40-11.25 to win the triple jump, as the Lady Raiders took the top three spots in the event. Letitia Eady finished second and Kim Freeman third in the event. Rolanda Howard and Eady both jumped 18-4 in the long jump to finish fifth and sixth, respectively, the highest Lady Raiders in the event. Freshman Rosemary Okafor continued to impress in the sprints, finishing second in the 200m in the 24.75. Coleen Parker also came in second in the 600m in 1:35.27, a non-NCAA event, and freshman Kishara George took fourth in the 400m in 56.90. Kelley Smith and Howard finished second and fifth, respectively, in the 60m hurdles in 8.87 and 9.05. And the Lady Raiders took two of the top six spots in the 4x400m relay, winning in a season-best time of 3:47.08, while the "B" squad came in sixth. Middle Tennessee will host four teams next week at the Murphy Center before playing host to the Sun Belt Championships on February 23-24.

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